



Uniform Shop Hours

Wednesdays

11:00 am - 11:30am

3:00pm - 4:00pm

2025 Dates to Remember

Wednesday 2 April

Dress Rehearsal Sheliah Winn
Shakespeare

Thursday 3 April

Puhoro STEMM Wananga

Saturday 5 April 10am - 1pm

May 'Fair Community Event at
Mayfair Primary School

Monday 7 April

Sheliah Winn Shakespeare
Festival

Friday 11 April

End of Term One

Friday 11 April - Saturday

12 April

Duke of Edinburgh Sunrise Hut
Tramp

Monday 28 April

Start of Term Two

Monday 28 April, 2pm

ANZAC Assembly

Windsor Avenue
Hastings 4122
New Zealand
Postal address
PO Box 346, Hastings 4156
Phone +64 6 878 7139
admin@karamu.school.nz
www.karamu.school.nz

CONGRATULATIONS

Race Unity Speech Competition

Congratulations to head student Ariel Sajan who is off to the national semi-finals for the Race Unity speech competition. On the evening of Wednesday 26 March Ariel was crowned winner of the Hawke's Bay regional heats with a clever and moving speech.



Ariel Sajan

All entrants spoke about The Great Ocean of Diversity and ways of navigating the people of Aotearoa towards a more harmonious future.

Ariel will fly to Auckland in May for the next stage of this worthwhile and high-calibre competition. She will also have the opportunity to be part of the national hui where students from around the country will discuss race relations in Aotearoa. We wish her all the best and we are incredibly proud of her!

New Zealand Senior Women's Rink Hockey Team

Congratulations to Maddison Epplert and Jess Partridge who made the reserves for the New Zealand senior women's rink hockey team! The team are representing the Asia-Oceania championships which are to be held in July in South Korea.



Maddison Epplert Jess Partridge

New Zealand Schools Canoe Polo Boys' Tournament

Congratulations to Max Arcus and Sean Burgiss members of our senior boys' canoe polo side who were named in the New Zealand secondary school boys tournament selection!



Sean Burgiss



Max Arcus

PROUDLY
K A R A M Ū

PROUDLY
H A S T I N G S

PROUDLY
L E A R N I N G

PRINCIPAL

Tēnā koutou tēnā koutou tēnā koutou katoa, It has been a busy, yet rewarding term - full of learning, events and action! In this Kōrero we share with you the 2025 Year 13 student leaders. This group of young people have started to, and will continue to, work together to inspire the participation of the school body this year. I extend a huge congratulations to our successful student leaders (showcased further on in the Karamū Kōrero), I know this group of young people know “leadership is not about a title or a designation. It’s about impact, influence and inspiration”. I look forward to seeing their impact in 2025.

You will remember they chose the following quote for this year:

A journey of a thousand miles begins with a single step

This saying teaches us that even the longest and most difficult ventures have a starting point; something which begins with one first step.

One of my favourite quotes around community is quite similar:

Alone we can do so little, together we can do so much

It reminds us of how all the little things you do over time may matter, but its **how working together can create something bigger or more important**. You can only achieve so much on your own.

This quote is by Helen Keller. She was many things, a suffragette (fought for the right for women to vote), an advocate for people with disabilities and a role model inspiring us to fight for what is right.

Just like Helen Keller, our leaders champion our E in our WELCOME values. Embracing Diversity. It is the value of accepting difference and inclusion.

We want everyone at Karamū to feel valued, welcomed, respected, included, represented, and heard, so that they then fully **belong**, can be authentic, can contribute to the collective, and have a voice.

On a daily basis I witness our students **Embrace Diversity** but there have been two standouts in March. Athletic sports saw those participate with excellence or passion; and on Thursday 20 March the Relay for Life was an amazing event demonstrating our true ability to show what happens when we come together for the greater good.

I lay a wero to each of you to **Embrace Diversity** with your actions, be welcoming, respectful and authentic, so everyone feels included here at Karamū.

He iti te mokoroa nāna te kahikatea i kataki

Even the small can make a big impact

Ngā mihi nui

Mrs Dionne Thomas
Tumuaki/Principal



DEPUTY PRINCIPAL - STAFF

Kia ora e te whānau,

Students on Restricted Licences - *Working with our whānau to keep all students safe*



For many of our students, obtaining a restricted licence is an important first step toward gaining full driving privileges. We all know that a restricted licence comes with limitations designed to protect new drivers as they gain experience on the road. These limitations include restrictions on driving during late hours and the biggest issue at the moment, carrying of passengers. These rules are not only about enforcing safety, they also offer young drivers the chance to develop good habits before they take on the responsibilities of full licence.

While the restrictions might feel limiting to students eager to explore their independence, they play a crucial role in promoting safe driving practices. Our students must learn to navigate challenging road conditions, manage distractions, and become aware of the responsibilities that come with operating a vehicle.

If students drive to school, they need to register their car with the school. They can do this by completing a form that can be obtained from the school office. **Students on a restricted licence are not to carry any passengers.** Rural students can apply for an exemption to carry siblings through Waka Kotahi.

Unfortunately we as a kura have suffered the loss of students through car accidents and in some cases it was driver inexperience that was a major contributor. We would like your support to educate your children in this area. As young adults, we do not want a preventable incident to have a major impact on the rest of their lives. Do not condone or turn a blind eye to them driving passengers.

Ngā mihi

Mr Damien Hollands
Deputy Principal - Staff

CONTACTING STUDENTS AT SCHOOL

Please DO NOT text or call your child during the day. You are risking your child having their phone confiscated.

We have mechanisms to contact your child if necessary. The office is the first point of call for parents to get in touch with their children if it is urgent, as the school can ensure the student gets the right support in getting the message at that time. Just as if your child is ill or upset they should come to the office and we will call you, as we can provide first aid and āwhina before we ring you, or an ambulance, if necessary.



DEPUTY PRINCIPAL - CURRICULUM

Kia ora e te whānau,



It was great to see a large turnout at our two seminars targeted at those students and their whānau that are new to NCEA. If you missed these seminars, an information booklet “Guide to NCEA”, has been distributed to every Year 11 student. This NZQA guide details how NCEA works, types of assessments, level and course endorsements and Level 2 and 3 qualifications.

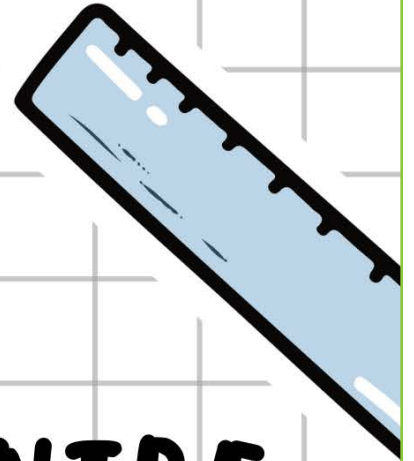
In addition, every Year 11 student received a fridge magnet as a way for them and whānau to track credit attainment. If students didn’t receive one, they can visit the student office to collect one. Having this displayed in a prominent position like the fridge is a visual reminder to keep on striving.

Period 6/Homework Centre is up and running for 2025. Our academic leaders and the Academic Institute members are there on Tuesday after school 3:00pm - 4:00pm and Wednesday morning 8:00am - 9:00am in the small library room, to assist any students who want help or just need a quiet place to work with WIFI. This year, each session will have a particular focus. Tuesday afternoons on English, social sciences and the arts. Wednesday morning on maths, science and technology. However, both sessions will cater to students needing any assistance. We really encourage students to attend should they need additional support.

As we come to the end of Term 1, our senior students have started their 2025 NCEA journey with most courses for Term 1 learning already assessed or about to be assessed. One of the mechanisms we have at Karamū that supports students to meet assessment deadlines are milestones. All NCEA internal assessments have at least one milestone to check that students are on the right path and to provide help in line with the requirements of the assessment standard. Should your child miss a milestone you should receive a letter from the classroom teacher advising you of the situation and the next steps for the student and support that could be offered by whānau.

Students are encouraged to strive high, as Merit and Excellence credits are looked upon favourably by both employers and tertiary institutions. At any time, whānau can access the KAMAR portal to view how their child is progressing towards the academic goal they set for themselves.

Ngā mihi
Ms Sarah Gunn
Deputy Principal - Curriculum

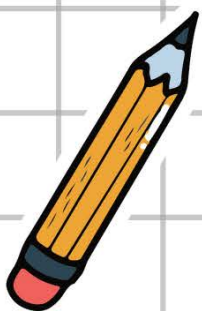


PERIOD 6 HOMEWORK CENTRE

Wednesday 8 - 9am

Wednesday 3 - 4 pm

**Both sessions are held in the
library**



DEPUTY PRINCIPAL - STUDENT MANAGEMENT

Kia ora e te whānau,



As we approach the end of the first term, many students will be turning their focus to completing assessments and making sure they are on track to achieve their academic goals. With the added pressure and stress of completing assessments, it is important to remember to look after your well-being.

Some options you can take to help alleviate stress and help your overall wellbeing:

- Get involved with some form of physical activity
- Be available for family and friends
- Manage your time by creating a daily schedule
- Take some time out for you

Regular school attendance has a strong correlation with student success. Regular attendance is defined as a student attending school 90% of the time. Attendance at school is important for many reasons:

- Helps learning
- Supports mental wellbeing
- Strengthens cultural capabilities
- Supports gaining of qualifications
- Fosters opportunities for social interactions.

If your child intends to be absent or you need assistance with their attendance, please contact the school.

I encourage whānau to keep reminding your child to put their phone in their bag during the school day. In the last week, we have had an increase in parents having to collect their child's phone from the school office due to it being confiscated for the third time. To reduce this problem, please continue to have conversations at home about phone management. Consistent messages from both home and school will hopefully reduce phone confiscation during the school day.

Finally, as the weather starts to get cooler, please ensure that your child's jersey and jacket are clearly named. If misplaced, this will enable us to return the item to them immediately.

If you have concerns or questions about your child's welfare, please do not hesitate to contact me, or their dean.

Ngā mihi nui

Mr Troy England
Deputy Principal - Student Management

ATTENDANCE

What we expect of parents:

- Contact us if your child is going to be absent (ie if your child will not be at school for a whole day, or part of a day, or if they are going to be late).
- Talk with your child about why attending school every day is important for their learning and their future.
- If your child is reluctant to come to school, talk with them. If something is happening at school that is making them want to miss school, talk with us so we can work together. (Best contact is the year level dean).
- Getting back to school quickly after being absent is important. Support your child return to school as soon as possible. The longer your child is absent from school, the harder it can be to catch up on missed learning. Again, talk with us so we can work together.

POLICY REVIEWS

In Term 1 we are reviewing topics in the **Health, Safety, and Welfare Policy**. These include: Safety Management Systems; Risk Management; Worker Engagement, Participation and Representation; Healthcare and Recording and Reporting Accidents, Injuries and Illnesses.

Who reviews our policies and procedures?

Reviews are open to board, staff, and the school community (parents/caregivers/whānau). Anyone can review any policy/procedure that has a red, review flag.

Reviews are open to board, staff, and the school community (parents/caregivers/whānau).

To start reviewing:

1. Visit the website <https://karamu.schooldocs.co.nz/1893.htm>
2. Enter the username (karamu) and password (knowledge).
3. Click on the **Reviews** to take you to the policies being reviewed.
4. To start reviewing, click on the name of each **Term 1 review topic**.
5. Read the policy.
6. Then click the **Start your review** button at the top right-hand corner of the page.
7. Select the reviewer type (Parent).
8. Enter your name (optional).
9. **Add your ratings and comments.**



STUDENT LEADERS

Congratulations to our 2025 Leaders



Mrs Thomas with Head Students

L-R: Jadon Daley, Shanika O'Leary (deputies), Boston Fletcher and Ariel Sajan (heads)



Academic Leaders

L-R: Liam Rolls, Nina Paljk, Jemma Crockett, Isla Rose-Smissen



Cultural Leaders

Sam Randle, Tyrell Watene-Minogue (absent)

STUDENT LEADERS



Community Leaders

Taylor Bevan, Bella Bridson, Kylah-Jay Garrett-Naera



Sport Leaders

Riley Burgiss, Ruby McLean-Smith



Performing Arts Leaders

Maia Williams, Kaitlyn Tipu



House Leaders

Back Row: Charlotte Lumb, Reese Lamborn, Kate Trowbridge, Nathan Du Plooy

Front Row: Mac Hill, Payton Quartel-Emile, Krishna Bisht

Absent: Raiha O'Shaughnessy

House Leaders

Tuki Tuki:

Mac Hill, Charlotte Lumb

House Leaders

Kaweka:

Raiha O'Shaughnessy, Kate Trowbridge

House Leaders

Heretaunga:

Nathan Du Plooy, Krishna Bisht

House Leaders

Te Mata:

Reese Lamborn, Payton Quartel-Emile

ANNUAL IMPLEMENTATION HIGHLIGHTS

In the coming issues of the Karamū Kōrero we will highlight the mahi we are doing or have done toward our **Annual Implementation Plan** (formally referred to as Annual Targets or Goals). Both our Strategic Plan - **Mahere Rautaki o te kura tuarua o Karamū** and **Annual Implementation Plan - Mahere ā tau o te kura tuarua o Karamū 2025** are available on our website (In the Our Documents Section).

Whāinga 1:

Keep implementing/preparing for NCEA/NZC changes
(ie: Implement national curriculum (in a local context), assessment and aromatawai changes)

Goals:

- 80% of Year 11, 12 and 13 achieve NCEA
- 50% of each year level achieve an endorsement
- 60% of Year 13 achieve UE

This annual goal is from **Strategic Intent**: Ensure that our programmes and pedagogies enhance ākonga engagement and the **Strategic Aim**:

Ako: Learning and teaching programmes that will build on our vision and values is important

Baseline 2024:

	Achieved	With a Merit Endorsement	With an Excellence Endorsement	Total Endorsements
Level 1	65%	36%	7.2%	43.2%
Level 2	74.8%	22.7%	5%	27.2%
Level 3	74.5%	24.1%	10.1%	34.2%
UE	39.6%			

Actions to date:

- Deep analysis of, and reflection on, 2024 results ie: Levels, courses, CAAs
- Planned 2025 whole staff professional development pathways, with staff input, 2024 data and current research
- Trialled student voice survey created in 2024
- Staff professional learning group time in Term 1 is devoted to 'knowing my learners'
- Staff applying for individual professional development in a range of curriculum, leadership and pastoral areas (and encouraged to share with colleagues)

Next Steps:

- Staff professional learning group time in Term 2 is devoted to sharing of differentiation learning strategies
- Students will be exposed to Study Strategies ie: Study skills, tutor groups, tutorials
- Staff professional learning group time in Term 3 is devoted for 'subject specific'/ creating course progressions
- Staff professional learning group time (and regional teacher only days) in Term 4 is devoted to refreshed New Zealand curriculum

ACADEMIC INSTITUTE

On Friday 21 March, we inducted 14 students who gained NCEA endorsed with Excellence into the 2025 Academic Institute.

The institute, established in 2013 acknowledges and celebrates outstanding academic achievement and encourages and supports further academic achievement.

Over breakfast, our students heard wise and insightful words from 'Tira Ora' alumni Toby Hunter (2013 - 2017) about life after Karamū.



Toby was one of our head students in 2017 and left to pursue his tertiary studies at Victoria University. He completed a Bachelor of Laws and a BA in media and politics.

Sharing that the law provided him the 'nutrients' of being interesting but difficult, competitive (only the top 1/3 are admitted into Year 2) and long (took five years) so he balanced it with interesting part-time jobs at a boutique cinema and in a jazz bar, an opportunity to continue with his love of music and form a couple of bands. Upon completing his studies Toby travelled overseas before returning to Hawke's Bay to work at Gifford and Devine, while studying for his professionals.

He encouraged the Academic Institute (and all those pursuing university life) to look to take away the following from university life:

University is difficult but easier if you treat it like a job ie turn up 9 - 5 and; be organised; you don't have to know what you want to do at the start, you can change or be flexible; be excited and make the most of it, its not full adult life yet, so have fun!

Just like Toby, the Academic Institute look forward to the year ahead.



HEALTH CURRICULUM COMMUNITY CONSULTATION

As part of our health programme, here at Karamū High School, we consult with our school community over the delivery of our **junior health curriculum** within each two-year cycle (most recent consultation was end of 2024). The purpose of the consultation is to inform the school community about the content of the health curriculum and consult on the content according to the current New Zealand curriculum.

It helps with determining, in broad terms, the health education needs of the students at the school. (<https://healtheducation.org.nz>).



The feedback received from the consultation indicated our whānau support the existing topics covered in our junior health programme. Whānau also enquired about whether certain topics were being covered in the programme, such as healthy boundaries in relationships, mental health, nutrition and healthy eating.

I can confirm all such topics are covered in our health programme, through our Hauora unit and Relationships and Sexuality unit, both at Year 9 and Year 10. With regards to nutrition, our food and nutrition course at Year 9 and 10 also cover such (nutrition, meal planning, investigating influences on adolescent food choices and the importance of healthy food choices).

Further suggestions received were to have added transparency of the programme by way of letting whānau know, ahead of time, what is being taught within our programme, including outside providers.

From this year, onwards, we will provide an outline of our junior health programme in our Term 1 **Karamū Kōrero** for whānau.

Ngā mihi nui to the whānau and our wider community for the engagement in the consultation, we deeply appreciate and value your feedback.

Engagement, queries or questions around the health programme outside of the biennial community consultation should be directed to assistant head of physical education and health, Mrs Jasmine Black.

Year 9 Health delivered over four terms for 1 hour per week. It involves:

Hauora: Our concept of well-being in New Zealand and how it relates to self, peers, family and society.

Attitudes & Values: Attitudes and values that enhance student learning and well-being.

Personal Identity, Self-Worth and Personal Care & Stress: Looking after and feeling good about themselves, and body image. Types of disease. Coping with stress and change.

Communication & Bullying: Developing communication skills to enhance their interactions with others. 'I' statements. Being assertive. The types of, effects of, and dealing with bullying, in all its forms (cyber bullying included).

HEALTH CURRICULUM COMMUNITY CONSULTATION

Vaping: Risks, harms and reasons behind vaping.

Keeping ourselves safe: Why smoking and drugs (including alcohol) can cause/ have harmful effects on their well-being.

Sexuality: Relationships (all forms of relationships from friendships, family/ whānau, and dating). Physical & emotional changes during puberty. Menstruation, abstinence, contraception, STI's. Consent. Gender themes and messages. Gender role expectations and stereotypes. Whānau can choose under the Education Act to withdraw their children from this section of the health programme. Please contact Mrs Black to discuss.

Year 10 Health delivered over four terms for 1 hour per week. It involves:

Smart thinking: Goal setting, careers, study skills, self-management, attitudes and values, how to be positive/self-talk, resilience, self-esteem and dealing with depression and where to go to get support.

Decision Making & Problem Solving: Strategies to solve problems and make safe decisions in a range of contexts.

Keeping Ourselves Safe: Alcohol and its effects on well-being. Harmful effects of illegal drugs. Where to go to get support.

Sexuality: Safe & healthy relationships, and where to go to get help if they're in an unhealthy relationship. Abstinence, contraception, STI's. Consent. Identity, gender and sexuality. Effective communication across a range of

contexts. Whānau can choose under the Education Act to withdraw their children from this section of the health programme. Please contact Mrs Black to discuss.

We also include well vetted external providers that align with our trained teachers to support the kaupapa of our programmes at appropriate times:

SMASHED theatre performance: A 30 minute performance that communicates important information and facts about alcohol and shows the potential impact of drinking on; relationships with peers and adults; academic results and aspirations; anti-social behaviour and violence as well as accident and injury.

Following the performance a 30 minute interactive workshop engages students in discussion as they explore the facts further. Together the facilitators and students work through strategies for resisting peer influence and informed decision making.

Voices of Hope (VoH): a mental health charity, founded in 2017 by Genevieve Mora and Jazz Thornton, individuals who have personally battled mental illness. Using their past experiences and their passion for content creation, they built a new narrative around mental health.

Their primary focus areas include anti bullying, general mental health, and encouraging help-seeking behaviours. Both Jazz and Gen will share insights into their own lived experience whilst exercising discretion in discussing sensitive topics.

If other providers were to become available, we would offer them to students and inform parents.

RANGTAHI HEALTH SYMPOSIUM



On Friday 7 March a group of our students attended the Rangatahi Health Symposium event held at Toitoti.

This event showcased the health model Te Whare Tapa Whā and various health related organisations and guest speakers.

As part of this students had to download an app on to their phones.

PASIFIKA SYMPOSIUM

Attending the Pasifika symposium was an event both important and exciting for us Pasifika leaders at Karamū High School.

At the Pasifika symposium, we leaders engaged in fun workshops that strengthened our leadership skills, built connections with other Pasifika leaders from different schools around Hawke's Bay, and listened to Pasifika guest speakers, who have made a big impact on communities across New Zealand.


One key take away for me was learning that being a Pasifika leader is not just to lead people, but to bring them together as one big aiga, or family, regardless if they're Pasifika, Afakasi or non-Pasifika.

Another take away from the event was, of course, the free food!

Sam Randle



NEW WORLD CLUB CARD

The logo features a red diamond with 'NW' inside, followed by 'Clubcard for Schools' in a stylized font. There are also small star and heart icons.

Help raise funds for Karamū High School!

New World Hastings has partnered with Karamū High School and now you can help to raise funds each time you do your grocery shopping.

This is a great way to raise extra money for the school through the support of families/friends/relatives who shop at New World Hastings. Every time you shop at New World Hastings and present your Clubcard, Karamū High School will receive 1% of the total spend!

The more families signed up for the programme who scan their Clubcard at the checkout every shop, the more funds you can help raise.

How does it work?

1. Register your Clubcard with Karamū High School
2. Shop at New World Hastings and scan your Clubcard with every shop
3. New World Hastings will then donate 1% of all sales made with participating Clubcards scanned to support Karamū High School

Please email your Clubcard number to admin@karamu.school.nz

Once you've registered your card, Karamū High School will reap the rewards every time you shop at New World Hastings!

GATEWAY HEALTH AND SAFETY COURSE

As part of the Gateway programme students must attend a health and safety course. This was held on Wednesday 19 and Thursday 20 March at the Karamū High School careers centre.



The goal of this course was to teach students how to spot and check workplace hazards and learn how to write a work plan to control risks at work.

Students in this course also gained knowledge of health and safety laws.

Some will soon be ready to investigate their Gateway placement.

RELAY FOR LIFE

Walking with Purpose: Karamū High School's Relay for Life Triumph

By Kylah-Jay Garrett-Naera

On 20 March 2025, Karamū High School came together for an incredible cause, called Relay for Life. From 7am to 7pm, students, staff, and the wider community participated in a 12-hour challenge, raising funds and awareness for cancer research. To show further support, our school held a purple-themed free dress day, where students donated a gold coin to take part. As a school, our goal was quite ambitious, but we were very determined. We were wanting to raise \$1000 in donations and walk 2025 kilometres, as that is the current year. What followed was a true testament to our school's spirit and determination.

For Karamū, Relay for Life is more than just a fundraiser. It is an opportunity to honour those affected by cancer, celebrate survivors, remember our loved ones and support ongoing research. At Karamū High School, we wanted to show our support in a big way. This event allowed us to come together as a community, demonstrating our WELCOME values, especially whānaungatanga, manaakitanga and overcoming adversity.

The day began with a powerful remembrance lap, where we walked in honour of loved ones who have faced cancer. From that moment on, the mana never faded. A baton was passed around, always in motion, ensuring that someone was walking at all times.

Despite the terrible weather, students were still eagerly participating, with many going above and beyond. By 2:20pm we were well ahead of schedule and had already met our 2025kms goal. But we didn't stop there. By the end of the event, we had walked an amazing 2505 kilometres, that's 5010 laps of our school field. To put that into further perspective, that's nearly the same distance from Karamū High School to Brisbane, Australia!

Not only did we smash our distance goal, but we also raised more than double of our \$1000 fundraising goal, collecting an incredible \$2300 in donations for cancer research!

It wasn't just the walking that kept spirits high, but also the delicious treats we had to keep everyone going. A hot sausage sizzle kept the students warm, (donated by Richard at Mr Whippy) boosting their energy, and despite the cold weather, the arrival of Mr Whippy was definitely a crowd favourite.

The success of our Relay for Life was not just measured in numbers, but in the dedication and enthusiasm of everyone involved. The unity, determination and generosity of Karamū High School made this event unforgettable.

This day proved that no challenge is too great when a community comes together for a powerful cause. We are incredibly proud of what we have achieved, knowing that we were able to give back to those who have helped us, while also contributing to those who will shape the future. We look forward to holding more events like this and continuing to make a difference for the generations to come.

View the article in the Scoop:

<https://www.scoop.co.nz/stories/GE2503/S00076/karamu-high-school-steps-up-to-support-cancer-cause.htm>

RELAY FOR LIFE



DESIGN & VISUAL COMMUNICATION

Year 11 DVC (Design and Visual Communication) students enjoyed learning about local architecture from Francis Martin, one of the educators from the Hastings Art Gallery.



Francis presented about her grandparents' home (now her home), Martin House, which is in Bridge Pa. It was designed by well-known architect John Scott and has heritage status of Historic Place Category One due to its unique and enduring design.

The students learned about the special building and then engaged in hands-on model construction based on the characteristics of John Scott's architecture.

This activity will be built-upon as the students work through their own design project looking at examples of influential architecture in Aotearoa and internationally. It was an invaluable learning experience for them all.



YEAR 10 SHINE A LIGHT ON SCIENCE

Our Year 10 science students have been exploring the exciting world of light and sound this term, with a focus on how light travels, reflects, and interacts with different surfaces.

One of the recent activities involved using light boxes and mirrors to reflect beams of light along a maze drawn on paper. Students worked in small groups to carefully position mirrors and guide the beam along the twists and turns of the maze. It was a great chance for them to experiment with the law of reflection and test out their predictions in a hands-on way.

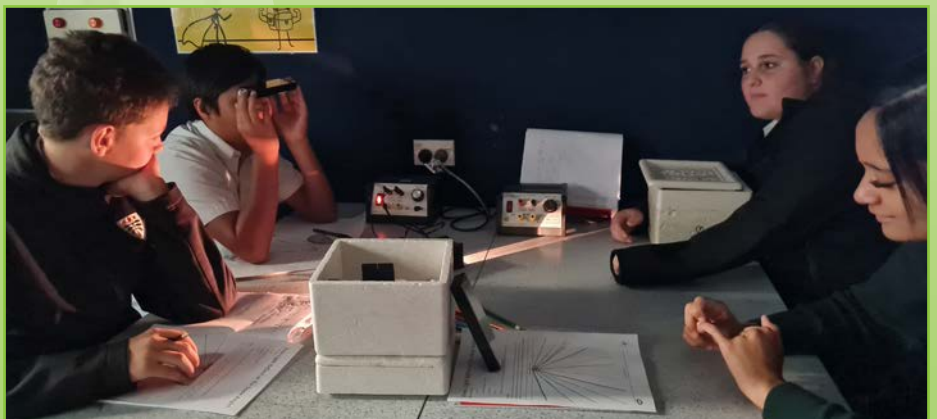
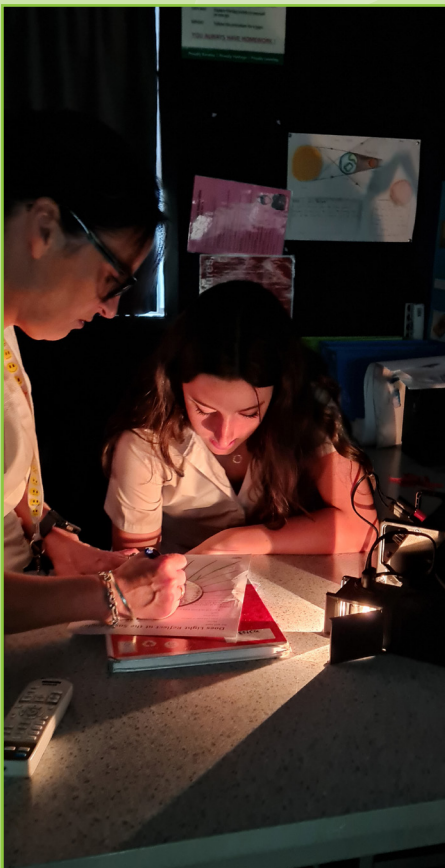
Class 10RMU fully embraced the challenge, showing fantastic teamwork, curiosity, and problem-solving skills.

As the photos show, students were totally engaged, adjusting their mirrors, observing the path of the light, and experiencing the wonders of science firsthand.

This activity is part of a wider unit on light and sound, where students are learning how energy moves and behaves.

From mirror mazes to sound wave simulations, Year 10 are making excellent progress and having a lot of fun along the way!

Well done to 10RMU, we're proud of your enthusiasm and growing scientific thinking!



GO-4-12 12 HOUR ADVENTURE RACE

On Sunday 15 March, a team of three determined Year 13 racers Nathan Du Plooy, Joy Moeller, and Flynn Langley took on the GO-4-12 12 hour adventure race. The challenge began at 6:00am with a stunning coastal bike ride along the Haumoana coastline, heading towards Clive and finishing in Clifton by 6:00pm. Over 12 hours, the team covered more than 60 km, pushing themselves to the limit through a series of demanding challenges.

The course tested their endurance, teamwork, and navigation skills, featuring a mix of mountain biking, orienteering, trekking, kayaking, canyoning and more. With clear skies and incredible scenery, the event provided the perfect setting for an unforgettable adventure. Huge thanks to Mr Moeller for being the support person.



KETE PROGRAMME



The KETE Programme (Karamū transition to employment or further training and education) provides an opportunity to explore career pathway ideas and provide essential skills for entry, workplace or further studies beyond Karamū High School.

This term the KETE class visited Mr Apple and Rockit orchards. The students learnt about various aspects of the horticulture industry such as health and safety, the diverse range of employment opportunities, engagement with people in the industry, gaining knowledge of the process of growing apples, marketing and the export markets.

The highlight of the trip for many of the students was picking their own apples to bring back to school and take home. Thank you very much Aaron Drinkwater and Yvette May for facilitating our visits.



TIRA ORA 1995

In this issue of Karamū Kōrero we showcase Karamū's thirty third year, the Year 1995

Principal:	Mr M J Lewis
Deputy Principal:	Mr A J Vester (Term 1 and 2)
Acting Deputy Principal:	Mrs J B Clark
Acting Assistant Principal:	Mr W Kersten
Karamu High School Board of Trustees:	Mr G R Mansfield
Head Boy: Stephen Collie	Deputy Head Boy: Campbell Parker
Head Girl: Nardia Norman	Deputy Head Girl: Adele Moore
Dux: Stephen Collie	Proxime Accessit: Tina Stewart
General Excellence:	Stephen Collie
Te Taonga Trophy for Maoritanga:	Charles Turetah
Sportsman of the Year:	Stephen Collie
Sportswoman of the Year:	Tania Rosser
MacLeod Service Cup:	Raphael Hawke



Sheerluck Holmes 1995

School, Buildings & Grounds:

- New Music suite plans - funding secured
- School refurbishment and painting

Staff

- Mr Alan Vester resigned at end of Term 2 to position of Principal at Edgewater College (1990 – 1995)
- Mr Don Burgess retires after 30 years teaching at Karamu (1965-1995)
- Karamu leading the way with development of the National Curriculum Framework
- Quality Systems Document marketed and sold to other schools
- Strategic Planning Group & Implementation groups formed –changing the management within the school

Students:

- 6th Form Outdoor Education develops (2 classes)
- Outdoor Education attend OPC (Sir Ed Hillary Outdoor Pursuit Centre at Turangi)
- Targeted funding secured for students with learning disabilities
- Exchange students: Anouk Goossens (Netherlands); Lucas Leu (Switzerland); Jason Buck (USA); from Karamu – Shane Hantler (Norway) & Rebecca Northe (Kansas – USA).
- Brady & McNaughton become supplier of Karamu uniform

Culture:

- Karamu Senior & Junior Dance teams – winners of their section in Regional Dance festival
- School Production: "Sherlock Holmes"
- "Ultimately Vocal" – selected to represent Hawke's Bay at the NZ Choral Festival in Chch (2nd year in a row)
- Karamu forms 2 new choirs - an all Female choir and all Male choir

Sports:

- Introduction of lunchtime sports for Forms 3 & 4. Includes Touch, Rugby, Soccer, Netball, Basketball, Volleyball and non-stop Cricket
- Boys' Hockey win every game in the local Secondary School competition
- Squash part of Interschool competition

HASTINGS

- Hawke's Bay polytechnic - lecture Theatre complex opens
- 16% of HB Polytechnic students doing Degree courses
- Fantasyland's 30th Birthday
- Blossom Festival became a national event
- Seafresh Fisheries leased Whakatu Freezing Works – 100 new jobs
- Lowe Walker (NZ) - two new hide & skin processing plants - 23 employed
- Tuckers Wool Scourers 100 years old
- HB Milk Producers Co-op supplied milk for 50 years

NEW ZEALAND

- NZ Population: 3,647,700
- NZ Government: National, NZ Prime Minister: Jim Bolger, Team NZ wins the America's Cup

YEAR 13 BBQ



ATHLETIC SPORTS RESULTS

Athletics was another fantastic house event on Friday, 14 March, with strong participation and exciting championship events. Mr Ross and his team put in a tremendous amount of effort to organise these days, ensuring that students have a great experience - whether they're competing as athletes or simply participating. This reflects our value of Excellence - striving to fulfill your potential, whatever that may be. It's about being your best, not necessarily the best.

The house competition was incredibly close, with less than 100 points separating first and fourth place...

[View the Athletics Video online](#)

House Results

	Tuki Tuki	Heretaunga	Te Mata	Kaweka
Points	3820	3990	3940	4135
Placing	4th	2nd	3rd	1st

Individual Champs Results

Senior Boys		Senior Girls
1st	Zenith-Rei McCartney	Aster Shore
2nd	Nathan Du Plooy	Lily Antonio
3rd	Caleb Harris	Jayme Godtschalk-Sharplin

Year 10 Boys		Year 10 Girls
1st	Nate Paku-Mokau	Eliana Antonio
2nd	Cooper Harvey	Faith Neethling
3rd	Leo Taite-Kupa	Taylah Figgess-Jury

Year 9 Boys		Year 9 Girls
1st	Taimana Ehu-Thompson	Maddie D'Ath
2nd	Hoang Nguyen	Isabella Hodges
3rd	Treyce Holdsworth	Charlie Lamborn





May 'Fair



**BRING DOWN YOUR FAMILY AND FRIENDS
TO THE MAY'FAIR EVENT, TO MEET YOUR
COMMUNITY AND SERVICE PROVIDERS**

THERE WILL BE PROVIDED:

FREE SAUSAGE SIZZLES,

FACE PAINTING,

LATIN DANCING,

SCHOOL PERFORMANCES,

BOUNCY CASTLES

DATE

April 5th, 10am - 1pm

LOCATION

**Mayfair School Primary,
1110 Willowpark Road
North, Hastings**

IF YOU HAVE CONCERNS

If you are a student and you have a concern

If your concern is about	You should first see	If not resolved, then	And is still not resolved
Your learning , eg. classwork and assessment	Your teacher	Your dean	Ms Gunn, Deputy Principal Curriculum
A discipline problem , eg. a detention	The teacher who gave you the detention	Your dean	Mr England Deputy Principal Student Management
A pastoral issue , eg. bullying, attendance	Your mentor teacher	Your dean	Mr England or Mr Rolls/Ms Jensen the Guidance Counsellors

If you are a parent and you have a concern

If your concern is about	You should first see	If not resolved, then	And is still not resolved
A learning problem , eg. classwork and assessment	The dean	Ms Gunn Deputy Principal Curriculum & Assessment	Mrs Thomas Principal
A discipline problem , eg. a detention	The dean	Mr England Deputy Principal Student Management	
A pastoral issue , eg. bullying, attendance	The dean	Mr England or Mr Rolls/ Ms Jensen the Guidance Counsellors	
A financial issue relating to any account or charge	Either Mrs Gray or Ms Brown in the office	Mrs Meiring Principal's EA	

YEAR LEVEL DEANS 2025

At Karamū High School, our year level deans play an important role in the pastoral care of your child. Our year level deans for 2024 are listed below for your information. Please email your child's dean or phone 878 7139 and leave a message, if you wish to contact them.

Year 9 Deans



Tash Crawford
tcrawford@karamu.school.nz

Year 10 Deans



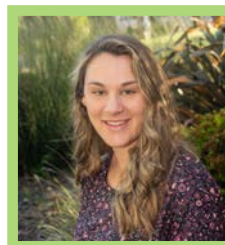
Jade Starck
jstarck@karamu.school.nz

Year 11 Deans



Jasmine Black
jprimmer@karamu.school.nz

Year 12 Deans



Jess Callow
jcallow@karamu.school.nz

Year 13 Deans



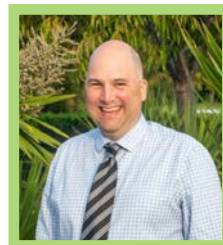
Amber Walter
awalter@karamu.school.nz



Mike Fleming
mfleming@karamu.school.nz



Byron Crawford
bcrawford@karamu.school.nz



Josh Parker-Bevin
jparker-bevin@karamu.school.nz



Tom Willis
twillis@karamu.school.nz



Dave Murdoch
dmurdoch@karamu.school.nz

NGĀ POU KAIĀRAHI

Year 9



Holly Bruce
hbruce@karamu.school.nz

Year 10



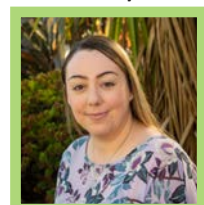
Ashley Blake
ablake@karamu.school.nz

Year 11



Tom Blake
tblake@karamu.school.nz

Year 12/13



Rebecca Love
rlove@karamu.school.nz