



Uniform Shop Hours

Wednesdays

1:20 – 2:00pm

3:00– 4:00pm

Dates to Remember

31 August - 4 September

Tournament Week

Monday 7 September

Arts Evening

Tuesday 8 September

Form Class Photos

Wednesday 9 September

Year 11 Business Studies

Market Day

Friday 11 September

Blossom Fiesta

16 -17 September

Music Performance Evenings

21 -22

Coro Notabile Theatre

Showcase

Friday 25 September

End of Term 3

Windsor Avenue
Hastings 4122
New Zealand
Postal address
PO Box 346, Hastings 4156
Phone +64 6 878 7139
admin@karamu.school.nz
www.karamu.school.nz

FULBRIGHT DISTINGUISHED TEACHER

We are very proud to share Maiken Calkoen has been awarded one of the most illustrious teaching honours available in New Zealand. She has been awarded one of the two Fulbright Distinguished Awards in Teaching Programme for New Zealand teachers. The Fulbright Distinguished Awards in Teaching Programme is for highly accomplished New Zealand teachers in primary or secondary schools to participate in a full funded, intensive professional development programme in the United States. Only two awards are granted each year for this programme and what is exceptionally special is both recipients this year are Karamu High School alumni. Maiken is of course currently our Head of Technology but was a student at Karamu from 1990 - 1994 and Joy Kitt (nee Holder) from Palmerston North is the other recipient and was a student from 1978 - 1982.

These awards provide the teachers with a four-month professional development programme based at one of three host United States universities. The programme includes academic coursework, leadership training, instructional technology seminars and opportunities to observe, co-teach, and share their expertise in United States elementary and secondary schools. Maiken is also required to complete an individual project relevant to her teaching and so will research approaches to designing learning programmes which value, develop and support creative thinking and creative practice.



She will be placed in a group of 16 - 20 teachers at one of the three host United States university education faculties, where they provide specialized orientation and seminars ensuring each group has access to a variety of professional development activities. Faculty advisors will also guide Maiken in the refinement and implementation of her projects.

This award is an investment in the individual grantee as well as an investment in education outcomes for the long-term benefit of New Zealand. Upon returning home, grantees are expected to share the knowledge and experience gained on the programme with teachers and students in their home schools, within their communities and in New Zealand.

These awards are generously supported by the New Zealand Ministry of Education. Once again we are #Proudly Karamu.

PROUDLY
KARAMU

PROUDLY
HASTINGS

PROUDLY
LEARNING

PRINCIPAL

Whether it is cultural pursuits, arts or sports, co-curricular activities allow students tremendous opportunities to develop skills that young people do not always have the opportunity to develop in the classroom.

You meet new mates, you learn new skills and you learn new routines. All because you want to.

When I was at school, I played a lot of sport and I performed in a few school shows. So I knew how to win and lose, and I knew how to rehearse for hours and hours until show night. In fact I still play sport, because I enjoy the company of my friends, some whom I have played with for nearly 20 years.

There is a huge difference engaging in or learning something for pleasure as opposed to learning because you have to or because you think you 'need it'. That is the joy of co-curricular activities - you are doing them for pleasure. Therefore, we expect students to be committed, dedicated and reliable to their co-curricular activity. Students are there because they want to be. We are very lucky we have a great group of staff and parents that regularly volunteer their time, energy and expertise to allow our students to enjoy this pleasure. If you are a parent that has volunteered to fulfil this role this year or in the past - a **HUGE** thank you. I have also coached for years and while tremendously satisfying it is also time consuming, frustrating and undervalued at times.

By demonstrating our school value of whanaungatanga, by showing respect, collaboration and positive relationships with team mates and towards the coach and opposition always, we are truly Proudly Karamu. In this newsletter it is our pleasure to share a showcase of some of our co-curricular action and results from the last few weeks.

Tama tu, tama ora
Tama noho, tama mate
Someone who is active is healthy
Someone who is inactive is unwell

Nga mihi
Dionne Thomas
Principal



DEPUTY PRINCIPAL - STUDENT MANAGEMENT

I have listed below some general reminders that will help us all to get through Level 2 and the remainder of Term 3.

- Please be at school by 8:30am except on Wednesday when we start later (9:00am) and ask students to be here by 8:50am
- If your child is not attending school for some reason can you please ring the attendance line on 870 6143 and leave a message or phone the school office on 878 7139
- If you bring a vehicle to school please make sure you have registered this with Mr Hollands
- Our school jacket, scarf and cap are the only extra pieces of uniform to be worn to and from school
- We ask all boys to be clean shaven. All Year 9 - 12 students are to tie back their hair if it is shoulder length or longer
- There should only be one stud/small earring in each ear for all Year 9 - 12 students. No facial piercings at all
- Students are not permitted to leave the school grounds at interval or lunchtime

Wayne Wooster



"If something stands between you and your success, move it. Never be denied."

Dwayne "The Rock" Johnson

ACTING DEPUTY PRINCIPAL - CURRICULUM

Heraclitus, the Greek Philosopher said, "change is the only constant in life" and 2020 has proven this to be true. In response to COVID- 19, a decision was made to hold Benchmark Examinations when students had completed the learning and were ready to be assessed. This means that the examinations are spread out throughout the school year.

Benchmark Examinations hold a dual importance for our students: to gauge next steps as learners, and for 'Emergency Grades'. These can be used as derived grades (needed for unforeseen illness, injury or bereavement in the end of year examination period) or in the event of a natural disaster or as the case may be in 2020 a pandemic that limits our ability to provide a testing centre (ie: earthquake or COVID-19). Unfortunately, several of our candidates needed to apply for this service in 2019 and if the country or region goes back into lockdown the ability for students to sit their NCEA external examinations could be compromised. This highlights the importance of gaining the best Benchmark Examination grades possible. Seniors are therefore encouraged to prepare well for their benchmarks to put themselves in the best possible position should NZQA decide to cancel all NCEA external examinations at the end of the year.

Supporting students at home with study strategies throughout the year, not merely a few days prior to assessments, means preparation becomes a habit. However, studying does not need to be boring, tough or lengthy, in fact it can often be fun using flashcards, pictorials, mindmaps or using funny mnemonics or song lyrics to remember concepts. Caregivers can even help at home by providing the following:

A space for study that is:

- Well lit and quiet
- Free of distractions (such as TV, other family members)
- Designated as the 'study area' ie: not also used for sleeping ie: their bed
- Set up with a desk and a chair
- Encourage 'breaks' in study for exercise, family time, listening to music etc.

Sarah Gunn

DEPUTY PRINCIPAL

Parent-Teacher Interviews – A Great Success Story

We have had a positive and engaging response for the Parent-Teacher interviews. While they moved online at short notice, they were a resounding success with 1349 online interviews completed on the 18 and 20 August.

To be honest there was some trepidation from staff and students alike before the interviews as this system had not been rolled out on such a large scale. However, with the limits of 100 in a public gathering, a teaching staff of 62, plus the hundreds of bookings for each night, the move to online was inevitable and we would like to thank our students, their whanau and the teachers for being flexible and accommodating to have such a quick turnaround.

We will be seeking feedback from participants so we can reach more of our families and streamline the process if we need to use this contact system in the future. Well done everybody.

Building Towards the Level 1 and Level 2 Learning Conferences Term 4

The senior leadership team, Year 11 deans and form teachers are working with students in form times to plan and evaluate their personal progress towards Level 1 and Level 2 NCEA. This started with an honest "stock take" on their progress through analysing their results to date, studying their August report and looking to where they spend their time outside of school in other commitments such as work and sport. This week they are looking to graph their results and reflect on the Parent-Teacher interviews.

This is all leading towards the learning conferences in Term 4 where they will be heading into the end of year exams, making plans for 2021 and reflecting on the past three terms. These conferences will be student-led, and they will be building a portfolio of goals and reflection to help make future plans during these meetings. The meetings will differ from the Parent-Teacher interview in that they will be with the form teacher, and the student is expected to be part of the conference. More information will be sent out closer to the date. In the meantime, please ask your child for a copy of the **Important Dates** flyer to pin up or attach to the fridge at home.

Damien Hollands



*"Before anything else,
preparation is the key to
success"*

Alexander Graham Bell



*"We don't make mistakes,
just happy little accidents."*
Bob Ross

TIRA ORA

Welcome to the Tira Ora section of the newsletter. 'Tira Ora' is the name given to the branchlet of the Karamu tree, so an ideal name for branchlets or students of Karamu. This will also be the name given to the Alumni Association to be formed in the near future. This section will be where news of Karamu alumni will be shared so if you have news of ex-students that you are willing to share please email admin@karamu.school.nz

Anna Bordignon (nee Mills) (Attended 1987 - 1991)

Originally training as a lawyer at Victoria University, Anna Bordignon (nee Mills), now classifies herself as a social entrepreneur.

Being recruited in her second to last year to work for a top New Zealand firm as a Property Lawyer she worked at this firm for 3-4 years, before being recruited to work in a larger international law firm in England, spending four years learning, travelling and experiencing many new things. She then returned to New Zealand to work in the Public Sector as a Chief Legal Advisor, before completing an MBA which built further confidence to step into the entrepreneurial world. Having been influenced on her fathers side, from a line of business people, she felt an entrepreneurial streak was in her blood, but it was her mother's positivity, motivation and kindness that taught her to be an eternal optimist and always give things a go.

This saw Anna became one of the first to consider and market alternative plastic free everyday products with an ethical outlook. Founding an eco-social enterprise company called **Munch Cupboard Limited** in 2014 and now under this company runs two brands: **Munch Cupboard** – ethical eco essentials - empowering families to change the world and helping parents raise eco warriors; and **nil products** - transforming your everyday world into an ethical world. **Munch** now has 68 products and exports to Australia, the UK, USA, Denmark and Canada. The idea behind Munch was not a sudden bolt of an idea. Anna says it was very fluid, starting with writing a cookbook to a blog, then realizing people were interested in what they had to say and noticed that no one was really offering alternative products to plastic.



Munch prides itself on all products being eco-friendly in some way, from being reusable, organic to biodegradable. All ingredients and products are sourced from ethical communities. And they are also strong supporters of the living wage for all. All parts of Munch have a strong home workforce of over 40 women. Anna states that "I love that I am providing work to those that are most vulnerable in our society.

"I am a strong believer that everyone is entitled to work and be part of the financial world which enables you to provide and have a healthy life. We just need to find new ways to incorporate people, which might mean flexible hours, different places of work or other ways to make working accessible".

In 2014 Munch won the Best Kids Cookbook at the 2014 International Gourmand Cookbook Awards and in 2016 the 'Best Eco-Friendly Company' at Australia's largest Health Trade Show. Munch was also handpicked to attend the Emmys, where the products were part of the celebrity gift bags.

In 2018 Anna was one of twenty EY Entrepreneurial Winning Women of NZ and in late 2018 Munch was a finalist in the NZ Sustainability Awards for the category 'Hard wired for social change'. They were also invited to meet the Governor General as a recognition for their sustainable business contribution to New Zealand.

Most recently Anna was nominated as a Finalist in the NZ Women of Influence at the end of 2019. #ProudlyKaramu

TIRA ORA

Meka Whaitiri (Attended 1978 - 1982)

Tēnā Koutou, Ko Meka Whaitiri tōku ingoa. He uri tēnei nō Ngāti Kahungunu me ngā iwi o Te Tairāwhiti. Ko au te Mema Pāremata mō Ikaroa-Rāwhiti.

(Hi my name is Meka Whaitiri I am from the Gisborne, and Hawke's Bay area. I am also the Member of Parliament for the Ikaroa-Rāwhiti electorate.)

Born and raised in Manutuke, Gisborne and educated in Hastings Meka Whaitiri was Head Girl at Karamu High School in 1982, representing the voices of her peers. She also played netball and softball at a national level. During her University years at Victoria University in Wellington, Meka also worked at Whakatu freezing works, before graduating with a Master's in Education.

Her passion for Māori governance grew from her sound knowledge of how government and Parliament work. Meka was the Deputy Secretary in the Department of Labour, and Senior Adviser to the Minister of Māori Affairs, the late Hon Parekura Horomia. She has held pivotal roles in both Rongowhakaata and Ngāti Kahungunu iwi. Meka's two sons are the backbone to the mahi that she does.

Her whānau and supporters have supported her through her journey as a politician. Meka's goal is to support and advocate for the people of Ikaroa-Rāwhiti. *"My goal is to ensure Māori have the chance to own their own businesses, be their own bosses, employ whānau and receive a sustainable income".*



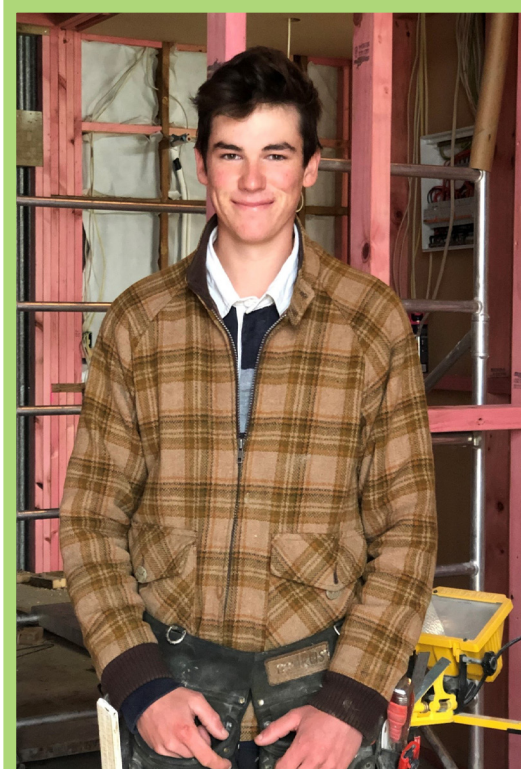
Together we can do this: Ko Tātou Ko Ikaroa-Rāwhiti" – Meka Whaitiri MP for Ikaroa-Rāwhiti.

GATEWAY SUCCESS

James Morley attended Karamu from 2017 - 2018 and was a gateway student in 2018 working alongside builder, Seth Palmer (Palmer Builders) learning about the construction trade.

In 2019 James attended the EIT Trades Training Programme. During the course James again worked for Seth Palmer on his work experience days. At the end of the EIT course when James had passed, Seth offered James an apprenticeship.

James has been working for Palmer Builders since the beginning of 2020 and is learning and loving every day on the job.



HEALTH UPDATE

FREE DENTAL CARE

Did you know it is free for young people up to the age of 18 years to receive dental care?

If you are not enrolled at a dental practice, please come, and see Fran, the school nurse, who can give information or help you get enrolled. We are also able to assist with transport to and from dental appointments during school time.

The nurse clinic is based in the Careers Centre, pop in at lunch time or interval if you want information.

COVID-19

Just a reminder if you have any of these symptoms please stay home:

- a cough
- a high temperature of at least 38°C
- shortness of breath
- sore throat
- sneezing and runny nose
- temporary loss of smell

These symptoms do not necessarily mean you have COVID-19 as the symptoms are like other illnesses that are much more common, such as cold and flu, however, if unsure please call Healthline for free on 0800 358 5453 or contact your GP.

HEALTH MESSAGE:

We would like to take this opportunity to provide a timely reminder about the importance of handwashing. This simple practice carried out correctly plays a big part in minimizing the risk of spreading viruses and bacteria.

Steps for clean hands

1. Wet your hands under clean running water. Use warm water if available
2. Put soap on your hands and wash for 20 seconds. Liquid soap is best
3. Rub hands together until the soap makes bubbles
4. Rub on both sides of both hands.....
5. and in between fingers and thumbs.....
6. and round and round both hands
7. Rinse all the soap off under clean running water. Use warm water if available
8. Dry your hands all over for 20 seconds. Using a paper towel is best (or, if at home, a clean dry towel)
9. 'Wash hands for 20 seconds. Dry hands for 20 seconds'

Basic hygiene measures are the most important way to stop the spread of infections, including the 2020 novel coronavirus (COVID-19).

Basic hygiene measures include:

- hand hygiene – that is, washing hands regularly with soap and water, or cleansing with hand sanitiser
- staying at home if you are sick
- coughing or sneezing into a tissue or your elbow and then performing hand hygiene
- cleaning surfaces regularly.

VISUAL ARTS ACHIEVEMENTS

The Hawke's Bay Level 2 Art Exhibition saw another great year and variety of Karamu High School art students enter their work to exhibit alongside other Hastings and Havelock North schools.

Congratulations to Kendra Coombe for being awarded the best Sculpture in show with 'Natures seat', a timber, plaster and succulent chair. And to Xavier Te Tonga for being awarded the best Print in show with 'Sting-a-rangi', a wood and lino print.



Kendra Coombe



Xavier Te Tonga

Sara Renall's entry for the Massey University & Weta Workshop Earth Guardians Character Design Competition was selected for the Weta Workshop Rising Stars Highly Commended Awards.

Sara's character is called Amanita Eryngii. Amanita Eryngii is a peaceful creature that roams forests and caves that is formed by many different species of fungi cohabiting the same area and combining into one living system.



Sara Renall

CO-CURRICULAR HAPPENINGS.....

Music

This term allowed the first major performance opportunity for co-curricular music at our open night where we featured Coro Notabile (auditioned choir) as the opening act in the June Clark Centre and our junior rock band (Chase Baker, Robert Sayer, Cameron Trass and Conner Carmichael) playing on the circle.

With a difficult start to the year, because of the global pandemic, we have not had as many performance opportunities at this point in the year, although the rehearsal and preparation has still been ongoing. We are looking forward to a very busy performance programme for the remainder of the year.

Many of the members of Coro Notabile, who are also senior music students, were able to attend the performance of Mascagni's *Cavalleria Rusticana & Pagliacci* Opera staged by Project Prima Volta as part of the Art Deco Festival held in Napier earlier this year. This was a wonderful event to introduce our students to this form of classical music (Photo).

We are working hard toward the presentation of our Performing Arts Evening which is planned for late September. This will be an exciting evening where we celebrate all the Performing Arts activities which occur within the school and showcase the wonderful abundance of talent that we have here at Karamu.

Karamu Chorus is preparing an exciting presentation of a world-renowned musical theatre excerpt which will include singing, dancing and acting. The 40 students involved in this group will be sure to impress.

Small chamber music groups will have the opportunity to perform at one of our upcoming community performances, the first of which will be at the Havelock North Music Society concert on 2 September. This performance will also feature several of our classical senior soloists.



CO-CURRICULAR HAPPENINGS.....

Dance

Dance NZ Made Regionals 2020. A group of five Year 13 students choreographed a jazz dance titled 'physical' and entered the regional competition for Dance NZ Made 2020. The students were Erika Balestie Diaz, Amy Griffin, Jamie Hollway, Thea Morton, & Sarah Weaver.

On Monday 3 August the team took part in dance workshops alongside other competitors and then performed and competed in the evening show. With a combined score of 197 out of 200 the team were awarded second place in the seniors category, as well as second overall.

The team are now preparing for the National competition which will be held in Palmerston North in September.



Thea Morton, Jamie Hollway, Sarah Weaver, Erika Balestie Diaz and Amy Griffin

Speech

On Monday 10 August a small group of Karamu students sat their New Zealand Speech Board examination at St Columba's Church in Havelock North.

Congratulations to the following students:

Public Speaking

Thea Morton

Grade 8 Module 1 Merit

Sophie Jones

ASB Performance Module 2 Distinction

ASB Performance Module 3 Distinction

Jessica Shoemark

ASB Performance Module 1 Distinction

ASB Performance Module 3 Merit

Ethin Templeton

Grade 7 Module 1 Honours plus

ASB Performance Module 2 Distinction

Speech and Drama

Brooke Hemmings

Grade 8 Module 3 Communication (Honours Plus)

Esta Chaplin

Grade 5 Module 2 Honours



Helping our Nation to communicate

CO-CURRICULAR HAPPENINGS.....

Sports

Over the years we have noticed how tough it is keeping sport in the lives of our students. With the disruption of summer sport and the unsurety of winter sport kicking off, add in student NCEA demands, work and home life responsibilities, peer pressures and other social interactions.

We would like to take this opportunity to give out a huge mihi (thanks), to all our loyal coaches and managers firstly for volunteering your precious time and for the commitment you all show when helping develop the love of sport amongst our students. We also know that parents too are finding that their support time is limited with all the increased parental demands and expectations. Again, thank you to those who manage to find the time to support. We always look forward to seeing and hearing you all cheering the students on, when on the sidelines.

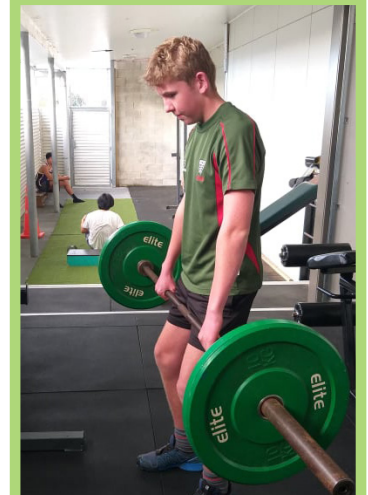
After lockdown we set our sights on students signing up in anticipation. We were overwhelmed by the amount of students that put their hand up and wanted to get stuck in and give it a go.

The number of sports being played and the number of students playing this winter has been nothing but outstanding. It is also great to see the Karamu colours being represented around the Hawke's Bay district. The students are proud to be representing Karamu and are just as proud to be representing Hastings.

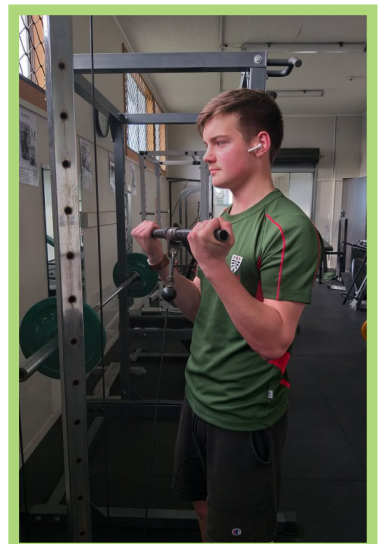
We have a great spread in; Badminton, Basketball, Canoe Polo, Chess, Clay Target, Cross Country, Equestrian, Football, Hockey, Netball, Orienteering, Rugby, Weights. With close to 50% of the school actively involved this term.

In closing, well done to all the students participating in their chosen passion. Keep up the great mahi, we are very proud of you all.

Meg Lindsay and Flynn Mercer
Karamu Sports Leaders



CO-CURRICULAR HAPPENINGS.....



IF YOU HAVE CONCERNS

If you are a student and you have a concern

| If your concern is about | You should first see | If not resolved, then | And is still not resolved |
|---|--|-----------------------------|--|
| Your learning , eg. classwork and assessment | Your teacher | Your dean | Ms Gunn, Acting Deputy Principal Curriculum & Assessment |
| A discipline problem , eg. a detention | The teacher who gave you the detention | Your dean | Mr Wooster Deputy Principal Student Management |
| A pastoral issue , eg. bullying, attendance | Your form teacher | Your dean | Mr Wooster or Mr Rolls the Guidance Counsellor |

If you are a parent and you have a concern

| If your concern is about | You should first see | If not resolved, then | And is still not resolved |
|--|--|--|---------------------------------|
| A learning problem , eg. classwork and assessment | The dean | Ms Gunn, Acting Deputy Principal Curriculum & Assessment | Mrs Thomas Principal |
| A discipline problem , eg. a detention | The dean | Mr Wooster Deputy Principal Student Management | |
| A pastoral issue , eg. bullying, attendance | The dean | Mr Wooster or Mr Rolls the Guidance Counsellor | |
| A financial issue relating to any account or charge | Either Mrs Gray or Ms Radley in the office | Mrs Hantler Principal's PA | |

YEAR LEVEL DEANS 2020

At Karamu High School, our year level deans play an important role in the pastoral care of your sons and daughters. Our year level deans for 2020 are listed below for your information. Please email your son or daughter's dean or phone 878 7139 and leave a message, if you wish to contact them.

Year 9 Deans



Tash Crawford
tcrawford@karamu.school.nz

Year 10 Deans



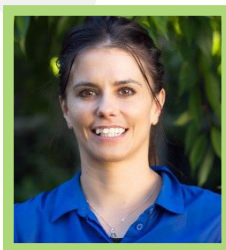
Kirsty Christian
kchristian@karamu.school.nz
(Acting Term 3)

Year 11 Deans



Stacey Cornelius
scornelius@karamu.school.nz

Year 12 Deans



Jasmine Primmer
jprimmer@karamu.school.nz

Year 13 Deans



Tracy Taylor
ttaylor@karamu.school.nz



Kane Nepe Apatu
knepeapatu@karamu.school.nz



Byron Crawford
bcrawford@karamu.school.nz



Tom Blake
tblake@karamu.school.nz



Justin Kite
jkite@karamu.school.nz



Colin Rafferty
crafferty@karamu.school.nz