



Uniform Shop Hours

Wednesdays

11:00 am - 11:30am
3:00pm - 4:00pm

Dates to Remember

19 September

End of Term 3

Monday 6 October

Term Four commences

Monday 6 October

Academic Institute Trip to Unison

Sat 11 October - Sun 12 October

Solstice Canoe Polo Wellington

Wednesday 15 October

Drama Production

Wed 15 Oct - Thurs 16 Oct

Year 13 2026 interviews/uniform

Friday 24 October

HB Anniversary Day - No School

Monday 27 October

Labour Day - no School

Tuesday 28 October

Visual Arts and DVC Exhibition

Friday 31 October

Leavers Assembly/Seniors Last day

Tuesday 4 November

NCEA exams commence

Friday 14 November

Regional Teacher Only Day

Sun 23 Nov - Mon 24 Nov

Duke of Edinburgh Bronze Tramp

Thursday 4 December

Senior Prizegiving

Friday 12 December

Junior Prizegiving

Last day for Juniors for 2025

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New Zealand

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BLOSSOM DAY

On the last day of term, Friday 19 September, Karamū students celebrated the annual Blossom Day in style. The school was alive with an array of brightly coloured outfits as students gathered for a shared picnic on the circle, enjoying kai together in true community spirit. Adding to the festive atmosphere, students delighted in treats from Mr Whippy, and some even brought their furry friends along to join the celebration.

Following the picnic, Year 9 students took part in the Blossom Parade, even featuring vintage cars from the local vintage car club. Students from a range of year levels then came together to entertain the entire school in an exciting and vibrant showcase of talent during Karamū's Got Talent. The afternoon was filled with incredible performances of singing, dancing, and music. We applaud all the performers for their courage and generosity in sharing their gifts with the school community!

Blossom Day holds special significance at Karamū, reflecting both a long-standing tradition in Hastings and our school's unique identity. More than just a day of fun, Blossom Day is a meaningful opportunity to celebrate diversity, respect, and pride in our school community. Blossom Day was a wonderful success, a true celebration of being Proudly Hastings.



PROUDLY
K A R A M Ū

PROUDLY
H A S T I N G S

PROUDLY
L E A R N I N G

ACTING PRINCIPAL

Kia ora e te whānau

Over the second half of the term, I have continued to speak to students about the importance of demonstrating our school values. Values are core beliefs and principles that guide how someone lives their life and makes their decisions. They shape priorities, behaviour and how people interact with others. We have had our Karamū WELCOME values as the cornerstone of developing character, behaviour and priorities for over 10 years.

A key part of school life is for students to understand how to execute and demonstrate our school values, as well as being acknowledged for the positive behaviour they are showcasing.

At Karamū High School, we want to acknowledge students who go out of their way to demonstrate our school values. Above all, they are demonstrating actions that are deemed positive and constructive in wider societal life. If students go above and beyond what is expected, we want to reward them.

Therefore, if students go out of their way to demonstrate our school values or go above and beyond what is expected of them, teachers will acknowledge this by giving them some Karamū currency (in the form of a green token) and Karamu Recognition, which is added to the student's record.

Students celebrate this success by placing their green token in their respective house box which will be displayed in the school office. At the end of the term, the house with the most tokens will generate house points for the end of year trophy.

Also, once a student reaches 10 Karamū Recognitions, they will be rewarded with a \$10 canteen voucher.

Acknowledging and celebrating success is an important part of life. Teachers at Karamū High School want students to know when they have done something positive.

So, my challenge to all students is to 'better your best' and take pride in demonstrating our school values, because, if you do, you will be acknowledged by our teachers and staff. This kaupapa helps create a school environment where everyone feels connected, supported, and valued. #ProudlyKaramū

Ngā mihi nui

Troy England
Acting Tumuaki/Principal



DEPUTY PRINCIPAL - STAFF

Kia ora e te whānau,

Student Course Selection - 2026



Student course selections are now underway for Years 10 - 13, with forms due this past Monday. These choices are an important part of our planning for next year, helping us to organise staffing, timetables, and resources for 2026.

If your child would like to make a change to their course, a new course selection form can be collected from the office. Once completed and signed by a parent/caregiver, it should be returned to the office.

Year 9 Course Selection

Our Year 9 students will complete their course selection forms in Term 4, once they have started their Term 4 electives.

Year 13 2026

Looking ahead, students who will be in Year 13 in 2026 will be invited to attend their uniform fitting and subject review on 15 and 16 October. More details will be shared shortly.

Students Driving

It is great to see many of our senior students gaining their restricted licence and enjoying the independence of driving to and from school. With this privilege comes responsibility, and we encourage families to have conversations at home about the conditions of a restricted licence in New Zealand. These include:

- **No passengers** unless a supervisor with a full licence (2+ years) is in the car.
- Driving is only allowed **between 5am and 10pm**, unless accompanied by a supervisor.

We appreciate your support in reinforcing these conditions, helping to keep all our students and wider community safe on the road.

Ngā mihi nui

Mr Damien Hollands
Deputy Principal - Staff

ACTING DEPUTY PRINCIPAL - PASTORAL

Kia ora e te whānau,



Term 3 is coming to an end, and it can be a time of stress for our senior students as they reflect on derived grade results and start making decisions about their pathways for 2026. Most students will be making subject choices while others will be looking at tertiary study post secondary education, and others may be looking at work and apprenticeships. The point to note is they don't have to make these decisions alone and can come and speak to their teachers, deans and careers advisors here at school so that they can make informed decisions.

Moving into the holiday period we look to prepare for a new term, so it's a timely reminder about a few of our school processes, starting with a reminder about non-regulation items for our return to school in Term 4. During the holiday break some students do experiment with piercings and hair colour, just a reminder that students are to have natural hair colour and may have no more than two studs or sleepers in each ear, the size being no bigger than a standard piercing. The earrings are to be non-dangly and not too large for health and safety reasons. The only other additional piercing is a single nose stud. No other facial or visible body or tongue piercings are permitted. Any enquiries and clarification can be put past me and found in the [schools code of conduct](#).

Finally as we move into Term 4, the new season of summer sports kicks off. Getting involved in extra curricular activities is hugely beneficial for our young people, joining into new friend groups, participation and exercise, as well as being part of a team. I would encourage students to find their niche or try something new, and get involved with the wider opportunities available to them.

Please remember that if you have concerns or questions about your child's welfare, do not hesitate to contact me or their dean. Have a wonderful break and I look forward to seeing you at the beginning of Term 4.

Ngā mihi

Mr Micheal Fleming
Acting Deputy Principal

DEPUTY PRINCIPAL - CURRICULUM

Kia ora e te whānau,



Last week, our senior students engaged in derived grade exams and targeted workshops, offering valuable insights into their academic progress and helping them complete key classroom tasks. For those who sat exams, we strongly encourage students to reflect on the feedback provided by their teachers - this guidance will be crucial in helping them better their best as they prepare for the upcoming NCEA externals.

For those who attended workshops, the focused two-hour sessions provided rich opportunities for teaching and learning, reinforcing key concepts and supporting progress toward academic goals.

Countdown to Exams

As we move into Term 4, it's important to note the limited time remaining for senior students. Year 12 and 13 have 18 days of class time left and Year 11s have 23 days. To maximise learning, Year 11 students will remain at school for one additional week, as Level 1 exams begin later than Level 2 and 3.

The key exam and finish dates for seniors:

Year 12 and 13 final day at school: *Friday 31 October*

Level 2 and 3 exams: Begin *Tuesday 4 November*

Year 11 final day at school: *Friday 7 November*

Level 1 exams: Begin *Monday 10 November*

A reminder to caregivers and students: The Homework Centre remains open until Wednesday 29 October on Wednesday morning: 8:00 am and afternoon: 3:00pm - 4:00pm.

Many courses will also be offering subject-specific tutorials during study leave. We encourage all students to attend and actively seek support. Asking questions is key to deepening understanding and building confidence.

Once senior students begin study leave, Year 9 and 10 will transition into Junior High, with exciting opportunities for all learners at Karamū High School to re-focus in the five weeks of school and to experience different, structured activities that are fun, engaging and motivating, that involve innovation, competition and leadership.

Thank you for your ongoing support as we work together to help our students thrive.

Ngā mihi

Ms Sarah Gunn

Deputy Principal - Curriculum

ANNUAL IMPLEMENTATION HIGHLIGHTS

In the coming issues of the Karamū Kōrero we will highlight the mahi we are doing or have done toward our Annual Implementation Plan (formerly referred to as Annual Targets or Goals). Both our Strategic Plan - Mahere Rautaki o te kura tuarua o Karamū and Annual Implementation Plan – Mahere ā tau o te kura tuarua o Karamū 2025 are available on our website (In the Our Documents Section).

Whāinga 3:

Increase student engagement

Goals:

75% of student voice indicates

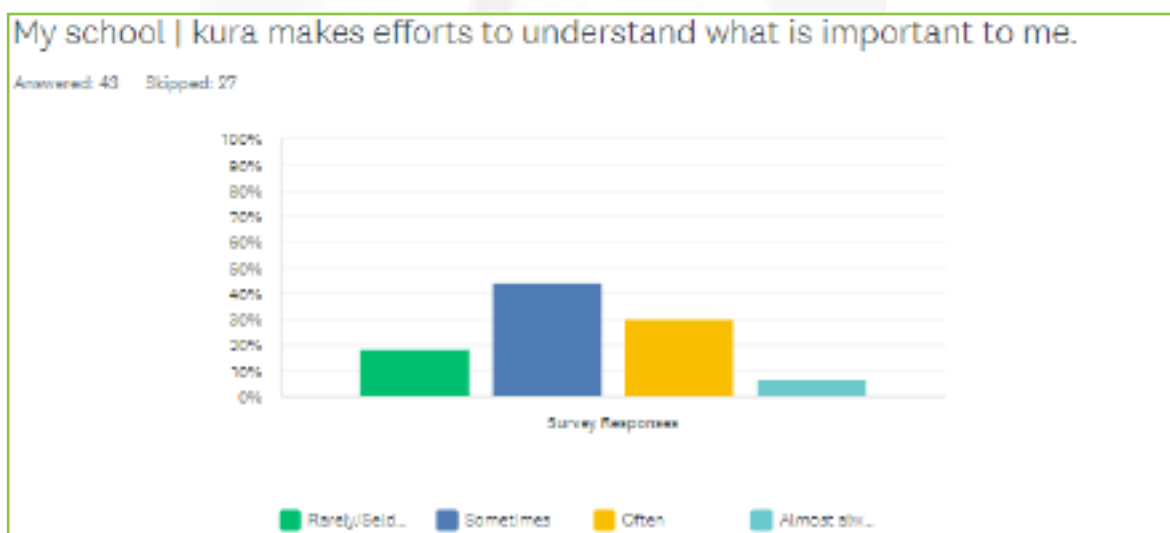
- A strong, secure sense of their cultural identity
- Engagement at school

This Annual Goal is from Strategic Intent: Ensure that our programmes and pedagogies enhance ākonga engagement; Te Reo me nga tikanga Māori is embedded in the daily life of the school; and Leadership in the school is supported through guidance, innovation, and relationships and the Strategic Aims:

Ako: Learning and teaching programmes will build on our vision and values is important
Hauora: The wellbeing of everyone in the school community is important

Baseline:

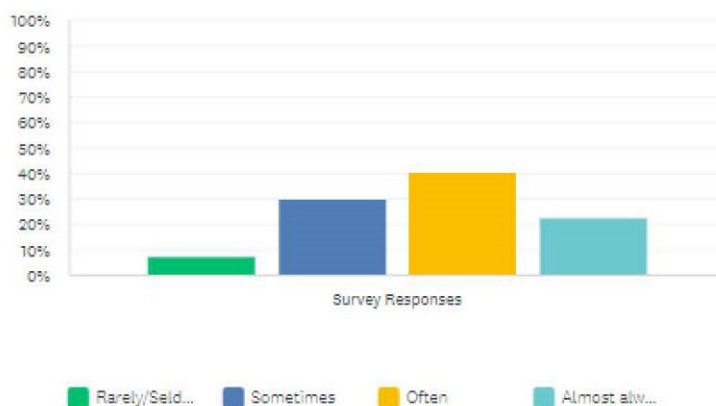
(Student Wellbeing Measures Survey in Term 2, 2024) Examples...



ANNUAL IMPLEMENTATION HIGHLIGHTS

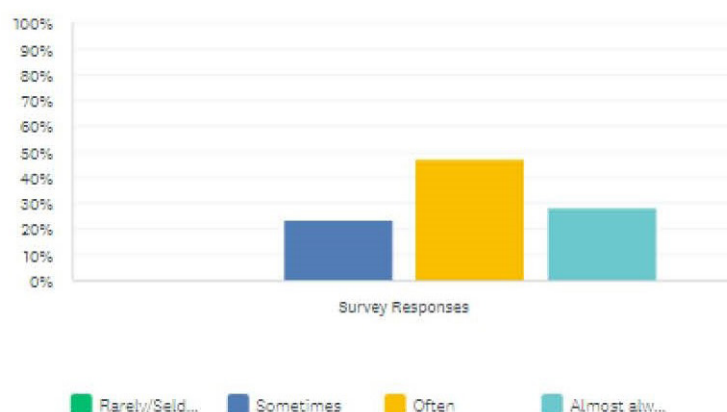
The culture and beliefs of my family and whānau are valued and supported at my school | kura.

Answered: 67 Skipped: 3



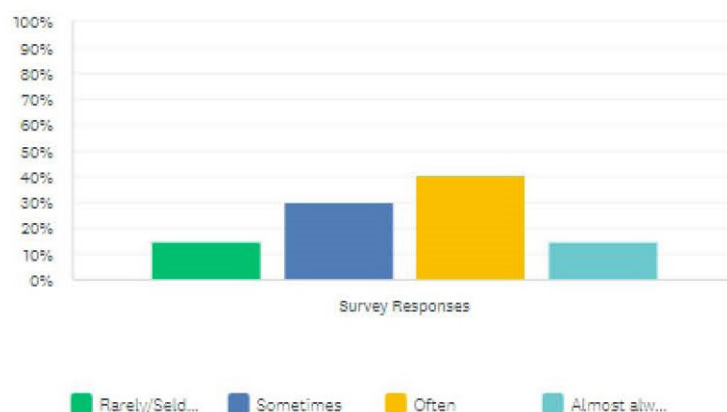
There are teachers | kaiako who understand and promote Māori culture, practices and language (te reo Māori).

Answered: 42 Skipped: 28



My school | kura provides opportunities to participate in activities to explore my interests outside of the classroom.

Answered: 67 Skipped: 3



ANNUAL IMPLEMENTATION HIGHLIGHTS

Actions to date:

- Karamū Tikanga Guide shared with staff.
- Year 9 parents hui held on Wednesday 12 March with approximately 350 attendees.
- Donated old plastic chairs from the library to Waipatu Marae to help build connections.
- Two whānau hui for Level 1 NCEA promoted.
- New to NZ Tiriti o Waitangi training attended for five staff.
- Survey has been trialled with the Student Council.
- Year 9 'Olympics' mentor time activity held at the end of Term 2.
- Whānau Hui for enhanced learning students.
- Hosted Kahui Ako ki-o-rahi tournament.
- Ongoing staff professional development in Tikanga Māori, Te Reo Māori, Haka/Waiata.
- Student survey on cultural responsiveness at Karamū High School.

POLICY REVIEWS

In Term 3 we are continuing to review topics in the **Health, Safety, and Welfare Policy**. These include: Child Protection, Abuse Recognition and Reporting, Food and Nutrition, Safety Checking, Police Vetting and Missing Student Procedure.

Reviews are open to board, staff, and the school community (parents/caregivers/whānau).

Anyone can review any policy/procedure that has a red, review flag.

To start reviewing:

1. Visit the website <https://karamu.schooldocs.co.nz/1893.htm>
2. Enter the username (karamu) and password (knowledge).
3. Click on the **Reviews** to take you to the policies being reviewed.
4. To start reviewing, click on the name of each **Term 3 review topic**.
5. Read the policy.
6. Then click the **Start your review** button at the top right-hand corner of the page.
7. Select the reviewer type (Parent).
8. Enter your name (optional).
9. **Add your ratings and comments.**



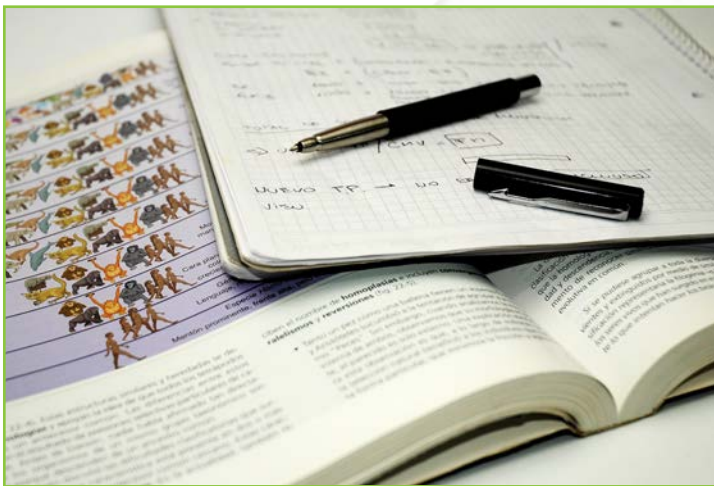
CURRICULUM AND NCEA UPDATE



Throughout the year, the Ministry of Education has been communicating information via the media of the changes to NCEA and the curriculum. In the last two weeks, we received information of the Years 11 – 13 subjects for the national curriculum. These are meant to provide greater choice, clear pathways and opportunities for specialisation, setting students up for success in future study or their chosen profession. Many of these subjects are already available through NCEA. Some are new, while others have been renamed, reorganised or refocused to ensure knowledge-rich subjects and provide clear pathways. Some subjects will be developed by the Ministry, and some by industry.

The first year of implementation for new subjects will be 2028 for Year 11, 2029 for Year 12 and 2030 for Year 13. As always, we will continue to keep you informed of any changes as they evolve.

INNERVATE RESOURCE - PASSING EXAMS



Earlier this term, as part of our preparations for the upcoming Derived Grade school exams, all Year 11 students took part in a two-hour study session led by Patrick Sherratt from Innervate.

This interactive workshop focused on “how to study” and gave students practical tools to help them succeed, from boosting motivation and managing distractions to improving memory retention and reducing exam nerves.

For students who were unable to attend or are in Years 12 and 13, Innervate has made a version of their Passing Exams Programme available online. This purchasable resource offers similar guidance and strategies to support students as they prepare for their NCEA end-of-year exams.

Access to the ten video units on “how to study” approach, everything a teen needs to know to help optimise their exam preparation and ultimately results, is via their website <http://howtopassexams.com/>

NUMERACY AND LITERACY RESULTS

Release dates for numeracy and literacy assessment results :

Reading Assessment:

3:00pm Thursday 9 October

Writing Assessment:

3:00pm Monday 20 October

Numeracy Assessment:

3:00pm Monday 20 October



GRIEF AND LOSS

Grief can be an extremely painful process. You may experience all kinds of emotions and physical reactions. You may feel you will never recover from the loss, or that you don't know how you are going to carry on.

We experience grief if we lose people we love, or things or places we are attached to, including:

- people - through death or a relationship break-up or because a relationship changes
- health - through illness or accident
- things we own - by accident or theft
- places - through moving countries, schools, houses or cities
- our place in the world - through losing a place on a team or a job, or because we have changed ourselves
- pets

Grieving is a very individual process. How you grieve will be different from how others grieve. Many factors influence this, including your personality, your life experience, how you cope under stress, your faith or your spiritual beliefs, and the support system you have at the time of the loss.

The circumstances around the loss are likely to affect how you experience grief, too. For example, some people may have had more time to prepare for the loss, while other circumstances mean that a loss has happened very suddenly. Whatever factors are at play, there is no right or wrong way to grieve.

The time it takes for you to grieve is unique to you. There is no set time or process, grieving and healing takes as long as it takes. For some that could be weeks, for some months and others longer still. However, it's important to know that over time the emotions of sadness, numbness or anger do fade and become more manageable as you start to rebuild your life.

A FRESH TAKE ON COURSE SELECTION



All Year 11 students attended our inaugural course selection expo, where they spent an hour exploring courses they could take in Year 12 and discovering the opportunities that each option could open to them. This has since been followed up with students receiving their 2026 course selection form for informed completion before the end of the term.

The expo was designed to be interactive and offer akōnga a wide range of ways to explore the courses on offer in the 2026 course selection booklet.

At each of the 12 stations, akōnga completed activities. All correct entries went in the draw for a voucher to spend at Lantern Light Dairy and a sweet treat from Whittaker's!

The Expo was an exciting success, with room to grow as teaching, learning, and technology changes in the future.

Akōnga also left the expo with a “passport” that included optional tools to help them organise, research, and prioritise courses they want to take in Year 12 and beyond.

A huge thank you to the careers team and heads of faculty for their work in providing this opportunity for our students.



WINTER SPORT WRAP UP

As winter sports finish, we can look back on the amazing season all of our teams and students have had. Karamū had an incredible 45 teams, across seven sports entered in Hawke's Bay secondary school competitions, with our students demonstrating dedication, excellence, teamwork, and whanaungatanga.

Netball

We had one of our most exciting and competitive seasons with six teams reaching the first and second play off games in the Hawke's Bay Secondary School (HBSS) Saturday Competition. Three of our teams were winners of their divisions, four finished as runners up, and two finished fourth. Our teams trained hard all season and the growth shown by all the players from the beginning to the end of season was fantastic to see.

Basketball

This year we had six teams representing Karamū across various grades. It was a rebuilding year for many of our teams with only one returning player in our Senior A boys team and a completely new junior girls team. Results are as follows:

- Senior A Boys: fifth in Senior Boys division 2
- Senior A Girls: Top 4 finish in Senior Girls division 1
- Junior A Girls: Fourth in Senior Girls division 1
- Junior A Boys: Sixth in Junior Boys division 2
- Junior B Boys and KHS Green: Both teams made huge improvements throughout the season, competing in the Basketball HB Friday night jam competition.

Badminton

This season saw a record 12 teams compete in the HBSS Badminton League. Due to such a high interest in participating, this led to the introduction of a new social league. Run once a week after school, students who were not quite ready for the competitive league, were able to join their friends and have some fun playing badminton. A highlight was our Senior A boys finishing as the winners of B Grade, winning 23 out of 24 sets in the championships rounds.

Football

It was another great season for our football teams with four teams representing the school. A 1st XI girls (div 1), a 1st XI boys (div 2), a 2nd XI boys (div 3), and a junior boys. Our girls had a fantastic season, securing their first wins in the past two seasons, and showing immense growth as a team. The 1st XI boys also had a great season, finishing in second place in the senior boys div 2. A highlight was the junior boys finishing fourth (out of 10) in their division, as a majority of the players had never played football before this year.

Hockey

This year we had three teams representing the school. Our 1st XI girls made the step up to div 1 for the first time with lots of learning coming out of the season, and managing to come away with some great wins. They finished off their season by competing at the NZSS Jenny Hair Tier 3 Tournament held in Napier during winter tournament week. The 2nd XI had a solid season finishing sixth out of 11 teams in div 3. It was also great to be able to field a mixed team, combined with Havelock North High School, for our boys to have the opportunity to play.

WINTER SPORT WRAP UP

Rugby

Karamū also had three rugby teams this year. A 1st XV, junior boys (Saracens team combining with Havelock North High School) and junior girls.

Canoe Polo - Winter League

Canoe Polo has continued in strength, with five teams entered in the CPHB Winter League Competition. Three of these teams finished in the top four and made the semi finals in their respective grades.



HBSS BADMINTON TOURNAMENT

Hawke's Bay Secondary School Individual Badminton Tournament (Boys)

On Tuesday 19 August the Hawke's Bay Secondary School Individual Badminton Tournament (boys) was held. There were some great matches played with everyone having at least two wins throughout the day:

- Jadon Daley - made the A Grade semi finals. Jadon was also the umpire for the A Grade singles final.
- Isaac Dunn - D Grade boys singles winner.
- Jaxson Tyler-Steffert - D Grade boys doubles winner (teamed up with a student from Havelock North High School).

Students that competed:

D Grade - Isaac Dunn, Sahaj Rahat, Jaxson Tyler-Steffert

B Grade - Simon Saldiva-Greville, Jazcie Espra

A Grade - Kaushik Suresh, Jadon Daley

Hawke's Bay Secondary School Individual Badminton Tournament (Girls)

Two days later on Thursday 21 August more students represented Karamū at the HBSS Badminton Tournament in Napier. It was a great day with everyone coming away with some wins:

- Ayesha Singh - D Grade singles runner up
- Fiona Zhou - C Grade doubles runner up (with a student from Havelock North High School)
- Amy Yan 11JOD - umpire for the B Grade & C Grade doubles finals

Students that competed:

D Grade - Czar Gayramara, Ayesha Singh, Lucy Bristow-Smith, Eliana Antonio

C Grade - Fiona Zhou

B Grade - Amy Yan, Thanapon Mulaseewa



NETBALL TOURNAMENT WEEK



Our Karamū netball girls did us proud during tournament week in Palmerston North, playing their hearts out across five intense days of competition. With two games each day, the team showed incredible determination and teamwork, finishing with an impressive seven wins and three losses.

Each game brought its own challenges, but the girls rose to the occasion with resilience and spirit. Representing Karamū with pride they not only showcased their skill on the court but also built lifelong friendships and unforgettable memories.

Our captain, Ruby McLean-Smith, also did an excellent job leading the girls with confidence, positivity and unwavering commitment setting the tone for a strong and united team effort. Special recognition goes to our MVP of the tournament, Raiha O'Shaughnessy, whose outstanding performance, and consistency had a significant impact throughout the week. The support from our whānau throughout the week was amazing, it truly made a difference having you there.

A huge thank you to Aimee Carlson (coach) and Mrs Crawford (manager) whose dedication, guidance and belief in the team helped shape this unforgettable experience.

Well done, Karamū netball we are incredibly proud of you all!



STAFF VS STUDENTS NETBALL GAME

Staff Triumph in Annual Staff vs Students Netball Game



The annual staff versus students netball match brought excitement and energy to the court on Thursday 17 September. The staff team came out strong, taking an early lead with sharp passing and solid teamwork. Despite a determined comeback from the students, the staff managed to hold their ground and secured a hard-fought 17-12 victory.

Congratulations to both teams for a spirited and competitive game, a great display of skill, teamwork, and sportsmanship!

SPORTS AWARDS FINALISTS

Congratulations to Mrs Racheal Tiuka and Shavaughn Zampese!

We are proud to announce that both Mrs Tiuka and student Shavaughn Zampese have been named finalists for the 2025 Hawke's Bay Secondary Schools Sports Awards.

Racheal Tiuka

Finalist for Service to Secondary School Sport (10+ Years) for her outstanding dedication and long-standing contribution to softball.

Shavaughn Zampese

Finalist for Female Sportsperson of the Year for her exceptional achievements in equestrian.

This is an incredible recognition of their talent, commitment, and impact in their respective sporting fields.

We wish them all the best for the awards night!



FILIPINO CULTURAL DANCE

Eleven of our Filipino Karamū students proudly showcased traditional Filipino cultural dance at Mahora School as part of their Filipino Language Week celebration.

They were warmly received with enthusiastic applause and honoured in return with a haka. In the Philippines, the month of August is dedicated to the annual celebration of the national language, Filipino, a tradition that continues to highlight the importance of culture and identity.



CULINARY CHALLENGE

The National Secondary Schools Culinary Challenge (NSSCC) is an annual event run by The Culinary Arts Development Trust.



Recently two of our students Maaki Wairau and Brodie Russell entered. This is the dish that they prepared for the NSSCC Challenge.

"Pan seared lamb loin with kūmara hummus, fried kūmara cubes, crispy dukkha bread crumbs, creamy Greek yoghurt and fresh watercress, garnished with crispy kūmara skins"

Well done!

DANCE NZ MADE

Dance NZ Made 2025 Regionals



Grace Webb, Kirat Rai, Marzaan Du Plooy, Mrs Love, Emery Becker, Khiera Matoe

On Sunday 17 August we had soloists Marzaan Du Plooy (Year 10), Kirat Rai (Year 11) and Grace Webb (Year 12) compete in the Solo category. Marzaan placed fourth in her year group with a massive average score of 91. Kirat won her year group for the third year in a row with an amazing score of 94 and qualifying for nationals. Grace placed third in her year group with a stunning average score of 93 and also qualifying for nationals.



Grace Webb



Kirat Rai



Emery Becker, Maia Peta, Khiera Matoe, Natalie Fourie



Back: Jorja Mayo, Emily Whitmore, Nina Paljk, Joy Moeller
Front: Marzaan Du Plooy

We also had Year 9 duo team Emery Becker and Khiera Matoe compete and place fifth in their category with an average score of 90.

On Monday 18 August we had three teams compete in the teams competition. Emery Becker, Khiera Matoe, Natalie Fourie, and Maia Peta, a Year 9 team, performed and competed with their hip hop piece placing fifth in their category.

Emily Whitmore (Year 9), Marzaan Du Plooy (Year 10), Paige Mentzer (Year 11, choreographer), Jorja Mayo (Year 11, choreographer), Nina Paljk (Year 13) and Joy

DANCE NZ MADE

Moeller (Year 13) performed and competed with an edgy and stunning jazz dance in the Open category. While they didn't take out a placing, they did an amazing job on stage with lots of positive feedback.

Desmond Thompson (Year 9), Eliana Antonio (Year 10), Zevida Hendricks (Year 11), Tyler Evans-Parkes (Year 11), Mischa Minogue (Year 12), Tuihana Ropiha (Year 12), Brooklyn Botha-Gray (Year 13) and Maia Williams (Year 13, choreographer) - now known as KDC (Karamū dance crew) competed in the open category and placed second in their category as well as second overall for the regional competition, qualifying for nationals.

Further, during the day, our students got to participate in workshops of different styles. During this we had three students receive golden tickets, giving them the opportunity to audition for a monetary prize in January. Congratulations to Zevida Hendricks (Year 11), Kirat Rai (Year 11), and Tuihana Ropiha (Year 12) for putting yourselves out there and giving different styles a go and receiving this amazing opportunity.



Back: Tuihana Ropiha, Kirat Rai, Maia Williams, Tyler Evans-Parkes, Brooklyn Botha-Gray, Desmond Thompson, Eliana Antonio
Front: Mischa Minogue, Zevida Hendricks

Nationals

We attended Nationals in Palmerston North on 13 September. Grace Webb (Year 12) performed her solo and did a stunning job. She also had the amazing opportunity of performing with Wellington dance company Footnote on the Friday night previously and thoroughly enjoyed the experience. A modified team for KDC made up of Desmond Thompson (Year 9), Eliana Antonio (Year 10), Tyler Evans-Parkes (Year 11), Mischa Minogue (Year 12), Brooklyn Botha-Gray (Year 13), Kaitlyn Tipu (Year 13), and Maia Williams (Year 13, choreographer) competed in the open teams category and made us very proud with their excellent performance and the way they conducted themselves during the weekend.

A recognition and massive thank you to the whānau that also travelled down to support our competitors. We are very proud of all the students involved in this competition at all levels. Our students choreographed their own dances, made their own music mixes, and sorted their costumes. They gave many hours of their time to this experience and have done so well.



4th Row: Brooklyn Both-Gray, Desmond Thompson
3rd Row: Eliana Antonio, Tyler Parkes-Evans, Kaitlyn Tipu
2nd Row: Mrs Love, Maia Williams, Mischa Minogue
Front Row: Grace Webb

ECNI SECONDARY SCHOOLS ROAD RACE

On a sensationally sunny spring day eleven keen Karamū High School runners took to the pavements of Frimley Park for this year's road race. The students each ran between 3km - 4km in a race against numerous schools from around the region.

The junior boys' team of Kooper Fergusson, Ben Miller and Audric Timbol took out third spot in the three person team event, while the Year 9 girls went one step further, taking out second place in the three person team event. This team featured Maddie D'Ath, Thea Hunter and Keisha Machakaire.

The runners shared these reflections post-race:

- “The race was on such a great track, and I was proud of myself for pushing all the way to the end” - *Thea*.
- “I was really nervous at the start, but I did my best and had a fun day!” - *Keisha*.
- “I thought of giving up, but I kept pushing and it was so worth it” - *Maddie*.
- “It was extremely hard, but so worth it at the end” - *Emily*.
- “I thought about giving up, but got my way to the finish line” - *Isabella*.



Maddie D'Ath, Keisha Machakaire, Thea Hunter



CROSS COUNTRY

Our annual cross country house event took place on Tuesday 16 September at Windsor Park, with students participating across various year levels and categories:

- Junior and Senior Girls (Competitive Event): 2 laps (2.4 km)
- Senior Boys (Competitive Event): 3 laps (3.6 km)
- Hari Hikoi (happy walk) in Period 5: All junior students (Years 9 and 10) took part in a fun, non-competitive one-lap walk around the course.

The event was a great opportunity for students to challenge themselves, support their houses, and enjoy the outdoors. Well done to everyone who participated!

Heretaunga	Kaweka	Tuki Tuki	Te Mata
1st - 224 points	2nd - 217 points	3rd - 180 points	4th - 135 points

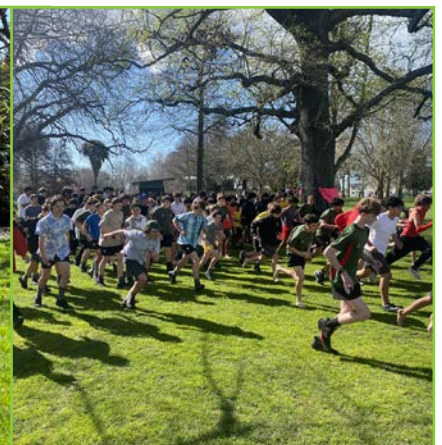
	Champion Girls		Champion Boys	
Place	Junior	Senior	Junior	Senior
1st	Sophie Ryan	Lily Antonio	Cooper Harvey	Nathan Du Plooy
2nd	Maddie D'Ath	Irie Hutana	Kooper Fergusson	Javarn Ray
3rd	Eliana Antonio		Lakai Bartosh	Zenith-Rei McCartney



Maddie D'Ath, Sophie Ryan, Eliana Antonio



Lily Antonio



Cooper Harvey and Lakai Bartosh



Javarn Ray, Nathan Du Plooy, Zenith-Rei McCartney



YOUNG ACHIEVERS' AWARDS

On Wednesday 10 September, the 2025 Young Achievers Awards were held, proudly hosted by the Hastings Lions Club. A big congratulations to two of our students who were recognised on the night, both incredibly hardworking and determined individuals, truly deserving of this honour. We are so proud of their achievements!

Kylah-Jay Garrett-Naera

Kylah-Jay is a passionate community and Pasifika leader at Karamū, known for her unwavering strength, compassion, and dedication to helping others. With natural leadership abilities, she excels in event planning, volunteering, and inspiring those around her. Her resilience shines through in all she does, especially after bravely facing cancer and undergoing a leg amputation. Despite the immense challenges, Kylah-Jay continued to lead and participate in the Relay for Life, using her journey to motivate and uplift others. Her courage and determination were recognised in Hawke's Bay Today, where she was featured for her inspiring story.



Deeply committed to making a difference, Kylah-Jay volunteers with the Panui Mai reading programme, supporting primary-aged children in developing their reading skills. Her kindness, patience, and passion for education reflect her dream of one day becoming a primary school teacher. Kylah-Jay is more than a leader, she is a role model, a changemaker, and a beacon of hope in her community.

As of 18 September Kyla-Jay has also been awarded the **Ngā Tohu Aumangea - Youth Potential Award**, which seeks to recognise commitment, hard work and resilience and acknowledge rangatahi who have achieved success in the face of adversity.

Shanika O'Leary

Shanika is a dedicated deputy head student, accomplished athlete, and respected school leader. She consistently strives for excellence in both her personal pursuits and in service to others. A former competitive swimmer, Shanika now coaches swimming and supports junior lifesaving programmes, promoting water safety in the community. At school, she has successfully coached a junior netball team at Karamū and, in 2024, was honoured with the Sport Hawke's Bay Student Coach of the Year Award, a testament to her skill, leadership, and commitment.

Shanika's passion for sport is matched by her generosity and dedication to guiding others. Her leadership, especially in coaching and mentoring younger students, has made a meaningful and lasting impact. She is a true role model, a young achiever who inspires and uplifts those around her.

KARAMŪ WRITING COMPETITION

This year's competition saw an intense battle play out between poems, short stories, song lyrics and personal narratives. The junior section was particularly fierce, with Emma O'Connor (10JAD) taking out the trophy with her original retelling of the pūrākau, Pania and the Reef.

The senior section was awash with creative genre-fusion, challenging themes and figurative imagery. And in the end, it was a short and poignant poem that won the day. The winner of this year's senior section was Johanne Santiago (11GBR) for her beautiful poem "stuck in the season of hollow." Check out her winning poem:

stuck in the season of hollow

my heart is hollow - not like an empty room.

It is hollow like a sky, void of clouds. bright with no purpose.

hollow like a beautiful flower plucked from its stem, pretty but dead.

hollow like the wind singing a lullaby, only for every window to remain shut. people afraid of the

breeze's chaos.

how dare the world turn.

how dare it rotate and bloom while mine has wilted and stands motionless.

how dare the landscapes of the earth look so beautiful,

while the plains of my body lie barren, left to decay.

unfair. that's what it is—completely, ridiculously, painfully unfair.

that the world goes on, unfazed, as the dawn of death overshadows my corner of the earth. stay back, I tell it.

But like me,

It never listens

Congratulations Emma and Johanne!

AOTEAROA NEW ZEALAND SPELLING BEE



Congratulations to the five super spellers from Year 9 who made it through to the regional semi-final for this year's Aotearoa New Zealand Spelling Bee.

Well done to Harlow Gambirazzi-McCarthy, Ayesha Singh, Vergel Francisco, Hayley Boston and Lily Ray. They will be competing against other students from the region on 18 September at Toitoti.

The winner of this event will move on to the national final in November down in Wellington. All the best!

JAPANESE NODA HIGH SCHOOL VISIT NZ

In August we welcomed 10 students and two teachers (Gavin and Sho) from our sister school, Noda High School, Kobe, Japan. There was a nervous tension at Napier Airport as host families greeted their student on Sunday 17 August, but over the following two weeks that soon disappeared as they all got to know more about each other.

During their school days at Karamū High School, they joined the Japanese classes for conversation practice, games to get to know each other, tasting New Zealand snacks, calligraphy, and making gyoza (dumplings). The look on their faces when they tried vegemite and marmite was priceless.

One break time the Japanese students performed a summer festival dance on the circle. The Japanese teachers and I were very impressed at how many Karamū students joined in and had a go. This was a great example of showing whanaungatanga, manaakitanga and embracing diversity. Two more examples of this were when the Filipino and Pasifika Groups shared dancing and games in a cultural exchange. Lots of laughter was had by all involved.

Out of school some highlights were an evening at Velocity, a cold day in Napier doing an orienteering activity, two days at a local Kura Kaupapa Māori learning Māori Performing Arts.





Karamū High School ART & DVC EXHIBITION 2025



3pm-6pm
Tuesday 28th October
VA1, VA2 & Staffroom

TIRA ORA 1999

Head Boy: Lee Hansen

Head Girl: Chanelle Deslandes

Dux: Heather Collie

General Excellence: Joanna Minster

Sportsman of the Year: Leon Birnie

MacLeod Service Cup: Vanessa Smith

Deputy Head Boy: Kieran Scott

Deputy Head Girl: Tracey Coombs

Proxime Accessit: Joanna Minster

Te Taonga Trophy for Maoritanga: Le Roy Crawford

Sportswoman of the Year: Rachel Barrett

Buildings & Grounds:

Photography introduces SLR camera & Dark Room

School:

- Karamu runs a pilot for the Youth Award Scheme
- Video & Film production added as a subject
- Typing is no longer a subject. Students no longer sit Pitman exams.
- Text & Info Management - with Word processing, Spreadsheets & Desk Top Publishing replace Typing
- Computers replace typewriters
- Shakespeare Day – Students & staff dress in theme; Classes have Shakespeare theme; Staff meal based on Shakespeare theme
- Karamu Ball held at Hastings Racecourse in Saddle Restaurant – not at school



Students:

- Karamu has International students – who come to NZ to study English
- Karamu also still has some Exchange students
- SADD – Stage a Mock crash outside school

Staff:

- Principal, Mr M J Lewis retires after 14 years at Karamu (1986 – 1999)
- Miss Hubbard (HOD Home Ec) retires after 22 years (1977 -1999)
- Mr Rikki Koster leaves Karamu after 11 yrs
- Mrs F McDonald returns to Karamu. Also taught in 1980 – 1986
- Mrs R Lambert joins staff as HOD Social Studies
- Mrs C Baines starts the Youth Awards Scheme
- Ex -student Matt Strickland appointed as Computer Technician

Culture:

- Karamu Dance continues to do well in Inter-school Regional Dance competition - winning the Senior & Junior sections

Production:

- "Bye Bye Birdie"
- Theatre Sports group grows in numbers
- Kapa Haka increasing in strength
- Ultimately Vocal get new uniforms
- Chamber Music group placed 2nd at Regional competition
- "Black Abstraction" – Rock Band placed second at Nationals in Christchurch

Sports:

- Girls' Basketball heads to Nationals and wins 3rd Division
- Canoe Polo numbers increase rapidly. Senior Boy's compete at Nationals and placed 4th
- Boys' & Girls' Rowing team at Maadi Cup Nationals in Lake Karapiro – Under 17 Boy's Double -4th; Under 17 Girls' Coxed Fours – 4th
- Karamu girls gain Gold at Volleyball Nationals
- Volleyball girls win NZ Sec Schools Champs

HASTINGS - New motorway Hastings – Taradale completed 6 months ahead of schedule, Napier Daily Telegraph & Hastings Daily newspapers merge as Hawke's Bay Today, Amalgamation Referendum – 67% of Hastings in favour: 74% of Napier against

NEW ZEALAND - NZ Population: 3,827,000, General Election NZ Government: National , NZ Prime Minister: Helen Clark, Drinking age lowered to 18

IF YOU HAVE CONCERNS

If you are a student and you have a concern

If your concern is about	You should first see	If not resolved, then	And is still not resolved
Your learning , eg. classwork and assessment	Your teacher	Your dean	Ms Gunn, Deputy Principal Curriculum
A discipline problem , eg. a detention	The teacher who gave you the detention	Your dean	Mr England Deputy Principal Student Management
A pastoral issue , eg. bullying, attendance	Your mentor teacher	Your dean	Mr England or Mr Rolls/Ms Jensen the Guidance Counsellors

If you are a parent and you have a concern

If your concern is about	You should first see	If not resolved, then	And is still not resolved
A learning problem , eg. classwork and assessment	The dean	Ms Gunn Deputy Principal Curriculum & Assessment	Mrs Thomas Principal
A discipline problem , eg. a detention	The dean	Mr England Deputy Principal Student Management	
A pastoral issue , eg. bullying, attendance	The dean	Mr England or Mr Rolls/ Ms Jensen the Guidance Counsellors	
A financial issue relating to any account or charge	Either Mrs Gray or Ms Brown in the office	Mrs Meiring Principal's EA	

YEAR LEVEL DEANS 2025

At Karamū High School, our year level deans play an important role in the pastoral care of your child. Our year level deans for 2025 are listed below for your information. Please email your child's dean or phone 878 7139 and leave a message, if you wish to contact them.

Year 9 Deans



Tash Crawford
tcrawford@karamu.school.nz

Year 10 Deans



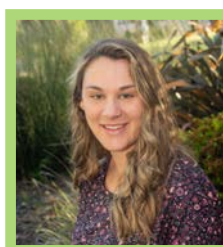
Julie Burn
jburn@karamu.school.nz

Year 11 Deans



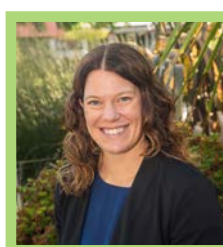
Jasmine Black
jblack@karamu.school.nz

Year 12 Deans



Jess Callow
jcallow@karamu.school.nz

Year 13 Deans



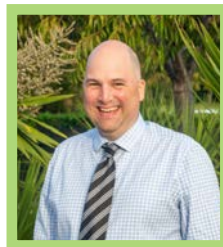
Amber Walter
awalter@karamu.school.nz



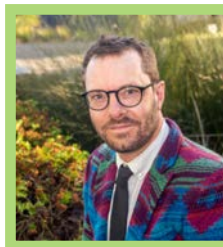
Mike Fleming
mfleming@karamu.school.nz



Byron Crawford
bcrawford@karamu.school.nz



Josh Parker-Bevin
jparker-bevin@karamu.school.nz



Tom Willis
twillis@karamu.school.nz



Dave Murdoch
dmurdoch@karamu.school.nz

NGĀ POU KAIĀRAHI

Year 9



Holly Bruce
hbruce@karamu.school.nz

Year 10



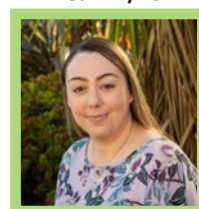
Ashley Blake
ablake@karamu.school.nz

Year 11



Tom Blake
tblake@karamu.school.nz

Year 12/13



Rebecca Love
rlove@karamu.school.nz