



Uniform Shop Hours

Wednesdays

1:20 - 2:00pm

3:00– 4:00pm

Dates to Remember

Tuesday 31 March

Whanau Hui

Tuesday 7 April

Summer Sports Photos

Thursday 9 April

End of Term 1

Tuesday 28 April

Start of Term 2

Windsor Avenue
Hastings 4122
New Zealand
Postal address
PO Box 346, Hastings 4156
Phone +64 6 878 7139
admin@karamu.school.nz
www.karamu.school.nz

CHAMPIONS! REPRESENTATIVES! WINNERS!

These six weeks have been ones of celebration across a variety of areas.

Athletics: A buoyant team of over 30 competed at the ECNI event and champions reigned in the following events:

- Int Girls Shotput: Harmony Kautai
- Int Girls 4 x100 Relay: Keisha Eagan (Ngāti Porou), Harmony Kautai, Hannah Hibbert, Maddison Hughes
- Senior Boys Discus: Andre Carter

Canoe Sprint: Hayley Austin proved her first outing at national level was justified with four medals at New Zealand Canoe Sprint Championships. This was Hayley's first time at the Nationals competing in the novice women grade, she gained Silver in the K1 100, K1 200 and in the K1 500; and a Bronze in the K4 500.

Canoe Polo: Our proud history of success on the water continued with our Senior A Boys being runners-up at the Hawke's Bay Regionals and the Senior A Girls Champions winning 8-3 over Havelock North High School.

Debating: Not only did we host over 25 teams for the Hawke's Bay/Poverty Bay Regional Competition but our senior team of Jessica Shoemark, Romona Wainohu, Tiana Edwards and Jamie Hollway won the event. Two team members were named in the Hawke's Bay/Poverty Bay team for nationals, Thea Morton as a team member and Jessica Shoemark as first reserve.

Equestrian: Kate Browning was a member of the winning National Under 17 Mounted Games Team at Horse of the Year and Brie Kersel has made the New Zealand Youth Show Jumping side to compete in the Netherlands.

Flag Football: Cameron Orr has been selected in the New Zealand High Performance Squad and will attend a high-performance camp as a developing young player.

Ki-o-rahi: Our team won the Hawke's Bay Regionals qualifying to head to Waitangi for Nationals in April. Lead by Cherish Maui and Cruiz Tangen-Wainohu (Ngāti Kahungunu) they have been training hard and are aiming for a top five placing

Rugby 7's: At the Hawke's Bay Secondary School 7's tournament held in Waipukurau our boys team took out the Co-ed grade with an unbeaten run. This tournament is the qualifier for the National Condors 7's tournament held at the end of the year.

Speech: Keelan Heestermann was awarded the National Grade 8 NZ Speech Board Scholarship.

Touch: Zac Brooker, Reiley Bartlett (Ngāti Kahungunu) & Briah McGrail-Timms seriously punched above their ages by being named in the Hawke's Bay Open Men's & Women's teams to compete at National tournament in the first weekend in March. Zac was especially proud to end up 8th out of the 16 provinces, an awesome result and good learning experience for such a small province filled with young players.



PROUDLY
K A R A M U

PROUDLY
H A S T I N G S

PROUDLY
L E A R N I N G

PRINCIPAL

An abundance of activities has seen this term go at a hectic pace, with a huge amount going on both inside and outside of the classroom.

At the end of February, we celebrated those students that achieved academic success in 2019 in the form of NCEA level and course endorsements. We would like to however, take the opportunity to report the academic success of all our students to our whanau and the wider community. In most cases Karamu High School has once again performed above, and in many cases well above, both the National averages and Decile 4-7 schools averages at all levels.

We appreciate Level 3 is slightly below National and Decile 4-7 but this was a small cohort and several students successfully left early to take up apprenticeships or enrol in Level 4/5 courses at EIT in July (leaving students are included in the statistics if they are at school for 70 or more days).

NCEA Level endorsements (achieving 50 or more credits at Merit or Excellence) have remained reasonably consistent over the past three years, with approximately 35% of students across all year levels receiving an Endorsement.

Analysis of these results are ongoing and we as a staff continue to look at ways to progress the achievement of our students to enable them to be confident, connected, lifelong learners. We are particularly pleased with an improvement in NCEA Level 2 and Level 3 from 2018 and Level 1 students performed above their predicted targets. We look forward to students continued success in the year ahead.

With summer sports in full swing I would like to thank all the staff, parents and students involved. There have been several outstanding performances in Athletics, Cricket, Tennis, Canoe Polo, Kī-o-rahi, Softball, and Touch Rugby. A big congratulations to you all in the way you have represented Karamu proudly. It is with excitement we have Canoe Polo, Volleyball and Kī-o-rahi heading off to Nationals in April. I look forward to reporting their success in both effort and results.

In this edition we would like to acknowledge and celebrate our student leaders for 2020. This group of outstanding students have repeatedly demonstrated the attributes and qualities of leadership that make them valuable members of the Karamu and wider Hastings community. They epitomize our school values and what it means to be Proudly Karamu. Our leaders are courageous in their leadership and learning, continuing their journeys ahead for another exceptional year at school.

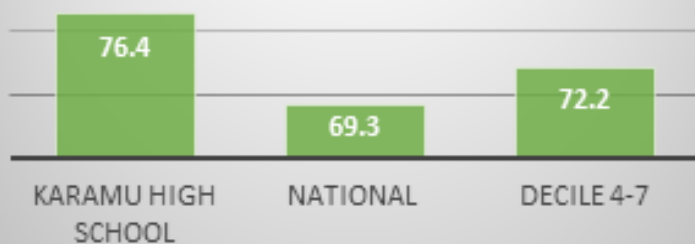
Parent and whanau engagement are a vital component in the development of our students. Over this fortnight we will have held Year 9, 11 and 12 parent evenings. Thank you to all those who attended, it is always great to have your support and feedback in ensuring the best outcomes for our students. The partnership that we can have together is what makes your child's learning journey special.

Athletics and Swimming sports were fun and active days enjoyed by all those that attended, and I congratulate Tukituki on the winning double. These are big days for staff and students alike, but I love the energy and spirit displayed – I hope you get a sense of this through the photos included in this edition.

Nga mihi nui
Dionne Thomas



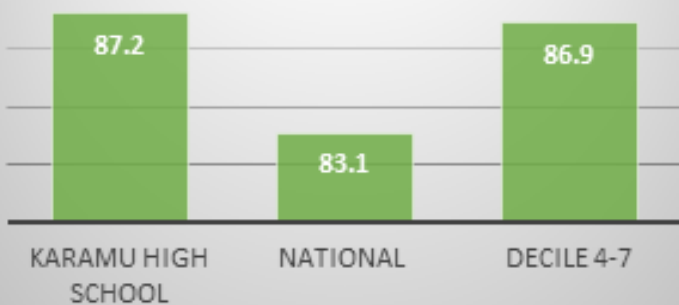
Level 1 NCEA



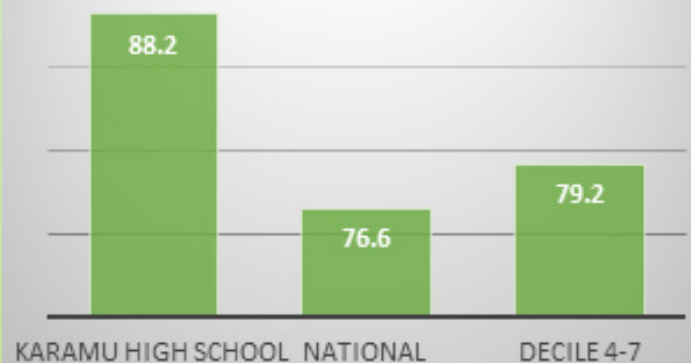
Level 1 Literacy



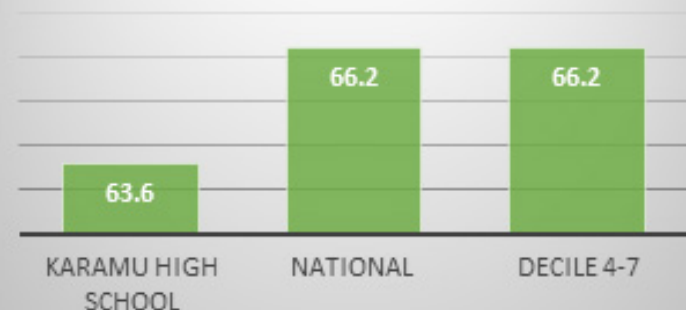
Level 1 Numeracy



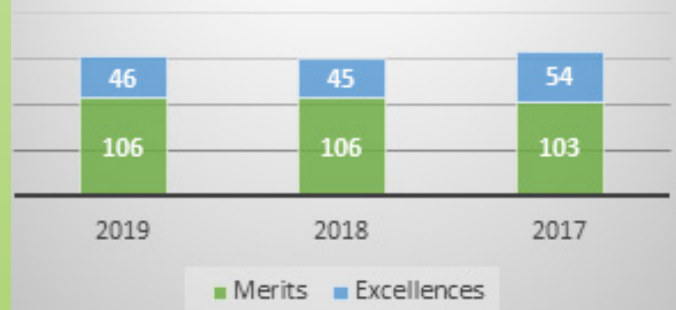
Level 2 NCEA



Level 3 NCEA



Endorsements



HEALTH NEWS

Karamu is part of the School Based Health Service (SBHS). This initiative is funded by the government and provides free health care for students in several secondary schools in Hawke's Bay.

We are Fran Bayley and Pip Feierabend Registered Nurses (RN) employed as Public Health Nurses (PHN's) by the Hawke's Bay District Health Board (HBDHB). We work at Karamu Monday to Friday during term time.

We have extensive experience working with children and adolescents in school and community settings. We collaborate with parents, teachers, guidance counsellors, other school staff, and health providers to ensure the best outcomes for rangatahi (young people).

Our clinic is located in the Careers Centre, and we invite students to come and see us for any health and wellbeing concerns either by making a morning appointment (through the school office) or at our drop-in clinics at lunchtime.

HEALTH MESSAGE:

We would like to take this opportunity to provide a timely reminder about the importance of handwashing. This simple practice carried out correctly plays a big part in minimizing the risk of spreading viruses and bacteria.

Steps for clean hands

1. Wet your hands under clean running water. Use warm water if available
2. Put soap on your hands and wash for 20 seconds. Liquid soap is best
3. Rub hands together until the soap makes bubbles
4. Rub on both sides of both hands.....
5. and in between fingers and thumbs.....
6. and round and round both hands
7. Rinse all the soap off under clean running water. Use warm water if available
8. Dry your hands all over for 20 seconds. Using a paper towel is best (or, if at home, a clean dry towel)
9. 'Wash hands for 20 seconds. Dry hands for 20 seconds'

Basic hygiene measures are the most important way to stop the spread of infections, including the 2020 novel coronavirus (COVID-19).

Basic hygiene measures include:

- hand hygiene – that is, washing hands regularly with soap and water, or cleansing with hand sanitiser
- staying at home if you are sick
- coughing or sneezing into a tissue or your elbow and then performing hand hygiene
- cleaning surfaces regularly.

Nga Mihi
Pip and Fran



ATTENDANCE PROCEDURES

If your child is unwell please do not send them to school. Please phone the 24 hour attendance line on 870 6143 and leave a brief message stating the reason for the absence, ie unwell, an appointment etc. The reason for the absence is needed to ensure the correct code is entered against your child's attendance record. Please note that if your child has vomiting or diarrhea they must be free of symptoms for 48 hours before returning to school.

A reminder for parents/caregivers, concerning school procedures if your child is feeling unwell while at school;

- if in class they should let their teacher know, the teacher will then send them to the office with a note
- the office staff will assess your child and then contact you

We ask that students not contact parents/caregivers directly during class time as this can disrupt the lesson and impact on learning.

TIRA ORA

Welcome to the Tira Ora section of the newsletter. 'Tira Ora' is the name given to the branchlet of the Karamu tree, so an ideal name for branchlets or students of Karamu. This will also be the name given to the Alumni Association to be formed in the near future. This section will be where news of Karamu alumni will be shared so if you have news of ex-students that you are willing to share please email admin@karamu.school.nz

Nick Palmer (Attended 2014 - 2018)

Nick was an inspiration in his time at school for the saying 'Do the mahi, get the treats'. Since leaving school he has continued this mantra. Now in Christchurch studying a Bachelor of Sports Coaching at the University of Canterbury as well as training full time at the High-Performance Sport New Zealand centre in Christchurch.

Through his time at school Nick was a highly successful athlete in shotput, holding regional and national titles. He held the number one rank in the world for U18 and represented New Zealand at the IAAF World U20 Championship in Finland. He was the New Zealand Secondary Schools Shotput Champion as well as the South Island U18 Champion (and held the South Island record). He set a new Hawke's Bay/ Gisborne U18 record with 21.27 metres (5kg shot). He was named the Hawke's Bay Secondary School Male Athlete of the Year and overall Sportsperson of the Year in 2018. Perhaps one of his proudest moments was as flag-bearer for the New Zealand team at the Youth Commonwealth Games in 2017.

He shares that his family have been his biggest inspirations in life, giving him the courage to pursue whatever he wanted with the confidence to set lofty goals.

When asked what led him to get involved in athletics...

"I always loved sport and played lots of different ones growing up. I believe I always would've ended up in a sport, the chance to compete and be the best always excited me. I ended up in shotput because it gave me that opportunity in a very pure form. Who can throw further? That's it. My father pushed me into athletics when I was a kid and I took to it immediately. I was inspired to dedicate myself to it by my current coach and an old coach from Timaru. They both saw potential in me and have faith that I can achieve the goals I've set for myself"



At school Nick was also a solid academic achieving NCEA Level 1 and 2 with Excellence and Level 3 with Merit. We look forward to following his achievements both on and off the athletics field with anticipation. # Proudly Karamu

Aimee Fisher (Attended 2008 - 2012)

Aimee is our most recent Olympian. She represented New Zealand at the 2016 Summer Olympics, where she competed in the women's K-4 500 metres event. After having trained together for just 18 months, the young crew achieved a fifth place in the medal race.

At the 2017 Canoe Sprint World Championships held in Račice, Czech Republic, she backed this up with a Bronze in the same event. And at the same event in 2018 at Montemor-o-Velho, Portugal, she gained two Silvers in the K2-200m and K4-500m.

It is not surprising, when at school she was a strong member of the Senior Girls Canoe Polo side that represented the school strongly at regional and national level, as well as being a Year 13 Sports Leader.

When Aimee first left school she began her study journey at EIT with a Bachelor of Business Studies as a Sport Hawke's Bay and EIT sports scholarship recipient. In 2014 she was selected for the New Zealand elite senior team, which required a transfer to Auckland. She completed the semester by correspondence. However, in 2015, she cross credited to Auckland University and took up Health Science. Sport then took a priority as she trained for the world champs and the Olympics, so this later distance study was necessitated through Massey University.

Her agility in managing her study and sporting commitments is what has made her such an inspiration and when she is home in Hawke's Bay we have been very lucky to have Aimee return to school on several occasions to share stories of both her success and determination.

On one special occasion in 2018 she returned to donate her paddle and singlet from the 2016 Olympics which are displayed with pride in the student foyer.



STUDENT LEADERS



Head Students: Ondre Hapuku-Lambert (Ngāti Kahungunu) & Tiana Edwards (Ngāti Pāhauwera, Ngāti Kahungunu, Ngāi Tai ki Tāmaki)
Deputy Heads: Sophie Jones & Andre Carter



Sports Leaders: Flynn Mercer and Meg Lindsay



Cultural Leader: Romona Wainohu
(Ngāti Kahungunu, Ngāti Pāhauwera)



Community Leaders: Brooke Hemmings, Melody James



Community Leader: Markis Walsh-Kingi
(Rongomaiwahine (Te Māhi))

STUDENT LEADERS



Performings Arts Leaders: Ella Lindsay-Smith, Mackenzie Vercoe and Jamie Hollway



House Leaders: Amy Godwin, Cherish Kotuhi, Erika Balestie Diaz, Alex Weaver, Rhys Tamanui, Boston Walsh (Ngāti Kahungunu), Tia Tahau, Adam Brookes, Georgia Wilson



Academic Leaders: Lexi Trotter, Jessica Shoemark, Jorja Connell and Thea Morton

SWIMMING SPORTS

Another great day with large volumes of activity and house chanting. While no records were broken there were record numbers in some championship heats indicating the keenness of students to get involved.

Having the variety of participation and championship events means students can participate at the level of their choice and house spirit reigns supreme.

The Community Leaders BBQ in support of Unicef's Australian bushfire cause was well supported and they will make a significant difference to schools that were effected.

SWIMMING CHAMPIONS				
PLACE	JUNIOR GIRLS	SENIOR GIRLS	JUNIOR BOYS	SENIOR BOYS
1ST	Kelly Littlechild	Cora Davison	Blake Setford	Jamie Hollway
2ND	Ashlee Bird	Georgia Wilson	Tobey Hughes	Adam Brookes
3RD	Aaliyah Downes	Tiana Edwards	Liam Hunter	Brock Coulbeck



ATHLETICS SPORTS

Athletics was another great house event, with positive participation and championship events. Two longstanding records were broken on the day:

- Junior Boys High Jump: Draylon Daley 1.60m (previously held by Gilvray Mohi 1986 1.58m)
- Senior Girls Shotput: Harmony Kautai 11.60m (previously held by Tracy Dungan 2001 10.14m)

Which indicates the perfect conditions and the strength of the athletes we have coming through. It was great to see house spirit in all the events but especially the Year 9 and 10 formclass relays, which included a guest staff appearance.

ATHLETICS CHAMPIONS						
PLACE	YEAR 9 GIRLS	YEAR 10 GIRLS	SENIOR GIRLS	YEAR 9 BOYS	YEAR 10 BOYS	SENIOR BOYS
1st	Charlee-Jean Flowers	Keighan Hikawai-McIntyre	Kate Browning	Alron Rajal	Jamie Nuku	Joel Tawera
2nd	Renee Doole	Hannah Hibbert	Maddison Hughes	Draylon Daley	Cameron Browning	Andre Carter
3rd	Brianna Williams	Dante Taylor	Harmony Kautai	Teague Gibson	Hamish Wood	Cameron Orr



PROUDLY HASTINGS

On Tuesday 18 February a large group of Year 13 students volunteered at the Weetbix Kids TRYathlon held at Frimley Park. The students were there from 7:00am to 3:30pm. Each student was provided with breakfast and lunch on the day and given a tee-shirt, cap and drink bottle to keep. Picture below are some of the Year 13 students on the day.



Front: Sara Renall
Back: Alice Liu, Tobi Wells, Romona Wainohu, Tamara-Lee Richards and Jessica Shoemark

ROBOTICS SUCCESS

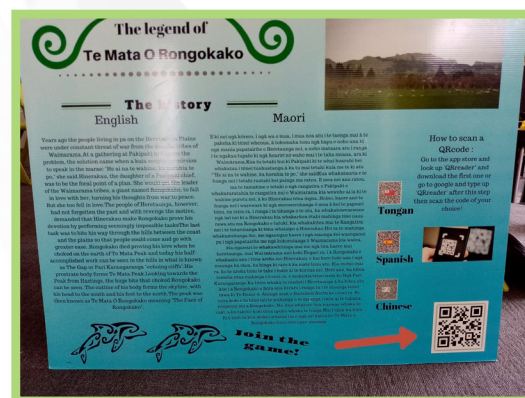
In December 2019 Mary-Jane Richards (Ngāti Kahungunu, Ngāti Porou) Year 9 was part of a team that traveled to Auckland to compete in the First Lego League Robotics competition (with other members: Josef Oosthuizen, Khan Smith, Luca Te Whiu). They came out as the overall grand champion, which in turn won them a place at the world championship in Houston, Texas in April this year.

The judges were really impressed with their project where they were required to redesign a space or place in our community. The team strategized and decided they could solve two problems with a single idea, at the same time promoting kids spending time with their whanau and pushing them physically.

From Mary-Jane:

"We designed a game app to scan a QR code that would go on a plaque that is in a certain location explaining the history or legend that happened in that area. We made our first plaque about Rongokako - The Sleeping Giant. It has the legend of Rongokako in English and Maori and an additional three QR codes translated into Tongan, Spanish, and Chinese. We would place the plaque for Rongokako along the path and you would have to walk or run up to it. There is also a QR code for a playable game that we designed based on the different location for each plaque. We are currently working on three more places that would also have a plaque for it"

Here is the team's plaque for Rongokako, as presented to the Hastings District Council where it was well received. Congratulations Mary-Jane.



Mary-Jane with Tira Ora Alumni Ikaroa-Rāwhiti MP Meka Whaitiri



SCHOOL PRODUCTION

Paige Flashoff and Rameka Pohatu-Hawkins play Morticia and Gomez, lead characters in Karamu's school production this year, The Addams Family. Most of us have heard of the recent movie (or are old enough to have even seen the original TV series), so we know that Morticia and Gomez are the parents in the Addams family.

The show has three performances, Thursday 2 and Friday 3 April at 7:00pm, and a matinee on Saturday 4 April at 2:00pm in the June Clark Centre here at Karamu.

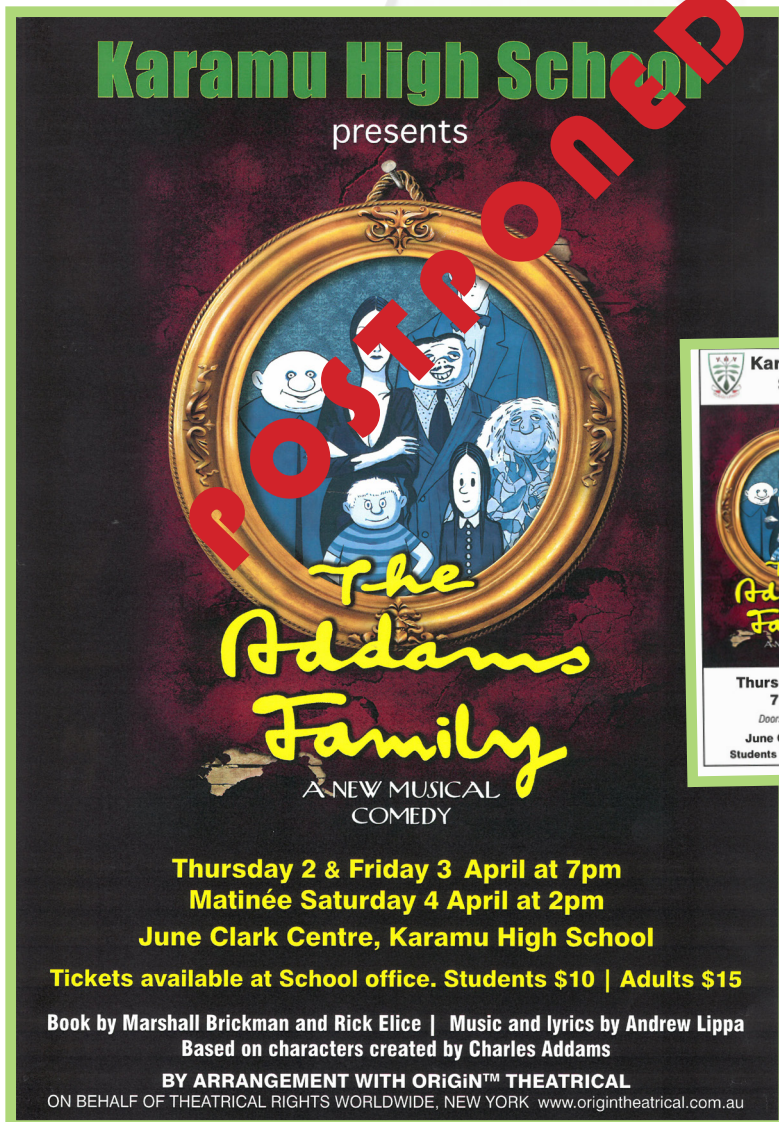
There are 32 students making up a cast of actors, singers and dancers. And then more handy helpers literally behind the scenes, painting, costuming, and sound and lighting technicians. Its like a (big) family too.

A dark comedy, Paige says the musical is spooky but good. "It's really funny and a bit dark. The music is great. The show tells the story of Morticia and Gomez Addams' daughter falling in love – but with a "regular" guy, while the Addams live in a permanently Halloween-themed world. There are many ups and downs to this new relationship, the biggest being 'meeting the family'. Even though the setting and characters are a bit strange, the whole story is familiar, it's about romance, family relationships, and sticking together.

"It's pretty cool and funny. It's definitely for our age group. Adults too," Rameka says.

In order to become the famous , spooky couple, the pair have had quite a lot to learn. "This is my first show," Rameka says. "Mrs Cooper (musical director) wanted me to audition, she dragged me along." Paige starred in a production of Annie when she was younger, but she was still surprised to get the lead in The Addams Family. "I like singing but I'm not a great dancer, so it's pushing me way out of my comfort zone. I'm looking forward to doing the tango, though. I'm excited to see it all work."

For Rameka the biggest challenge is "having to act like an extreme extrovert! I've nailed running out with a sword and jumping around the stage!" A sword? Tango dancing? Dark but funny? And all the spooky music! Sounds like it'll be well worth seeing. Break a leg, Addams family! Tickets on sale at the school office from Wednesday 18 March. Students \$10.00 and adults \$15.00.



Karamu High School
presents

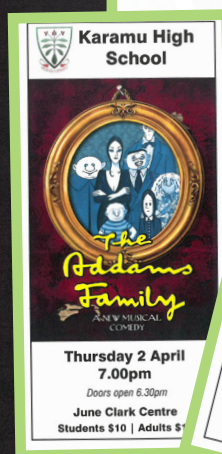
The Addams Family
A NEW MUSICAL COMEDY

Thursday 2 & Friday 3 April at 7pm
Matinée Saturday 4 April at 2pm
June Clark Centre, Karamu High School

Tickets available at School office. Students \$10 | Adults \$15

Book by Marshall Brickman and Rick Elice | Music and lyrics by Andrew Lipa
Based on characters created by Charles Addams

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Karamu High School

The Addams Family
A NEW MUSICAL COMEDY

Thursday 2 April
7.00pm
Doors open 6.30pm
June Clark Centre
Students \$10 | Adults \$15



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IF YOU HAVE CONCERNS

If you are a student and you have a concern

If your concern is about	You should first see	If not resolved, then	And is still not resolved
Your learning , eg. classwork and assessment	Your teacher	Your dean	Ms Gunn Acting Deputy Principal Curriculum & Assessment
A discipline problem , eg. a detention	The teacher who gave you the detention	Your dean	Mr Wooster Deputy Principal Student Management
A pastoral issue , eg. bullying, attendance	Your form teacher	Your dean	Mr Wooster or Mr Rolls the Guidance Counsellor

If you are a parent and you have a concern

If your concern is about	You should first see	If not resolved, then	And is still not resolved
A learning problem , eg. classwork and assessment	The dean	Ms Gunn Acting Deputy Principal Curriculum & Assessment	Mrs Thomas Principal
A discipline problem , eg. a detention	The dean	Mr Wooster Deputy Principal Student Management	
A pastoral issue , eg. bullying, attendance	The dean	Mr Wooster or Mr Rolls the Guidance Counsellor	
A financial issue relating to any account or charge	Either Mrs Gray or Ms Radley in the office	Mrs Hantler Principal's PA	

YEAR LEVEL DEANS 2020

At Karamu High School, our year level deans play an important role in the pastoral care of your children. Our year level deans for 2020 are listed below for your information. Please email your child's dean or phone 878 7139 and leave a message, if you wish to contact them.

Year 9 Deans



Tash Crawford
tcrawford@karamu.school.nz

Year 10 Deans



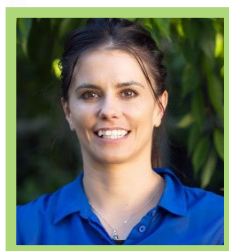
Sarah Gunn
sgunn@karamu.school.nz

Year 11 Deans



Stacey Cornelius
scornelius@karamu.school.nz

Year 12 Deans



Jasmine Primmer
jprimmer@karamu.school.nz

Year 13 Deans



Tracy Taylor
ttaylor@karamu.school.nz



Kane Nepe Apatu
knepeapatu@karamu.school.nz



Byron Crawford
bcrawford@karamu.school.nz



Tom Blake
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Justin Kite
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Colin Rafferty
crafferty@karamu.school.nz