



KARAMU
HIGH SCHOOL

Knowledge is Strength Hē Mana tō te Mātauranga

NEWSLETTER

Issue 3
May 2019

Uniform Shop Hours

Wednesdays

1:20pm – 1.45pm

3:00pm – 4.00pm

During term time only

Dates to Remember

Wednesday 29 May

Big Sing
&

Teachers Strike

Friday 31 May

Kapa Haka Regionals

Monday 3 June

Queen's Birthday

Thursday 20 June

Senior Parent/Teacher
Interviews

Wednesday 3 July

Junior Parent/Teacher
Interviews

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SNAPSHOTS FROM EUROPE



History Trip - Many people dream of visiting the iconic sights of Europe – The Tower of London, the Eiffel Tower, the Colosseum. For most people that dream never becomes a reality, but fifteen Karamu students were lucky enough to see these sights, and many more, during a three week trip to Europe in the April school holidays. Allowing our students to experience Europe and bringing history alive are the reasons behind Karamu's sixth successful history trip to Europe.

On April 6, Mrs McDonald, Mr Rafferty and students started a fantastic trip visiting six countries in 21 days. Students were excited to see and explore so many famous places for themselves; Buckingham Palace, Big Ben and the Houses of Parliament, the London Eye, the Globe Theatre, Westminster Abbey, the Natural History Museum, St Paul's Cathedral, Convent Garden...and that was only some of the places we visited in our seven days in London! London's fickle Spring weather meant that the sky was a bit grey and misty for our first two days of sightseeing, and unfortunately that coincided with our trip on the London Eye and up to the top of the 95 floor skyscraper The Shard, so the students didn't get the best views of London. the dome of St Peter's. Over the course of three weeks, the students got to visit so many wonderful museums, churches, monuments and famous sights it is impossible to pick one that was

Continued on the back.

PROUDLY
KARAMU

PROUDLY
HASTINGS

PROUDLY
LEARNING

FROM THE PRINCIPAL

Kia ora



"Winning doesn't always mean being first. Winning means you're doing better than you've done before."

Bonnie Blair

Term 2 is now well underway and it has been fantastic to see the energy and enthusiasm that our students display on a daily basis. With two groups returning from Europe, paddle camps, curriculum trips as well as the many groups preparing for Kapa Haka regionals, the Big Sing and Showquest, there are an abundance of opportunities for our students to be making a positive contribution to school life. These things don't just happen and a big thank you must go to our very supportive staff who are all heavily involved.

At the end of the first week we bid farewell to one of those staff, Mr Jonathan Read. Mr Read had been on staff for a little over five years teaching English as well as being Year 9 dean and manager of the 1st XV rugby team. We wish Mr Read all the best with his future endeavours and thank him for his contribution to teaching and the wider life of the school.

On Wednesday 29 May the PPTA and NZEI unions have proposed joint strike action. Teachers do not take strike action lightly as we are well aware of the impact that it has on our students and their learning. We appreciate our parent, whanau and community support and understanding at this time. Information will be sent home closer to the time once the decision to strike has been confirmed.

Throughout this term, our senior leaders will present to our assemblies the Karamu High School Values. Once again, I encourage our parents and whanau to take the opportunity to discuss these with your sons/daughters to reinforce and support these messages.

Whanaungatanga - Positive Relationships, Collaboration, Respect and School Pride
Excellence – Fulfilling Potential, Personal Excellence, Acceleration of Learning
Leadership – Initiative, Self-management, Honesty, Integrity, Reliability
Creativity – Thinking Skills, Innovation, Imagination, Problem Solving, Academic Risk Taking
Overcoming Adversity – Perseverance, Resilience
Manaakitanga – Hospitality, Welcoming, Engaging
Embracing Diversity – Accepting Differences, Inclusive

Winter sports season is now well underway. I would like to once again thank all of our parents who put themselves forward to coach and manage teams. Without your ongoing support it would not be possible. Please remember as players and spectators we are representing the school and our values, and we ask that you conduct yourself in accordance with the 'Fair Play' code.

Proudly Karamu, Proudly Hastings, Proudly Learning

Michael Leitch

HEALTH NEWS

Influenza – or the flu – is a virus that spreads quickly from person to person. Symptoms include fever, chills, aches, runny nose, a cough and stomach upset. Immunisation is your best defence against the flu. Around one in four New Zealanders are infected with influenza each year. Many people won't feel sick at all, but can still pass it on to others. Influenza can be anywhere. Contact with the influenza virus is almost unavoidable, and while contact does not necessarily mean infection, it does mean that you are never far from the possibility of catching influenza. Stop the spread of the flu. If you are unwell, stay at home until you are better.

Follow basic hygiene practices:

- Wash your hands regularly for at least 20 seconds and dry them for 20 seconds – or use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth.
- Don't share drinks.
- Avoid crowded places.
- Cover your mouth and nose with a tissue when you cough or sneeze – then put the tissue in a lined bin.

Source-Ministry of Health Guidelines.

ABSENCES

If your son/daughter is unwell please do not send them to school. Please phone the 24 hour attendance line on 870 6143 and leave a brief message stating the reason for the absence, ie unwell, an appointment etc. The reason for the absence is needed to ensure the correct code is entered against your son/daughters attendance record. Please note that if your son/daughter has vomiting or diarrhea they must be free of symptoms for 48 hours before returning to school.

DEPUTY PRINCIPAL - CURRICULUM & ASSESSMENT

Term 2 is a busy term for our senior students with a strong focus on working towards their personal goals, including gaining credits from their internal assessments. Students are encouraged to strive high, as Merit and Excellence credits are looked upon favorably by both employers and tertiary institutions. Students and parents are encouraged to track success through the KAMAR Portal (accessible on the app or the website).

Key factors in gaining success in NCEA are maintaining a very high attendance level, doing regular homework and seeking support when needed. Students that balance a healthy mind and body with regular exercise also thrive.

We look forward to sharing your son/daughter's progress so far with Term 2 reports for seniors out in Week 7 and juniors Week 9. These will be followed by Parent-Teacher-Student interviews (information will accompany the reports) in the proceeding weeks. Please join us to work together to help them achieve the goal they have set themselves.

NCEA Information Evening - It was great to see many parents and whanau take advantage of this opportunity in Week 2 of this term. If you were unable to attend there are many great resources available on our own website (under Academic – NCEA) and on the NZQA website (under Information For... Parents).

2019 NCEA Fees - On 13 May, the Minister of Education made a significant pre-budget announcement around NCEA. Fees will no longer be charged for participating in NCEA and New Zealand Scholarship, with funding instead to be provided directly to NZQA by Government. If you have already paid your fees and had outstanding items (not including the voluntary school fee) then this has been used towards these. If you would like a refund you must send a scanned copy of a bank deposit slip to Mrs Mandy Radley on mradley@karamu.school.nz.

NCEA Changes - Further changes to NCEA were also announced on this day, but these will take years to happen, with the last of these (the full implementation of the new Level 3 achievement standards and assessment tasks) scheduled for 2025. Around 16,000 New Zealanders took part in the year-long review of NCEA, and the Ministry of Education is to continue to work with stakeholders to confirm a detailed design and implementation plan for the changes by the end of the year. As more information comes available, we will endeavor to keep you informed but information can be found at:
<https://conversation.education.govt.nz/conversations/ncea-review/change-package/>

Dionne Thomas

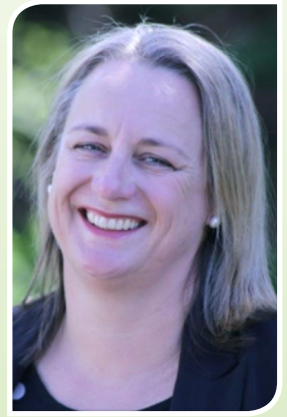
DEPUTY PRINCIPAL

The Year 12 Students have started their workshops with Edmond Otis and Craig McDougall focusing on resilience and wellbeing. These workshops are designed to give students the confidence to deal with a wide range of issues that may arise not just at school but as they start to transition from school to work or further education. This ranges from planning and prioritising what is the most important, what they have control over, strategies to overcome the stressful periods of academic studies and how to seek support or have difficult conversations. The first round of workshops have been completed and the feedback from the students has been positive. The workshops are designed around the students study periods as to have minimal impact on their timetabled classes.

The Year 12 students have a careers expo next Wednesday and this is an opportunity for a large group of students to see the wide range of opportunities beyond school. This is important so the students understand the requirements for their future goals and have a good grasp of the expectations of the academic requirements needed for their next steps. They have also had speakers from the Citizens Advice Bureau come and talk with them around their rights in New Zealand and what the Citizens Advice Bureau can offer, especially as they leave school and home to go flatting and start to make larger purchases and their rights and responsibilities under the Law.

As our Year 12 and Year 13 students are starting to look to their future prospects it is paramount they make the most of the time they have at school. At the top of this is their attendance and work ethic. The balance between study, sports and work commitments is important and as we work towards the mid year exams good study habits and setting aside time to go over and prepare for all their assessments, be it internal assessments or preparations for exams, is key.

Damien Hollands



"It doesn't matter how great your shoes are if you don't accomplish anything in them."

Unknown



"They always say time changes things, but you actually have to change them yourself."

Andy Warhol

YEAR 12/13 BUSINESS STUDIES "PITCH"

"On Thursday 2 May, the Year 12 and 13 Business class had the opportunity to partake in a training event for their upcoming 'Pitch'. The training event was led by John Higginson from Future Leaders in Wellington. The event focused on equipping students with presentation skills including the ability to assert themselves positively and get the most out of their "Pitch"



YEAR 10 STREAM STUDY

The degradation of New Zealand's river systems and the negative impact that has had on the surrounding communities and the country has recently come under public scrutiny.

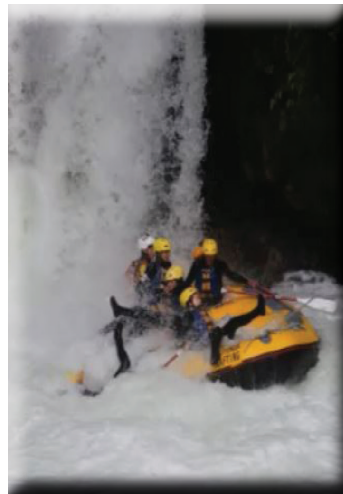
This year the science faculty have introduced a new topic to the Year 10 programme which involves the students investigating the health of our own local river systems. They spent a day out in the field collecting data from the Clive and Tutaekuri Rivers and are using that information as evidence to write a report to determine their condition. The report will include in it any recommendations they may see fit in response to any findings they have made, of which the best will be submitted to the Hawke's Bay Regional Council.

The feedback from the students involved indicates that they are now more aware than they were previously of the fragile nature of our local environment and also that the people who have a connection with our waterways, either through business or recreation, have a responsibility to be good stewards. They have also learned that science is not just an activity limited to the classroom, it has an important role to play in any future decisions communities might make with regard its well being.



LEVEL TWO PHYSICAL EDUCATION & OUTDOOR PURSUITS

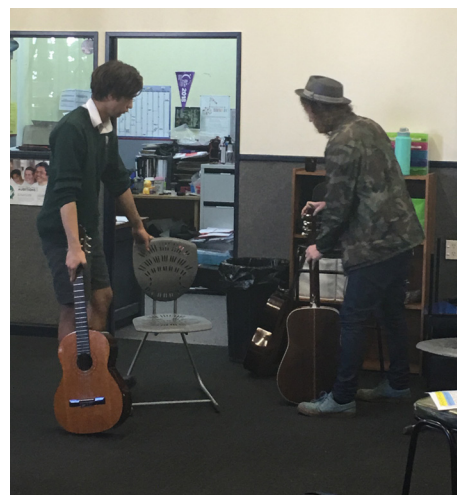
Forty Year 12 students travelled to Rotorua as part of their Level 2 PE course. Day one was spent challenging themselves doing the Adrenalin Forest aerial obstacle course. Day two was wild white water rafting down the Kaituna river over the largest commercial waterfall in the southern hemisphere



MUSIC

On 10 April the Level 2 & 3 music students were privileged to be visited by New Zealand Silver Scroll award winning singer-songwriter Thomas Oliver. He was allocated to our school by the New Zealand Music Commission as part of their 'Musicians Mentoring in School Programme'.

The focus for the day was on the process of songwriting and we learned a lot about how to make the leap into a music career in the contemporary industry. It was an absolute pleasure to have Thomas share his skills and experience with the students and each and every student gained some knowledge from the day.



2019
NZ Music
Commission
Musicians
Mentoring
Programme



Also, the senior music classes presented a concert at the Havelock North Community Centre at the beginning of April which was extremely well received by the Havelock North Music Society.

HAWKE'S BAY SALON CULINAIRE COMPETITION

Over the last weekend twelve of our students participated in the New Zealand Chefs Hawke's Bay Salon. Our students competed in 25 events spread over eight classes. Karamu High School did very well with our students coming away with nine bronze, eight silver and one gold medal. We also had a total of five overall class winners.

Congratulations to Milly Neighbours, Grace Mentzer, Courtney Orviss, Kaylea Denham-White, Cole Potts Tyro, Cassia Rosvall (Ngāti Kahungunu/Te Arawa), Jess Webb, Amie Chatterton, Elli Weber, Thomas Haszard, Quinn O'Gorman and Hikaru Yoshino.



SPORTING SUCCESS



Maia Colman-Savage (Tainui) competed in the National BMX Championships held during the school holidays where she placed second in the 16 years grade and fourth in the Elite grade.

PINK SHIRT DAY

Pink Shirt Day on Friday 17 May was well supported by students and staff. The Year 13 students led by Shakoa Puketapu held a bake sale at morning tea and lunchtime.

The total raised from the bake sale and gold coin donations was over \$800.00.



HISTORY & SCIENCE TRIPS TO EUROPE

The big cities of London, Paris, Munich, Rome and Bangkok hold different memories for each of us. As a contrast to the big cities, we spent three nights in the beautiful medieval village of Rothenburg ob du Tauber in Germany, staying in a small walled town where the buildings and roads have changed little in 500 years. From there we had day trips to visit the Nazi rally grounds in Nuremburg and Dachau concentration camp outside Munich, two locations closely tied to topics students have studied in Level 1 and 2 History.

However, possibly the most significant memory for all of us was the fact that we were one of the last few thousand tourists to pass through Notre Dame, as we viewed the gothic masterpiece less than 10 hours before the devastating fire changed the iconic cathedral for ever.

As well as having three weeks of wonderful sightseeing and experiences, we were lucky that all the other parts of the trip fell into place. All our flights, trains and coach trips were on time and stress free, and students now know the joys of back to back 12 hour flights. Despite some initial nerves and the need of some to glue themselves to the side of a teacher, all students realized they can decipher a map of the London Underground and no one got left behind on a train! All our accommodation was comfortable and in great locations for getting around each city. All the hostels supplied plentiful breakfasts and introduced students to the continental practice of eating meat and cheese first thing in the morning.

Although three weeks is a long time away on a school trip, and most were looking forward to seeing family and friends again, many of the students were happy to keep on travelling. I think all the students have caught the travel bug, a frequent side effect of the history trip to Europe.

Science Trip - Not many people can say they went on a three-week trip to Europe with their school. But coincidentally for 18 students, this exact scenario happened earlier this year. Here are some highlights of our trip;

Saturday 13 April - Paris, France

Our morning was spent waiting to get into the catacombs - which was so worth it! We then moved on to look at the Eiffel Tower which we will go up today. Walked through some markets and over the Alexander III bridge and towards the Louvre. This area with the Grande Palais and Petit Palais was completely blocked off for riots that were happening later in the day, so we were free to roam around the streets - a unique experience.

Thursday 18 April - Geneva, Switzerland

Today we went to CERN, home of the leading technology in physics in the world. We got an above ground tour of the multiple particle colliders in this institution, and afterwards, visited the museum there. A lovely elderly French man came and spoke to us about how Rutherford's (an NZ scientist that discovered the nucleus of an atom) achievements have influenced and helped him.

Saturday 20 April - Lyon, France

Today was so beautiful! We started it with a walk up the hill to the Roman ruins. It was so cool to walk through the city and then see the amazing view! Afterwards, we found some food back down by the river, followed by an e-bike tour around the city. As we travelled on the bikes we learnt about the history, geography and architecture of Lyon. It was a long bike ride so thankful we had a snack break in the middle to sample some of the local dishes. Such an amazing place.

Sunday 28 April - Zurich, Germany

Today was a solemn day. It is our last full day in Europe, and we went to a German concentration camp. Dachau was made for 6,000 people but used for 36,000 toward the end of WWII. It was a very eye opening experience and what I learnt there was important to keep the message of "never again" in practice.

These three weeks were full of travel, memory making, bonding and learning. We're sure that the skills we have learnt on the trip will be very useful especially as we leave school and start navigating our own path.

Jessica Shoemark and Jamie Hollway



PROUDLY
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