



NICK PALMER - COMMONWEALTH YOUTH GAMES

Uniform Shop Hours

Wednesdays

1:15 to 1:45pm

and

3:00 - 4:00pm

Dates to Remember

17 - 22 August
Senior Benchmark
Examinations

24/25 August
Science Fair

4 September
Teacher Only Day

4 - 8 September
Winter Tournament
Week

11 September
Maori Language Week

15 September
Blossom Day

22 September
Cross Country

Cnr Grove & Windsor Avenue,
PO Box 346,
Hastings 4156,
Hawke's Bay,
New Zealand

Telephone: +64 6 878 7139
Facsimile: +64 6 878 7937
Email: admin@karamu.school.nz

www.karamu.school.nz



Nick Palmer has recently returned from the Commonwealth Youth Games in the Bahamas having achieved his goal of a podium finish.

Nick who won silver produced an early 18.87m throw to grab the lead in the competition, well clear of the opposition. He later extended his lead with a 19.57m effort but his gold medal hopes were dashed when his Australian rival threw 19.76m in the final round.



Prior to the Games getting underway Nick was named New Zealand's flagbearer at the opening ceremony. This honour is testament to not only his exceptional talent as an athlete but also his all round personal qualities that we as a school are very proud of.

Upon his return to school Nick spoke to the school assemblies about his experiences. His messages of hard work, commitment, sacrifice, provides inspiration to all and we wish him well as he continues on his journey.

FROM THE PRINCIPAL



"When we seek to discover the best in others, we somehow bring out the best in ourselves."

William Arthur Ward

Kia ora

Over the past six weeks since our last newsletter, Karamu High School students have again been achieving some fantastic results regionally, nationally, and internationally. The range of disciplines and the diverse skills and talents of our students is truly exceptional and one that we are all proud of. Through these newsletters and our assemblies we endeavour to acknowledge and share these successes. If your son or daughter achieves success outside of the school we would love to know, and I encourage you to contact the school.

This week our senior students will begin their benchmark examinations. I know staff have been going the extra distance to offer additional support and help. These examinations are essential in preparing our students for the external examinations in November. Parents and students need to be aware that these grades will be used as evidence for a derived grade if for some reason your son/daughter is unable to sit the November exam. In Monday's assembly I spoke to the students not only about the academic preparation but also to be aware of factors such as diet, exercise and sleep in ensuring they give themselves the best opportunity of success.

With the end of the winter sports season approaching I would like to thank the many volunteers that help support, coach and manage our teams. There have been some fantastic results which cannot be achieved without your commitment and sacrifice. To the players, please do not lose sight of this and ensure that you also acknowledge this as your teams wind up their seasons.

During the Term 2 holidays construction began on the renovation of two of our older classes. It is great to see the progress made by the construction team and we are on track to have these classes ready for the beginning of Term 4. These new classes will continue to enhance our site and ensure our students and staff have fantastic environments in which to work and learn.

Michael Leitch

DEPUTY PRINCIPAL



"If people knew how hard I worked to get my mastery, it wouldn't seem so wonderful at all."

Michelangelo

As a school and wider community it is important that we all take the health and safety of our staff and students seriously. This includes the wellbeing of students on their way to and from school, for example wearing helmets when cycling, not taking passengers on restricted licences, or taking that quick shortcut across the traffic to save a minute.

It is also important that once at school students alert teachers and office staff to any dangers. This is facilitated by the health and safety log in the front office. I would also encourage any parents who notice any potential risks and/or danger to students to contact the school so the issue can be followed up and addressed. We must approach health and safety as the responsibility of our community and not think that someone else is responsible for it.

We are fortunate to have a well designed and modern environment and we are looking forward to the completion of the latest building project, the Enhanced Learning area.

We appreciate the respect and mature behaviour of our students and whanau in the weekends as they attend sporting and other occasions on the school grounds and we would always like to hear how this could be improved so all visitors are safe on school grounds.

If you have any concerns around health and safety at Karamu High School please do not hesitate to contact me or one of our staff members.

Damien Hollands

DEPUTY PRINCIPAL - STUDENT MANAGEMENT

We are now into Week 4 of Term 3 and winter sports are all coming to an end. Please make sure you thank all your coaches and managers for all the time and effort they have put into this season. A big thank you from management to all parents, coaches and managers that have helped with our school teams this year.

We were fortunate to have a police team come into the school and work with forty students to help them obtain their learners drivers licence at the end of Term 2. This initiative was very successful. As you will be aware this subject is very much in the news.

It is a privilege to bring a car or motorbike to school. Students must register their vehicles with Mr Wooster before bringing them to school. Parental permission is also required. A registration form is available from the school office. At times your son/daughter may feel pressured to carry passengers in their car, which is not only against school policy but also against the law if they do not have a full licence. In order to keep students safe we ask for your support to reinforce this rule at home.

A reminder to all parents and caregivers to contact the school Attendance Line on 870 6143 if your son/daughter is absent from school for any reason.

Please do not use the school bus bay or the main carpark when dropping off or picking up students before or after school.

Wayne Wooster



"I can accept failure, everyone fails at something. But I cannot accept not trying."

Michael Jordan

DEPUTY PRINCIPAL - CURRICULUM & ASSESSMENT

Benchmark Examinations (Thursday 17 – Tuesday 22 August) hold a dual importance for our students: to gauge next steps as learners, and for 'Emergency Grades'. These can be used as derived grades (needed for unforeseen illness, injury or bereavement in the end of year examination period) or in the event of natural disaster that limits our ability to provide a testing centre (ie: earthquake). Seniors therefore need to use this time wisely and be encouraged to study when they do not have an examination or workshop, including over the weekend. Study rooms are available at school if parents wish their son/daughter to use them.

The format of Senior Reports that follow have the intent of providing the most up-to-date picture of completed internal assessment and benchmark external assessment. They will also include learning strategies leading up to the external assessments. The timing of these reports are to allow you time to discuss the content and then have a plan for the remaining weeks of the school year and into the external assessment period (beginning Tuesday 7 November).

Aiming for personal best is always important, as well as making sure students see the importance of learning for future learning pathways (including courses they might like to take in 2018), career pathways and academic accolades such as course and level endorsements.

Consistent effort from now can significantly change the shape of NCEA results. Students should allow time for regular revision, keep to milestones and deadlines around portfolios, take advantage of further assessment opportunities, make use of the tutoring opportunities at the Homework Centre or extra time in the art rooms after school. Making use of school resources at this stage is encouraged, but I also urge students to use a variety of resources including online ones like;

Studyit <http://www.studyit.org.nz/> and **LearnCoach** <https://learncoach.co.nz/>

Together we can achieve great things.

Dionne Thomas



"Education is not the filling of a pail, but the lighting of a fire."

William Butler Yeats

DUKE OF EDINBURGH HILLARY AWARD - GOLD

Year 13 student Ella McKay was presented with her Duke of Edinburgh Hillary Gold Award by Her Excellency The Rt Hon Dame Patsy Reddy at Government House in Wellington on Saturday morning 12 August 2017.

Fifty-six young people were presented their Gold Award, including Ella and ex-Karamu student Caitlyn Clark.

The award is offered at three levels, Bronze, Silver and Gold and it usually takes at least four years to complete all three levels. Not many persevere to the highest level, and numbers attending the prestigious Gold Award Ceremony are limited. Ella and Caitlyn were among the lucky ones to be included in this year's Wellington ceremony.

"I am so glad I signed up for the Duke of Edinburgh Hillary Award programme in Year 10 as it has helped me to learn how to manage time with a busy schedule, and to push myself through the adventurous journeys. I also got the opportunity to kayak through the Queen Charlotte Sounds, hike through the Central Plateau and, of course, make friends and get the chance to talk to people I otherwise wouldn't.

I strongly encourage anyone who wants to get involved to have a go at the Duke of Edinburgh Hillary Award, so you too can be rewarded through self-achievement and receive the benefits of having a prestigious award on your CV and university applications."

Ella McKay



L-R: Ella McKay and Caitlyn Clark (former pupil)

HAWKE'S BAY YEAR 12 ART EXHIBITION

Karamu art students had success at the annual Hawke's Bay Year 12 Art Exhibition at the Hastings Community Art Centre, Russell Street, which opened on Monday 14 August. This is always a great opportunity for the Year 12 students to see their work alongside that of other Year 12 students from Hastings and Havelock North schools.

The exhibition includes six categories and each category is judged. We are very proud that two categories were won by Karamu students, Maja Sanders, 'Best Painting', and Havila Brown, 'Best Maori/Pacifica Piece'. Karamu is well represented with a large number of works in the exhibition and we are proud that our students have been courageous enough to enter their work for public display. The exhibition closes on Saturday 26 August.



Maja Sanders - 'Best Painting'



Havila Brown - 'Best Maori/Pacifica Best'

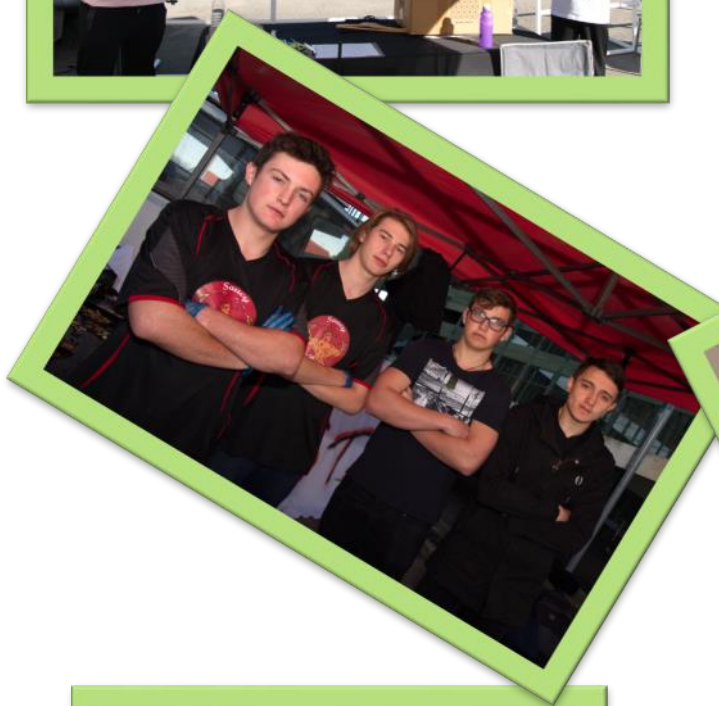
Proudly Karamu | Proudly Hastings | Proudly Learning

YOUNG ENTERPRISE STUDENTS

On Sunday 13 August our Year 12 and 13 Business Studies students from Karamu, and from secondary schools all over the Hawke's Bay attended the Farmers Market. The students attended as part of the Young Enterprise Programme selling products they have developed during the year. Over 25 teams turned out with six teams from Karamu. The beautiful weather meant a great turnout from the local community with numbers up by a third.

This year the quality of the stores and products was extremely high. With products as diverse as clothing, chilli sauce, lip scrub, milk shakes, brownies and butter chicken, the students did themselves proud with many of the groups selling out.

A big thank you to the Farmers Market for allowing us the opportunity to be part of the market, and of course, a huge thank you to whanau and friends who attended the market to support our students.



EDIBLE ARTS 2017

This year we had seven entries to the Edible Fashion Awards with the theme 'Myth and Legend'. Four entries were Senior Fashion and Textile Design students who entered as part of their studies towards gaining NCEA credits.

All completed very creative and individual garments ready for judging in the Senior Designer Category.

After a fun pre-judging night where students paraded their garments, five were chosen as finalists for the Saturday evening show, with Mia Sutton's (Year 12) garment and model specially asked to welcome in guests at the front door.

Karamu students represented our school well with Aiden Arnott (Year 9) gaining a place in the Keep Hastings Beautiful and Unio Jewellery and Accessories categories. Jorja Fryer (Year 11) and Kate Browning (Year 10) also gained places in the Keep Hastings Beautiful category. Jorja Fryer, Kate Browning, Sharnie O' Connor (Year 12), Tayah-Daisy Coleman (Year 13) were all finalists in the Senior Designer category with Tayah-Daisy winning 2nd place overall.

The event was most enjoyable and the school is very proud of their efforts. We look forward to continued participation in this great local showcase of talent.



L-R: Amy Griffiths modelled a creation by Mia Sutton, Jorga Fryer, Tayah-Daisy Coleman and Anna Barbridge modelled a creation designed by Jessica Young



Left: 'The Goddess Hunter' designed by Kate Browning & modelled by Erica Balestie Diaz



Above: 'Persephone' designed & modelled by Tayah-Daisy Coleman



'Pure Beauty & Fire' designed by Aiden Arnott



'Artemis' designed & modelled by Jorja Fryer



'Cleopatra' designed by Sharnie O'Connor & modelled by Colebodene Simmonds

All images courtesy of Kevin Bridle Photography

TE AWA RIVER PROJECT

This year a group of Karamu students have been involved in a River Research Project in association with the Partnership Through Collaboration (PTC) Trust.

Students have learnt the science skills used to determine if a river is healthy. One of the learning outcomes of this project is for students to develop a Science Fair project based on something to do with the river that interests them. The projects originally were to be based on the Clive River that runs past Kohupatiki Marae. This river is very unhealthy as a result of human impacts, such as altering the course of the river, flow rate and pollution. This river has a high level of sedimentation and weeds and our river expert, Dr Gary Rushworth considered the river too dangerous for us to sample from. Our local people used to gather Patiki (flounder) and Tuna (eel) from these waters when the river had a gravel bed and was weed-free and safe to swim in. Now the river has very little biodiversity and certainly nothing that could help sustain the diet of any size population.

It was suggested the Raupare River would be suitable to act as a safer model system to represent the Clive River, so students could compare the qualities of a healthy and unhealthy river. After developing their questions students worked with Dr Gary Rushworth and Sally Chandler from the HBRC to collect data from the two rivers and are now working on interviewing local Maori on the historical uses and significance of the Clive River to add cultural and social meaning to their work. Through this project, students have travelled to Victoria University to learn how to make an App to store data collected on the rivers. They also spent a day in the microbiology lab at Victoria University learning the ecological significance and lab techniques involved in identifying coliforms associated with polluted waters and the flow on effect to filter feeding shell-fish as the polluted river waters enter the oceans.



OUTWARD BOUND

Imagine waking up at 5:45am in the morning when it's negative 1 degree and having to go for a 3.2km run, then having to jump in the freezing cold ocean before running through a cold outside shower. That's what Jayden and I had to do most mornings, while we were lucky enough to be chosen to travel to Anakiwa for a 21 day Outward Bound course. During our time there we were pushed past our comfort zones, earned leadership skills and made lifetime bonds with our watch mates.

We faced challenges like tramping off track up mountains over 1000m above sea level which meant walking for over 13 hours each day. This was challenging for me as I've never hiked this high or far with heavy backpacks so I struggled at the start but pushed myself so I could get through the day. Each night we met as a watch and reflected on our day. This was a great way to share my worries and thoughts and find out that I wasn't alone. We lived by the quote "challenge equals opportunity", so my opportunity for this challenge was being able to bond with other people in my watch.

One of the highlights of the course was a day where we got the opportunity to help out the community. We headed down to a farm where we bagged up sheep poo which you may think is yuck because I did, but after finding out that they then sell these bags of poo and the money raised goes towards giving someone else the opportunity of going to Outward Bound, it wasn't all that bad. This opportunity allowed us to gain more team building skills and even though it wasn't a pleasant job to do, working as a team and getting involved made it so much more enjoyable and we got the job done so much faster. We then got to plant over 400 plants which help stop flooding in the rainy season.

I also really enjoyed the solo. We were given a private spot in the bush, where we had to stay alone for two nights, which involved peeing in a bucket, and fending off Wekas. Even though we were only given 3 flapjacks, 2 carrots, 3 apples and a bag of scroggin it was time to reflect on our journey at Outward Bound and how I have grown as a person. You should all remember to push yourselves and challenge yourselves because challenge equals opportunity.



Paige Morgan and Jayden Taylor