



“Little Shop of Horrors”

After eleven weeks of concentrated rehearsal, “The Little Shop of Horrors” played to full houses on the 4 to 6 April.

Seymour Krelborn (Cameron Young) is a nerdy orphan working at Mushnik’s flower shop in Skid Row. He has a crush on co-worker Audrey (Jessica Shoemark). He is constantly berated by Mrs Mushnik (Amy Griffiths.) Business is bad and Seymour’s very mysterious unidentified plant (Khalael Uelese) which he calls Audrey II turns their lives around. The plant, (puppeteer Tobi Wells) seems to have a craving for blood and soon enough, Seymour feeds Audrey’s sadistic dentist boyfriend (Jamie Hollway) to it.

In true horror style everyone but the three urchins (Tia Ward, Romona Wainahou and Lian Hontalba) are devoured by Audrey II in her bid to take over the world. The cast and crew guided by directors Val Watson, Amanda Cooper and Lucie Jane McElwee are to be congratulated on their commitment and professionalism. The show was well received by the Karamu community.

Uniform Shop Hours

Wednesdays

1:20 to 2:00pm

and

3:00 - 4:00pm

Dates to Remember

Big Sing

Tuesday 29 May

Queens Birthday

Monday 4 June

Year 13 Cabaret

Thursday 28 June

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"Life is like a camera
Focus on what's important,
Capture the good times,
Develop from the negatives,
 And if things don't work out,
Take another shot."

Unknown



"Treat everyone with
 respect and kindness.
 Period. No exceptions."

Kiana Tom

FROM THE PRINCIPAL

Kia ora

On the last day of Term 1 we finished with a special assembly to farewell Matua Leon Harmer and Whaea Pene Hati following over 25 years of teaching at Karamu High School. It was a fantastic acknowledgement by our students and staff to a much-loved couple, who have made a significant contribution to the life and culture of the school. We wish them all the best in their new roles at Te Kura Kaupapa Maori o Te Wananga Whare Tapere o Takitimu.

We welcome three new staff to begin the new term, Matua Myka Nuku (Te Reo Maori), Mrs Kirsty Christian (English) and Mrs Gabriella Isolabella (Mathematics). Each of these appointments bring experience and expertise both inside and outside the classroom, and I know they will continue to add great value in their various roles.

Whanaungatanga: Positive Relationships, Collaboration, Respect and School Pride

Excellence: Fulfilling Potential, Personal Excellence, Acceleration of Learning

Leadership: Initiative, Self-management, Honesty, Integrity, Reliability

Creativity: Thinking Skills, Innovation, Imagination, Problem Solving, Academic Risk Taking

Overcoming Adversity: Perseverance, Resilience

Manaakitanga: Hospitality, Welcoming, Engaging

Embracing Diversity: Accepting Differences, Inclusive

Throughout this term, our senior leaders will present to our assemblies the Karamu High School Values. I would encourage all of our parents and whanau to take the opportunity to discuss these with your sons/daughters to reinforce and support these messages.

Winter sports season is now well underway. I would like to once again thank all of our parents who put themselves forward to coach and manage teams. Without your ongoing support it would not be possible. Please remember as players and spectators we are representing the school and our values, and we ask that you conduct yourself in accordance with the 'Fair Play' code.

Proudly Karamu, Proudly Hastings, Proudly Learning

Regards
 Michael Leitch

DEPUTY PRINCIPAL - STUDENT MANAGEMENT

We are now coming into week 4 of Term 2, the first two weeks have flown by. Students are involved in winter sports now and the courts and fields are very busy at lunchtimes and after school. A reminder to students to please let your coaches know in advance if you are unable to make trainings or games.

We have allowed a little bit of grace with lateness to school this term due to all the road works and using the Splash Planet carpark, however it is very important to try and be on time for the start of the school day at 8:30am. A reminder to all students riding bikes to school to wear a bike helmet. If you have lost your helmet, please see me, I have few loan helmets. As the weather gets colder please ensure that all uniform is well named especially jerseys and jackets.

Our focus for the next few weeks is on manners and respect. We expect all students to be respectful and pleasant to staff and vice versa. This is a big part of the culture at Karamu and is embodied in our Welcome Value of Whanaungatanga: *Positive relationships, Collaboration, Respect and School pride.*

On a lighter note, the Year 13 students are looking forward to the Cabaret which is scheduled for Thursday 28 June.

Wayne Wooster

DEPUTY PRINCIPAL - CURRICULUM AND ASSESSMENT

Term 2 is a busy term for our senior students with a strong focus on gaining credits from their internal assessments. Students are encouraged to strive high, as Merit and Excellence credits are looked upon favorably by both employers and tertiary institutions. Students and parents are encouraged to track success through the KAMAR Portal.

A key factor in gaining success in NCEA is maintaining a very high attendance level. In addition students need to be doing regular homework which not only means completing assessment tasks but also processing their class notes into summaries, flash card notes and mind maps. This will also make future assessments seem not so 'foreign'.

While we have put in place a number of systems to help students gain success, including the Homework Club and teacher led tutorials, it is important students maintain a balanced sense of wellbeing or hauora. Wellbeing comes from physical, mental and emotional health. It's about having positive emotions, taking part in different activities, having good relationships and social connections, finding meaning in life and feeling that you're doing well. Check out the 'Parents Info' for tips on **Boosting Teenage Wellbeing**. All our students are teenagers, navigating a challenging pathway through adolescence, in which we know their decisions and actions need guidance and support – that is the privileged role we as teachers and parents get to play.

We look forward to sharing your son/daughter's progress so far with Term 2 reports for seniors out in week 6 and juniors week 8. These will be followed by Parent-Teacher-Student interviews (information will accompany the reports) in the proceeding weeks.

Dionne Thomas



"Parents need to fill a child's bucket of self-esteem so high that the rest of the world can't poke enough holes to drain it dry."

Alvin Price

Boosting Teenage Wellbeing

Here are some ideas for fostering different aspects of teenage wellbeing:-

Physical health

When your child takes care of himself physically, it's good for his wellbeing. For example, being active, having a break from technology, getting outside and getting enough sleep can help your child's mood and improve his physical fitness.

Mental and emotional health

Good mental and emotional health is important for teenage wellbeing. For example, teenagers with good mental and emotional health can develop [resilience](#) to cope better with difficult situations. If your child develops resilience, she can 'bounce back' when things go wrong, which will help her get through life's ups and downs and boost her wellbeing.

Positive emotions

If your child can focus on the good things, take a positive approach to life's challenges and know what he's feeling good about or what's going well for him, it can help him focus on positive emotions.

Different activities

Trying new things and getting involved in different activities keeps your child's options open. This can also help your child find things that she's good at.

Relationships and social connections

Relationships and social connections are vital for teenage wellbeing. Your child needs close and supportive family and friends. And good parent-child relationships tend to lead to good [teenage friendships](#).

Meaning in life

Meaning in life can come from doing good things for others. Your child could look for everyday ways to help family or friends – for example, giving someone his seat on the bus, or helping someone pick up papers they've dropped in the street. Or he could get [involved in community activity](#). This type of 'giving' lights up the reward centre in the brain, which makes your child feel good.

Feeling connected to something bigger can also help to give your child's life a sense of purpose. Meaning might come from spirituality, life philosophy, or a commitment to a cause like the environment. People with meaning have less stress and get more out of what they do.

Goals and achievement

If your child has goals that fit with her values, are fun and attainable, and let her use her strengths, it can give her a sense of purpose and achievement.

Sourced from: http://raisingchildren.net.au/articles/happy_teenagers.htm

ORIENTEERING

On Wednesday March 28 Karamu students joined 300 other Hawke's Bay students for the Hawke's Bay Orienteering Sprint Championships which were held at the Hawke's Bay Showgrounds. Of our nine students competing, the best results came from our Year 9s.



Rory McKay



Annabel Elmsly

In junior boys Rory McKay, Harrison Saunders and William Wepa-Hazel were 4th, 5th and 6th respectively and in junior girls Annabel Elmsly was 2nd. Congratulations to all Karamu students involved.

Over the last three days of the holidays, Mrs McDonald, six students and several parents traveled to the Kapiti Coast for the North Island Schools Orienteering Championships. Over 300 secondary students competed in three days of racing with the sprint championship on Friday, the long distance individual championship on Saturday and the relays on Sunday.

Our best results came at the individual championship at Waitarere Beach on Saturday, where courses were run on pine forest and undulating farmland. In the intermediate boys' standard grade James Miles was 2nd, just beaten by seven seconds, and in the junior boys' standard grade Rory McKay was 1st winning by over 90 seconds. Congratulations to all our six competitors.

DUKE OF EDINBURGH HILLARY AWARD

In the first week of the April holidays, Mr Wright and Ms Whitlow escorted a group of Gold Duke of Edinburgh participants inland to Tongariro National Park for four days.

Unfortunately, the weather was less than cooperative, meaning the intended Tongariro crossing had to be abandoned. The group kept busy though, walking multiple short tracks, liaising with the Department of Conservation, visiting the National Army Museum and the site of the Tangiwai disaster.

The main focus of this trip was to gather information as part of a report the students will complete about the human effects on our national parks.



ANZAC SERVICE

The school leaders and senior leadership team represented Karamu at the Anzac dawn service in Hastings as well as the Havelock North service. This again represents our commitment to 'Proudly Hastings' in acknowledgement of all of those past and present that have served our region and country.



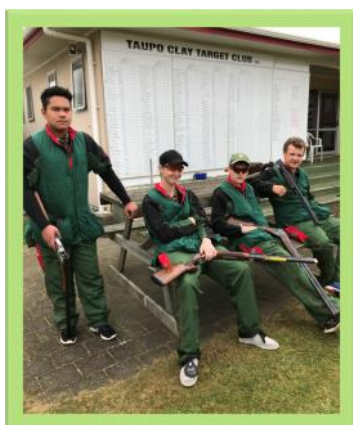
On Friday 13 April, the school as a whole held a special Anzac assembly. This year Staff Sargent Bartlett, Private Pohe, Private Smith (ex student) addressed the assembly. Also in attendance were committee members of Clubs Hastings and ex service men Captain John Sturgess, Lance Corporal Gerald Turau and Ken Edney.

Cameron Young our Head Boy also spoke about his experiences in travelling to many of the historical WWI sites during the History trip in 2017 and the significance of the sacrifice made by our young men and woman.

CLAY TARGET SHOOTING

The Karamu Clay Target Team of Cameron Spargo, Oliver Wiggins-Crowe, Max Crossan and Jesse Kereru travelled to Taupo on Thursday 10 May to compete against other shooters from the North Island. Daniel Stuart was unavailable so we could not post a team score but individually the top score was Oliver with 86/90 followed by Max and Cameron on 85/90 and Jesse with 80/90. The team will start competing in the central and lower North Island series this Sunday with a shoot at Palmerston North. The series has seven events. The Karamu team won the competition last year and look forward to defending their title this year.

Two of the team members travelled to Gisborne over the weekend to compete in the Hawke's Bay District Championships. Jesse won a medal to become the B grade HB Single Rise Champion with 25/25. The highlight of Cameron's two medals was the one for High Over All in the Double Rise. In this competition he beat the 2014 World Champion, quite an accomplishment for a teenager at the start of his shooting career.



Relaxing in between shoots; Jesse Kereru, Cameron Spargo, Max Crossan & Oliver Wiggins-Crowe and in action

LEVEL 2 PHYSICAL EDUCATION-RAFTING TRIP

On Thursday 10 May 2018 , 39 students and four staff members travelled to Rotorua for the annual Level 2 rafting trip. This is part of the Level 2 Physical Education & Outdoor Pursuits Course.

The students challenged themselves on Adrenalin Forests' aerial obstacle course, a great confidence builder and on Friday 11 May with Rotorua Rafting switched to the challenging rapids on the Kaituna River. A great time was had by all.



Proudly Karamu | Proudly Hastings | Proudly Learning

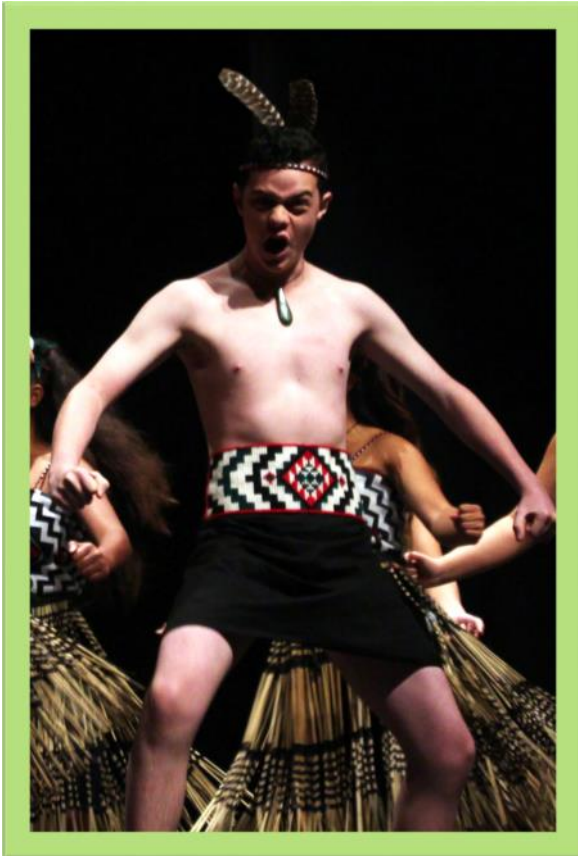
TE RAU KARAMU- KAPA HAKA

Te Rau Karamu pulled off a fantastic performance at the Ngāti Kahungunu Ahurei regionals. Led by Koka Sharlena Maui and Koka Pikihoru Stewart, Te Rau Karamu commanded the stage well.

Being a non-competitive year made it a bit more flexible for tutors to work with the senior students and share leadership rolls per item within the bracket. Overall another outstanding kapa haka regionals for Te Rau Karamu Kapa Haka. The students have worked hard with limited practices and can be proud of their performance at the regional competition.

With this great start we can only grow stronger as the year continues with various upcoming performances.

Tihei Karamu!



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IF YOU HAVE A CONCERN ...

If you are a **student** and you have a concern...

If your concern is about...	You should first see....	If not resolved, then ...	And if still not resolved....
Your learning , e.g. classwork and assessment	Your teacher	Your dean	Mrs Thomas Deputy Principal Curriculum & Assessment
A discipline problem , e.g. a detention	The teacher who gave you the detention	Your dean	Mr Wooster Deputy Principal Student Management
A pastoral issue , e.g. bullying, attendance	Your form teacher	Your dean	Mr Wooster or Mr Rolls Guidance Counsellor

If you are a **parent** and you have a concern...

If your concern is about...	You should first see...	If not resolved, then ...	And if still not resolved ...
A learning problem , e.g. classwork and assessment	The dean	Mrs Thomas Deputy Principal Curriculum and Assessment	Mr Leitch Principal
A discipline problem , e.g. a detention	The dean	Mr Wooster Deputy Principal Student Management	
A pastoral issue , e.g. bullying, attendance	The dean	Mr Wooster or Mr Rolls Guidance Counsellor	
A financial issue relating to any account or charge	Either Mrs Gray or Ms Radley in the Office	Mrs Hantler Principal's PA	

At Karamu High School, our year level deans play an important role in the pastoral care of your sons and daughters. Our year level deans for 2018 are listed below for your information. Please email your son or daughter's dean or phone 878 7139 and leave a message, if you wish to contact them.



Year 9

Mrs Tash Crawford
tcrawford@karamu.school.nz



Year 10

Ms Sarah Gunn
sgunn@karamu.school.nz



Year 11

Mrs Tracy Taylor
ttaylor@karamu.school.nz



Year 12

Mrs Emma Wiggins
ewiggins@karamu.school.nz



Year 13

Mrs Karen Beaumont
karenbeaumont@karamu.school.nz



Year 9

Mr Jon Read
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Year 10

Mr Byron Crawford
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Year 11

Mr Dave Taylor
dtaylor@karamu.school.nz



Year 12

Mr Aron Noble
anoble@karamu.school.nz