



Uniform Shop Hours

Wednesdays

1:15–2:00pm

3:00– 4:00pm

Dates to Remember

Wednesday 2 June
Senior

Parent-Teacher-Student
Interviews
4:30pm - 7:30pm

Monday 7 June
Queen's Birthday

Thursday 10 June
Pasifika Parents
Info Evening at 6:00pm

Wednesday 16 June
NCEA Info Night
6:30pm

Friday 18 June
Interhouse Winter
Sports

30 June - 3 July
Fiddler on the Roof

Tuesday 6 July
Year 13 Tertiary Info Night
6:30pm - 8:00pm

Windsor Avenue
Hastings 4122
New Zealand
Postal address
PO Box 346, Hastings 4156
Phone +64 6 878 7139
admin@karamu.school.nz
www.karamu.school.nz

YEAR 13 CABARET

The Year 13 Cabaret was held on Thursday 21 May at the Cheval Rooms, Hastings Racecourse.

It was another very successful occasion. The students went to a great amount of trouble to all dress up superbly. The Queen of the Cabaret was Jennifer Boyd, King was Sam Williams, Princess was Honore Pirret and the Prince, Jacob Reeve.

Entertainment was provided by Mr Crawford and Mr Hunter's band 'Rockmelon' providing the live music until DJ Kyle took over and everyone rocked until 11:45pm when the buses pulled out to drop everyone back home.

A big thank you to Vertigo Catering for a wonderful meal and to the Cabaret Committee for making the venue look amazing and true to the theme of an enchanted forest.



PROUDLY
K A R A M U

PROUDLY
H A S T I N G S

PROUDLY
L E A R N I N G

PRINCIPAL

This term I have been asking the students to think about being the best version of themselves. This is may not an easy concept, so I have given them a handful of tips on how they can be a great **'you'**. Firstly,

#1. Just show up. Say you want to run a marathon, but have no prior experience. The first step is lacing up your shoes and hitting the pavement. Even if you only make it a block on your first run, you'll be about 2% closer to your ultimate goal than if you didn't start at all.

#2. Stop looking for a secret trick. There is no miraculous shortcut to a better version of yourself. You actually have to try to be better.

#3. Don't sweat the small stuff. Just make sure that you're moving in the right general direction.

#4. Accept help from other people. Don't let your pride get in the way. Most successful people needed help along the way, too. That help might be your parents, grandparents, friends or teachers. It doesn't matter who you seek help from, just accept it.

#5. Ignore social media. People show an extremely exaggerated version of life on Facebook, Instagram, Snapchat, and other social platforms. We generally only share the good things, not the bad. So when you compare yourself to what you see on social media, you're just hurting yourself.

#6. Embrace failure. You can't become the best version of yourself by playing it safe. Heck, there are several inventions that are actually the product of mistakes – penicillin, post-it notes and cornflakes to name a few!

#7. Exercise. You will be far more focused and relaxed throughout the day if you get out there and be active. Science backs this up, too.

And #8. Help other people become the best version of themselves too. Pay it forward. Doing so keeps you motivated on your own path, and you'll find that the lasting connections you build from helping others will greatly benefit you moving forward.

It can be tempting to think about the best version of yourself as some vague point in the future. You know, the one where you are:

- More successful
- Doing what you love
- Existing as an overall happier person

You see your current self as the regular season, and you're just waiting for the semi-finals before giving it your all. But if all you do is wait for the best version of yourself to happen, you're forever going to be stuck with the current version.

So you need to start making progress **today**. Because remember our leaders have said

"You don't have to be great to start but you have to start to be great"

And in the words of Dr. Seuss again....

Today you are you,
that is truer than true.
There is no one alive
who is Youer than You.
-- Dr. Seuss

It has been fantastic to see so many of our students actively involved in winter sports and this is a wonderful step in the right direction towards being a great version of 'you'.

But as we encourage our rangatahi to be active this season please be mindful of your role as coaches, managers and cheerleaders on the sidelines. I encourage you to:

- Support the entire team
- Not critique the players
- Don't put your child on a pedestal
- Congratulate any player who makes a good effort or good play
- Always thank the officials and coaches

I look forward to seeing you all on the sidelines. #ProudlyKaramu

Mrs Dionne Thomas
Principal



UNIFORM

Last year the Student Council approached me around a few ideas for uniform and so I have recently gathered student thoughts around these ideas and this week you will also be sent a survey asking you questions around various uniform ideas to see what changes we may be able to make in the future.

Please be mindful these changes will not happen overnight. We will need to phase these over periods of time so we can ensure supply is guaranteed and cost is not a factor. I am very aware some of you have just bought your uniform and many households have more than one uniform in them.

Having pride in our uniform a key element of our value whanaungatanga, wearing it correctly and wearing it proudly is an important part of being Proudly Karamu so we want all to participate and be invested in whatever change may or may not happen. As a co-educational school we are also keen to investigate more gender-neutral options for the future so please read all options carefully.

Remember two of the tips to being the best versions of ourselves are to:

#6. Embrace failure and **#8. Help other people become the best version of themselves**, so by gathering your voice around possible uniform ideas we may try and fail, but we will do so together and that therefore enables us to be better versions of ourselves.

So, take the opportunity to complete the survey honestly and then see what change may happen.

NCEA INFORMATION EVENING

An invitation is extended to all Year 11 and 10HGL students and their whanau to attend an information evening about NCEA on Wednesday 16 June at 6:30pm in the school library.

It is a great opportunity to:

- Gain an overview of NCEA and what it means for students
- Give parents/caregivers a chance to ask questions about NCEA
- Learn about our school NCEA procedures which are essential to success in NCEA
- Hear from the student's perspective

#Proudly Karamu raising over a \$1000 for Mental Health Foundation on Pink Shirt and Gumboot Day



DEPUTY PRINCIPAL - CURRICULUM



Term 2 is a busy term for our senior students with a strong focus on working towards their personal goals, including gaining credits from their internal assessments. Students are encouraged to strive high, as Merit and Excellence credits are looked upon favorably by both employers and tertiary institutions. Students and parents are encouraged to track success through the KAMAR Portal (accessible on the App or the website).

In addition, every senior student recently received a fridge magnet as another way for them and whānau to track credit attainment. If students didn't receive one, they can visit the student office to collect one. Having this displayed in a prominent position, like the fridge, is a visual reminder to keep on striving.

Key factors in gaining success in NCEA are maintaining a very high attendance level, doing regular homework and seeking support when needed. Students that balance a healthy mind and body with regular exercise also thrive.

We look forward to sharing your child's progress so far with May reports for seniors and juniors out soon. These will be followed by Parent-Teacher-Student interviews (information will accompany the reports) in the proceeding weeks. Please join us to work together to help them achieve the goal they have set themselves.

Sarah Gunn
Deputy Principal

DEPUTY PRINCIPAL

We have over the past four years had the pleasure of having both Edmond Otis and Craig McDougall work with our Year 12 Students as part of the school curriculum, on coping and resilience. This programme is made possible with funding from Health Hawke's Bay.



Mr Edmond Otis works through the Eastern Institute of Technology as a licensed psychotherapist, performance coach for sport and business, author, senior university lecturer. Craig McDougall (Diploma of Exercise Science), has a passion for excellence, learning and development of youth, is a New Zealand representative and founded the Giants Boxing Academy in Hastings

This course involves taking our students through a series of games and activities that allow the students to find ways of coping that they are comfortable with. It also allows the students to work out how to deal with difficult people and difficult conversations. We run the workshops to coincide with their study period to minimise the impact on their classes.

The feedback from students in past years has shown that the skills they gain from this short workshop has a big impact on their ability to prioritise and manage the many aspects of their lives.

Reports and Report Evenings

You will soon receive the May reports and this will be followed up with the Senior Parent- Teacher-Student interviews.

This is an important opportunity to meet and discuss the progress of your child's year to date and look towards the requirements for the rest of the year. You will have already been emailed a link to make a booking. If you have any issues can you please contact the office and they can walk you through the process.

Year 11 – 13: Senior Parent- Teacher-Student interviews – Wednesday 2 June from 4:30pm – 7:30pm

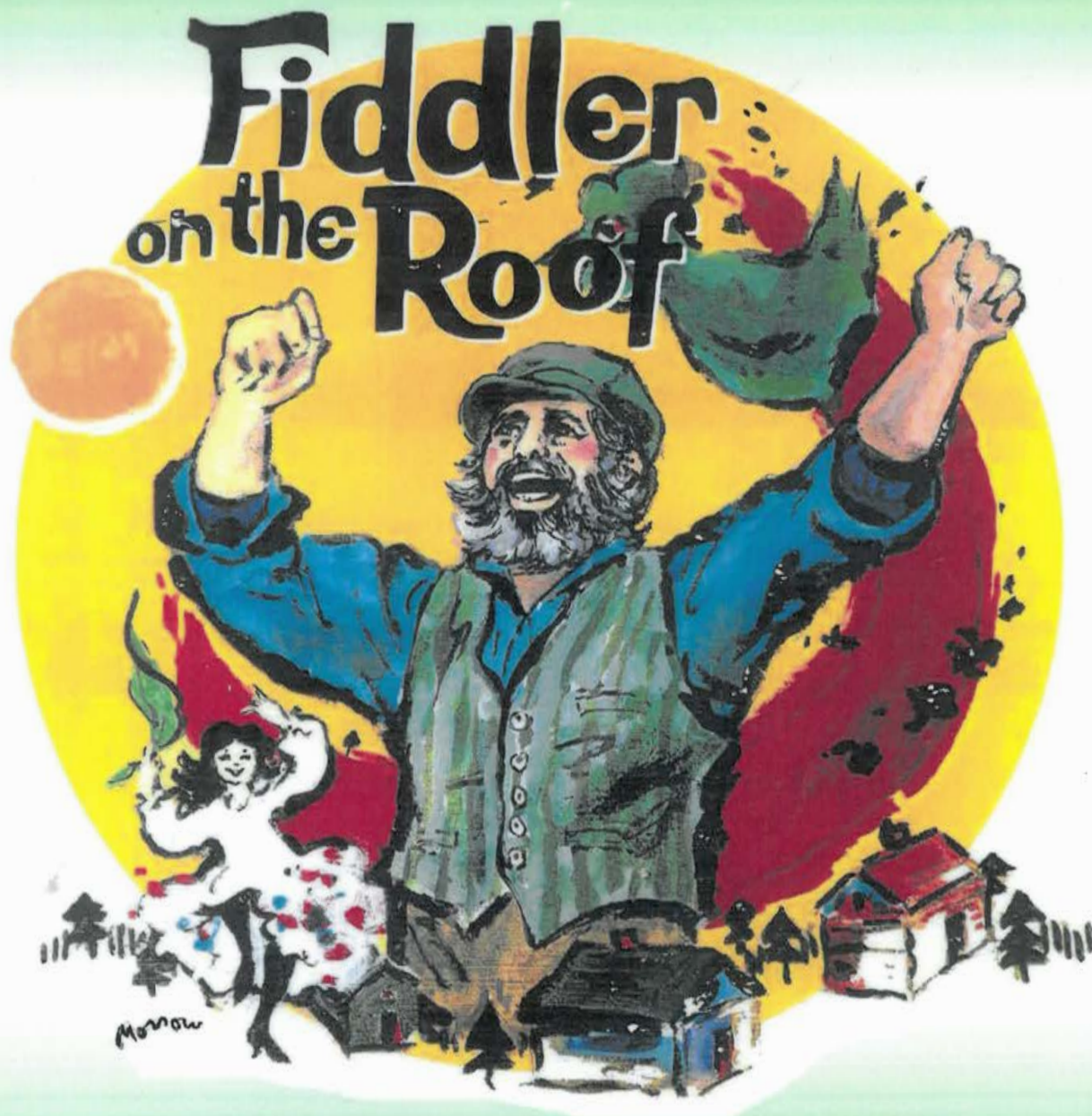
Year 9 – 10: Junior Parent-Teacher-Student interviews will be held during the second to last week of this term and the links to the bookings will be sent closer to the date.

Damien Hollands
Deputy Principal



Karamu High School

presents



Thursday 1 July & Friday 2 July at 7pm

Matinee Saturday 3 July at 1pm

June Clark Centre, Karamu High School

Tickets available at KHS office. Students \$7 | Adults \$15

Based on Sholem Aleichem stories by special permission of Arnold Perl

Book by Joseph Stein | Music by Jerry Bock | Lyrics by Sheldon Harnick

Produced on the New York Stage by Harold Prince | Original New York Stage Production Directed and Choreographed by Jerome Robbins

Directed by Carol Della Barca

Licensed exclusively by Music Theatre International (Australasia) | All performance materials supplied by Hal Leonard Australia

TIRA ORA

'Tira Ora' is the name given to the branchlet of the Karamu tree, so an ideal name for branchlets or students of Karamu. Here we share the journey of one of our Tira Ora

Leah Panapa (Attended 1981 - 1984)

Leah Panapa is one of New Zealand's most known broadcasters having been in the profession for 30 years. She worked for radio stations in Hastings, Taupo and Auckland, at 93Fm, KisFM, 89X, Radio Hauraki, Radio Pacific, MoreFM, The Rock, The Sound, Radio Live and Magic Talk.

The last two years she has hosted her own talkback show in the evenings, 7:00pm -1:00pm on Magic Talk. Her latest move will see her joined by TV/radio broadcaster Danny Watson, when the two will host the Afternoon Show 12:00noon - 4:00pm.

She recalls always loving radio for as long as she can remember. In fact sometimes riding her horse after school with one hand holding a transistor radio to her ear as to not miss her favourite show! She still loves her job for the fact it involves not only loving music but also talking to people. People want to ring her to share their lives and thoughts; sometimes it is a fun story, sometimes it can be heart-breaking, but she sees herself in a very privileged position and doesn't take it lightly.

Knowing attend broadcasting school upon finishing school may not be an option, as her mother was bringing up three girls on her own, she followed her mothers advice of 'if you want something bad enough, you will find a way to get it'. So Leah went to the local radio station one day in school uniform (reflecting "*looking back, what a sight I must have been sitting at reception*") and spoke to someone about 'her dream'.

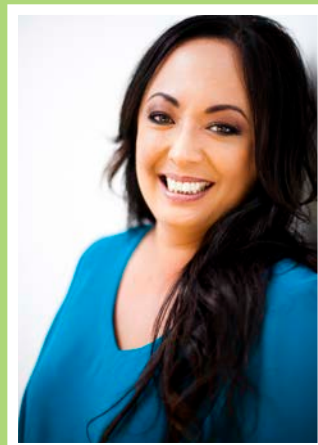
Leah recalls "*The man who took the time to speak to me was the programme director, and I will always be grateful to him as I was offered a part-time job after school where I along with a few others, would ring people in the evenings from the radio station and ask a myriad of questions about what stations they listen to, at what time of the day etc., but when the others went home I asked the night announcer if I could sit in with him and watch... and learn. He too changed my life. After a few months it was Christmas break and the station manager needed announcers to fill in, he'd heard I was sitting in with the night jock and learning, so I got a call asking if I wanted to fill in on a show! It was in the weekend and in the wee hours of the morning, but it was a show! I was 17 years old*". As they say the rest is history. She has since won 14 New Zealand Radio Awards.

This was the beginning of a long career for Leah that has not only included radio. Leah has also been involved in journalism, PR, and as MC for events. She hosted a television show on Maori TV, been the voice on many commercials and many of us may remember her as the Gladwrap infomercial queen.

Leah shares that "if you have an interest in something, something that may seem impossible on the face of it to achieve, don't give up! Don't think it comes easy, you have to work hard, everything is 'instant' nowadays but anything worth doing takes time. And remember don't fear failure, it is the courage to continue that counts".

When Leah is not involved in work or promotional events she enjoys taking her two big dogs for bush and beach walks, tries to get to the gym regularly catching up with friends and enjoy the many fine restaurants and bars Auckland offers.

#ProudlyKaramu.



In this issue of Karamu Korero we showcase Karamu's third year, the Year 1964

1964

Principal:

Mr N Wilde

First Assistant:

Mr R W S Fargher

Senior Mistress:

Miss G K I Harris

Hastings High School Board of Governors:

Mr N B Fippard

School Roll:

Over 560

Staff:

27

General Excellence Recipient :

Stephanie Frizzell

First Prefects:

Girls: Sandra Longworth; Shona Thompson; Stephanie Frizzell; Margaret Frykberg; Karen Cooper; Penny Beaven; Heather Morris

Boys: Michael Johnson; William Thompson; Raumoa Ormsby; Mack Thompson; David Black

School

Buildings & Grounds:

- Additional Specialist rooms added to Tech Block
- A second two storey block (C Block) started, which completed the original plan, designed for a roll of 900 (34 classrooms)
- 4 more concrete Netball (Basketball) & Tennis courts are under construction
- More planting of trees & shrubs (now over 200)

Students:

- First School Certificate candidates
- Daily singing at Assembly introduced
- Over 2500 books in the Library
- School Council formed with Prefects plus 1 member from each form
- 3rd & 4th Form Speech competitions
- Annual Display of student work for parents at the end of year

Co-Curricular

- Māori Club established included staff, senior students & Māori elders
- Debating and Record Listening Clubs
- School Productions: 3 One Act Plays – “Lady Precious Stream”; “The Ugly Duckling”; “Resistance”
- Orchestra is made of students from the 3 schools – Karamu, Boys High & Girls' High
- Annual School Concert becomes a school tradition
- 16 Netball (Basketball) teams, 2 of the teams catering for ex students
- Rugby (28 players) means competition for a place in the team
- Two Soccer teams plus Cricket, Tennis, boys & girls Hockey

What was happening in Hastings...

- J Wattie Canneries built a Zero store in King St South
- Hastings named “The Fruit Bowl of NZ”



POLICY REVIEW

We seek your feedback on the "Reporting to Parents" policy. Please follow these instructions to give feedback:

1. Visit the website <https://karamu.schooldocs.co.nz/1893.htm>
2. Enter the username (karamu) and password (knowledge).
3. Follow the link to the relevant policy as listed.
4. Read the policy.
5. Click the Policy Review button at the top right-hand corner of the page.
6. Select the reviewer type "Parent".
7. Enter your name (optional).
8. Submit your ratings and comments.

ANZAC SERVICE

On Sunday 25 April we were very proud to serve the school and community by attending the Hastings Dawn Service.

Fifteen Year 13 leaders and the Senior Leadership Team met at 5:00am to fall in for the service. Many schools were in attendance but our large group proudly sang the national anthems and supported Keelan and Paige as they laid a wreath in honour of those before us that have served our school, community and country.

Later on in the day Ethin Templeton proudly represented the school by speaking at the Napier ANZAC service. He delivered his winning RSA Speech Competition speech to a receptive crowd and once again laid a wreath on behalf of the school.



STUDENT SUCCESS

At Karamu High School we celebrate student successes and now have an online method to capture this information whether it be in the sporting domain, on the cultural stage or in the academic arena.

On the Karamu High School website under each of the Academic, Cultural and Sporting sections, click on the StAR tab and a link will be there that takes you to a form for completion. Please encourage your child to share their successes with us.

These successes will be acknowledged at school assemblies and/or end of year prize giving's. The link is also listed below:

[Student Achievement Recognition Form](#)



Year 9 Scholarships

It gives us great pleasure to announce the Year 9 Scholarship recipients, announced in assembly on Monday 3 May:

Sports

- Balin Casson
- George Hunt
- Holly Bruce

Academic

- Liam Rolls
- Nina Paljk

Performing Arts

- Jemma Crockett
- Maia Williams



Back: Balin Casson, Holly Bruce, Maia Williams (Ngāti Kahungunu), Jemma Crockett, George Hunt.
Front: Liam Rolls, Nina Paljk

We look forward to following the progress and success of these students in their chosen fields.

Halberg Games

Congratulations to Joesph Curry (Year 11) who represented Hawke's Bay at the Halberg Games in Auckland in the holidays.

The Halberg Games is a three day, national sports competition open to 8 - 21 year olds with a physical or visual impairment. It is a wonderful opportunity for rangatahi to represent their region, compete, pursue further sporting goals, try new sports, make new friends and have fun!

We are so proud to share he gained the following results:

- 1st Shotput
- 2nd 50m
- 2nd 100m
- 3rd 200m



STUDENT SUCCESS

Speech and Drama

Speech Extension 2021

Five of our students completed Speech New Zealand exams last Monday 17 May. Congratulations to the following students:

Keelan Heesterman - Communication and Leadership - Honours Plus

Esta Chaplin, Calais Byrne (Ngāti Kahungunu) and Tyler Heesterman - Grade 7 Flexi Speaking and Performing - Honours

Pashence Aranui- Schneider (Ngāti Kahungunu, Ngāti Raukawa) - Grade 7 Flexi Speaking and Performing - Merit Plus

Melodrama Level 1

The Level 1 students had a great deal of fun performing their melodramas on Tuesday 18 May.



Theatre Workshop

Sam Scott, the Artistic Director of the Massive theatre company, ran a devising workshop for the Level 1 - 3 drama students on Tuesday 25 May.

The students worked co-operatively and enthusiastically all day. They were challenged to think outside of their comfort zones both physically and creatively. They now have the tools to devise theatre in the Massive way. We look forward to their devised dramas.



STUDENT SUCCESS

Robotics - Deep Racer

Recently a team of students attended a robotics event at EIT that used a cloud based 3D racing simulator.

They first had to attend a workshop to learn the fundamentals of the software. They then had to use the software to 'train' the fully autonomous 1/18th scale race car to compete in the racing league using reinforcement learning. They trained it in a virtual environment first then uploaded the AI to the physical car. The team told the AI (artificial intelligence) to stick to the middle. The more it stuck to the middle the more points it got. If it went off the track it lost points.

There were seven teams of students from other schools and EIT. We entered two teams who placed 1st and 2nd in this competition.

The winning team of budding software developers was made up of: Keegan Russell, Kade Lindsay and Jiale Zhou and the runners up were: Mary-Jane Richards (Ngāti Kahungunu, Ngāti Porou), Seamus McCann and Camden Bruce.



Netball

Congratulations to Hannah Hibbert (U16 Black) and Dante Taylor (U16 White) for selection into Hawke's Bay Netball representative sides.

Both ladies are part of the Karamu Senior A team that have had two great wins to start the Hawke's Bay Netball Secondary School Super 12 Competition, over Woodford House and Central Hawke's Bay College. It is also fantastic to see Kamau de Thierry umpiring at this level. With nine other teams playing down at the Mitre 10 Sports Park on a Saturday morning the future of netball looks good at Karamu.

East Coast North Island Cross Country Relay

On Monday May 17, Karamu High competed in the ECNI Cross Country relays at Anderson Park, Havelock North. This annual event has teams of four students running the same 2.2km course as a relay and we entered teams in three grades - Senior Boys, Junior Boys and Junior Girls.

It was a fine day with good running conditions and some fast times were recorded. The fastest time from our boys was Year 13 Pierson Clement (7.36) and Year 9 Holly Bruce (9.51) for the girls. Special congratulations to our Junior Boys team of Tim Liu, Kaedyn Beazley, Henry Cox and Jamie Edwards who made the podium in 3rd place.



STUDENT SUCCESS

Athletics

Nikita Steffert (Year 12) attended the North Island Secondary School's Track and Field Championships held in Hamilton in the April school holidays as part of the East Coast North Island Secondary School Team. In her lead event, pole vault, she finished in third place in the Intermediate Girls with a personal best of 2.60m and in high jump, while she didn't place, she competed with distinction with a personal best of 1.50m.

Noho Marae

On the evening of Friday 21 May 9KMA had the opportunity to be involved in a Noho Marae around their Science learning.

The class is learning about Heat Transfer and the Noho Marae was a good chance for the students to learn this Science concept in the uniquely New Zealand context, outside of the classroom, of a hangi. The preparation and laying of a hangi and the history of the whare was covered over the evening. The students spent the evening at the Whare and as well as developing their Science practical skills, they were able to also practice some Key Competencies such as cooperation, collaboration and self management.

The positive responses from the families of the students when they were served their hangi, were a testament to the hard work and effort the students had put in at the preparation stage. We look forward to trialling this concept again with other Year 9 classes with in different learning areas.



KAPA HAKA

Ngā Manu o Te Rau Karamu Kapa Haka Roopu performed Friday 14 May at Te Haaro o Te Kaahu Kapa Haka Regionals.

This years campaign was based on whānaungatanga, manaakitanga and making all different connections to Te Ao Māori.

We were very fortunate to have a core group of junior students this year. Having this core group puts us in good stead for the future. Our Roopu were well lead by our Year 13 students Myrakyll Keelan-Heke and Cherish Maui, Ngā mihi kia korua.

Also big mihi to this years Ngā Manu o Te Rau Karamu Kapa Haka Tutors, Kōkā Pī, Matua Elijah and Kōkā Shar.



YEAR 13 CABARET



YEAR 13 CABARET



IF YOU HAVE CONCERNS

If you are a student and you have a concern

If your concern is about	You should first see	If not resolved, then	And is still not resolved
Your learning , eg. classwork and assessment	Your teacher	Your dean	Ms Gunn, Deputy Principal Curriculum & Assessment
A discipline problem , eg. a detention	The teacher who gave you the detention	Your dean	Mr Wooster Deputy Principal Student Management
A pastoral issue , eg. bullying, attendance	Your form teacher	Your dean	Mr Wooster or Mr Rolls the Guidance Counsellor

If you are a parent and you have a concern

If your concern is about	You should first see	If not resolved, then	And is still not resolved
A learning problem , eg. classwork and assessment	The dean	Ms Gunn, Deputy Principal Curriculum & Assessment	Mrs Thomas Principal
A discipline problem , eg. a detention	The dean	Mr Wooster Deputy Principal Student Management	
A pastoral issue , eg. bullying, attendance	The dean	Mr Wooster or Mr Rolls the Guidance Counsellor	
A financial issue relating to any account or charge	Either Mrs Gray or Ms Radley in the office	Mrs Hantler Principal's PA	

YEAR LEVEL DEANS 2021

At Karamu High School, our year level deans play an important role in the pastoral care of your child. Our year level deans for 2021 are listed below for your information. Please email your child's dean or phone 878 7139 and leave a message, if you wish to contact them.

Year 9 Deans



Tash Crawford
tcrawford@karamu.school.nz

Year 10 Deans



Emma Wiggins
ewiggins@karamu.school.nz
Acting Dean for Term 2

Year 11 Deans



Kirsty Christian
kchristian@karamu.school.nz

Year 12 Deans



Stacey Cornelius
scornelius@karamu.school.nz

Year 13 Deans



Jasmine Primmer
jprimmer@karamu.school.nz



Kane Nepe Apatu
knepeapatu@karamu.school.nz



Byron Crawford
bcrawford@karamu.school.nz



Colin Rafferty
crafferty@karamu.school.nz



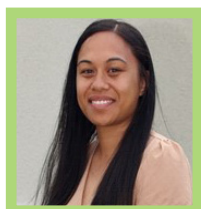
Tom Blake
tblake@karamu.school.nz



Justin Kite
jkite@karamu.school.nz

MAORI MENTORS

Year 9



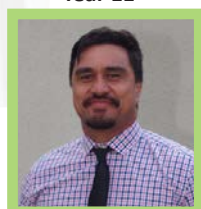
Seidah Tuaoi
stuaioi@karamu.school.nz

Year 10



Ashley Blake
ablake@karamu.school.nz

Year 11



Elijah Martin
emartin@karamu.school.nz

Year 12



Karen Beaumont
karenbeaumont@karamu.school.nz