



STAGE CHALLENGE

Uniform Shop Hours

Wednesdays

1:15 to 1:45pm

and

3:00 - 4:00pm

Dates to Remember

Wednesday 5 July
Junior Report Evening

Friday 7 July
Last Day Term 2

24 July
First Day Term 3

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New Zealand

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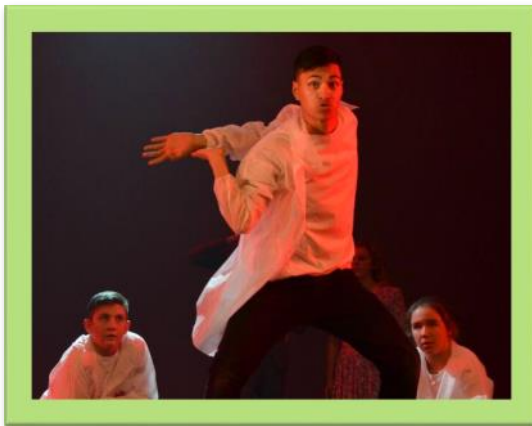
www.karamu.school.nz

Karamu High School has had another successful year at the Regional Stage Challenge for 2017, receiving multiple awards including Second Place Overall. This year, more than 50 students had the challenge of upholding expectations set from the previous Stage Challenge performance, *A Century to Remember* which earned the school 1st place two years ago. 2017's performance revolved around a student, portrayed by Harrison Keefe, who comes face to face with destiny and fate. Both dance and drama was incorporated into a performance which encourages students leaving school to pursue what best suits them, regardless of external expectations.

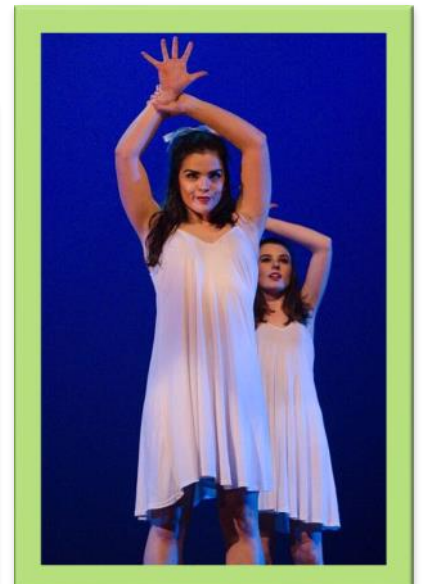
The performance was directed, choreographed and coached by the following student leaders: Harrison Keefe, Ashleigh Clay-Nicol, Niko Slade, Emily Coppell, Jaime Mossman, Hannah Foulkes, Ashlee Johnston, Reanna Browning and Dylan Huata-Lucas.

Supporting the stage performers were other students who excelled in make-up design and application, sound editing, lighting design, stage management, set construction, set painting, costume design and manufacture, and props.

A big thank you to all staff members, students and parents involved in Stage Challenge for 2017! Your contributions have allowed Karamu High School to receive Awards of Excellence in Performance Skill, Choreography, Stage Use, Soundtrack, Stage Crew, Set Design and Function, Concept, Visual Enhancement, Costuming, Character, Drama and Second Place Overall.



Images Courtesy of Moko Images



FROM THE PRINCIPAL



"Without a sense of caring, there can be no sense of community."

Anthony J. D'Angelo

Kia ora

Yet another term has flown by with well over half the year now completed for our senior students. This newsletter again is testament to all of the hard work and success that our students continue to enjoy and I would like to congratulate both the staff and the students for their efforts.

I am excited to announce that in Term 3 we will begin the redevelopment of two new teaching and learning spaces to replace what was EL1 and EL2. This work is long overdue and when completed will continue to enhance our learning environment. Inevitably, there will be some disruption during construction with some classes having to be timetabled to different venues.

Over the past term we have engaged with Waikato University in a project to focus on the raising of achievement with our students. Along with the Waikato University and a group of lead teachers we have started to work together to find pathways to enhance our student well-being, relationships, engagement and success and teacher practice under the umbrella of Poutama Pounamu.

Key to this is finding how both our students and whanau feel they are being engaged in their learning. It was great to have a fantastic response from our parents to the survey sent out via email along with surveying all our students. We will aim to publish these findings and continue to gain the important whanau and student voice in the direction of the initiative.

The lead group have made 40 classroom observations to gauge the student engagement and wellbeing in the classroom and we will continue to build on that information. We will continue to engage with our students and whanau to make the students experience and success the best they can be while with us.

If you do not receive our emails, can you please inform the school office and they can update our records. Please remember you can access information on your son/daughter through the KMAR app or online and any important notifications such as wet days are sent out through the Karamu App. Our main source of communication on a daily basis is our website www.karamu.school.nz and our newsletter.

Thank you to all the parents and whanau that attended the parent teacher evenings this term. The feedback that we have received has been very positive and I hope you enjoyed the opportunity to meet and discuss your son/daughters progress with staff. If you were unable to attend and have any concerns, please do not hesitate to contact your son or daughters Dean to make an appointment.

In recent weeks we have seen a significant increase in the number of absences (both staff and students) due to illness. It is important that students are kept at home in the early phases to prevent the spread of illness. Good hygiene habits like regularly washing your hands, and covering your mouth while coughing or sneezing can also assist in preventing the spread. Please ensure that if for any reason your son/daughter is absent that the school is notified via the school's 24 hour attendance line. (870 6143).

Karamu High School continues to be a vibrant and positive environment, with the students displaying on a daily basis our vision of what it is to be *Proudly Karamu, Proudly Hastings, Proudly Learning*. I am looking forward to an exciting Term 3 but in the meantime wish you all a safe and well deserved winter break.

'HELPING CHILDREN COPE'

Throughout this term our senior leaders have presented to our assemblies the Karamu High School Values. One of our values that we have shared is Overcoming Adversity. This article called *"Helping Children Cope"* provides some helpful hints as to how we can help our son's/daughters when dealing with adversity.

Resilience in the face of adversity isn't a fixed personality trait. Resilience is an ability we can help children build. This is an important fact for children who suffer from a serious illness or experience a grievous loss or setback.

What are the best ways that parents can support their children?

- **Tell them they are loved and are not alone.** Children need to hear this over and over again.

- **Show them that they matter.** This is the question children ask as they grow up: Do I make a difference to others? Do other people notice me, care about me and rely on me? When young people think that they don't matter, they're more likely to engage in self-destructive and antisocial activities, or simply withdraw.
- **Companionship.** Parents and other adults can make a difference simply by walking alongside troubled children and listening with undivided attention, forming warm relationships, communicating openly and allowing children to talk about their thoughts and fears.
- **Discuss coping mechanisms.** These can include understanding that:
It's okay to be sad and take a break from any activity and cry.
It's okay to be happy and laugh.
It's okay to be angry and jealous of friends and relatives who are not suffering.
It's okay to say to anyone that we do not want to talk about it now.
It's okay to ask for help.
- **Establish positive rituals.** This could be something like a family dinnertime practice of each person sharing the best and worst moments of the day – the things that made them sad and those that made them grateful.
- **Embrace family history.** Having a sense of their roots builds children's sense of mattering, of being connected to something larger than themselves. This includes knowing where their parents and grandparents grew up, what their childhoods were like and how the family fared in good times and bad.
- **Keep memories alive.** Remembering a loved one who has been lost builds mental health and even physical health over time.

(Acknowledgement: "How to Build Resilient Kids, Even After a Loss" by Sheryl Sandberg in The New York Times, April 24, 2017)

Michael Leitch

DEPUTY PRINCIPAL - CURRICULUM & ASSESSMENT

Reports for all students have now been sent home and uploaded to the KAMAR Portal and were followed up with opportunities for meetings with teachers at report evenings for both seniors and juniors. These were both ideal opportunities for discussion at home around next steps in their learning, both in the classroom and at home. Supporting students at home with study strategies throughout the year, not merely a few days or weeks prior to assessments, means preparation becomes a habit. However, studying doesn't need to be boring, tough or lengthy, in fact it can often be fun with using flashcards, pictorials, mindmaps or using funny mnemonics or song lyrics to remember concepts. Caregivers can even help at home by providing the following:

A space for study that is:

- Well lit
- Quiet
- Free of distractions (such as TV, other family members)
- Designated as the 'study area' ie: Not also used for sleeping ie: Their bed
- Set up with a desk and a chair
- Encourage 'breaks' in study for exercise, family time, listening to music etc.

With NCEA Benchmark Examinations (practices for the end of year examinations where results are used if ill or otherwise not able to attend) very early in Term 3 it is wise for all students to be using all resources available to them from now. These resources of course include their classroom teacher, other teachers they may wish to approach, seniors at Homework Club and most importantly themselves. Getting resources in order over the July holiday break is opportune. We will also be helping some students with this by running Winter School on Thursday 20 and Friday 21 July. Students will be advised at school and notification of expected attendance sent home.

Keeping in touch with you at home is an important part of our partnership and we will be increasing the use of app alerts as a helpful tool to remind parents, caregivers and students of events. We highly recommend downloading the Karamu High School App on your mobile device to receive these alerts. You should also ensure you assign yourself to the correct 'Groups', such as the year level of your son or daughter.

Dionne Thomas



"Education is our passport to the future, for tomorrow belongs to the people who prepare for it today."

Malcolm X

DEPUTY PRINCIPAL - STUDENT MANAGEMENT



*"Change is the law of life.
And those who look only to
the past or present are
certain to miss the future"*

John F. Kennedy

It has been another busy term with the Cabaret being the highlight for the Year 13 students.

We are continuing the focus on attendance and lateness to school. If your son/daughter is absent, it is important to notify the school either by leaving a message on the 24hour attendance line (870 6143) or ringing the school office on 878 7139. The number of students being late to school has improved following a detention blitz last week. Students are frequently reminded that school starts at 8:30am.

Parents please note that the school carpark is not to be used to drop off or collect your son/daughter from school unless they are injured or unwell.

Another area of concern is the number of lost un-named uniforms, please ensure that all items of uniform are named, especially jerseys and jacket. The lost property overflows at times with un-named items. Named items of uniform are reunited with their owners.

In the last few weeks we have had an increase in the number of students away, unwell with coughs, colds, aches and sore throats. Please do not send your son/daughter to school if they are unwell. Any student presenting as unwell at school will be assessed by the trained office staff and if necessary you will be contacted.

I wish all the students and staff a safe and happy holiday especially considering the amount of illness about over the last few weeks.

Wayne Wooster

AIMEE FISHER

It was great to have Aimee Fisher back to speak to our senior students about her Olympic experience.

Following her speech Aimee presented the school with the singlet and paddle that she used in the Olympic final.

We were very humbled and grateful for her generosity in gifting not only her time but also such amazing memorabilia. Aimee epitomises our values here at Karamu and we are very proud of Aimee and her achievements.



These items will be displayed in the student foyer for many years to come and hopefully inspire the next generation of Karamu High school to dream big.

PRIME MINISTERS VISIT

A few weeks ago we were privileged to host a visit from the Prime Minister Rt Hon Mr Bill English at a special senior assembly alongside His Worship the Mayor Mr Yule, MP for Tukituki Mr Craig Foss and the National Nominee for Napier David Elliot.

During his address the Prime Minister spoke about the role of young people in the future of New Zealand's growth and success, encouraging us to take up the opportunities available to us.

A special acknowledgement was also made to Mrs June Clark following her retirement after an outstanding 41 years of service to Karamu.



BIG SING

This year's New Zealand Choral Federation Big Sing Competition was held on 31 May at the Waiapu Cathedral in Napier. We had two choirs entered this year Nga Korimako and Coro Notabile.

This annual competition covers all secondary schools within the East Coast region with 35 choirs from 14 secondary schools from Central Hawke's Bay all the way up to Gisborne.

Each of the choirs is required to perform three songs of differing styles to compete. The categories are a New Zealand composition, a choral piece and then a piece of your own choice.

Both of our choirs performed extremely well and represented Karamu with great pride. Coro Notabile received the Hawke's Bay Secondary Music Teachers' Trophy for their outstanding performance of 'One' from 'A Chorus Line.' This musical theatre number appealed to both the audience and the adjudicator with its 'sassy entry' and 'great harmonies and technique'.

This year's adjudicator, Pepe Becker, was very passionate about the enjoyment that student's get from being a member of a choir and how wonderful singing is for musical development and discipline.

Huge thanks must also go to Carol Della Barca (Director of Coro Notabile) for her time, expertise and enthusiasm again this year. Also, to Mrs Uelese for assisting her son, Khalael Uelese (Year 12), with the direction of Nga Korimako and Sarah Bryant, Sally Rutgers and Michelle Kloosterman as the accompanists for Coro Notabile.



MATARIKI

Ka puta Matariki ka rere whanui, ko te tohu tera o te tau hau

Matariki will re-appear, whanui starts its flight, being the sign of the new year

Kia ora te whanau , nau mai, haere mai, Matariki mai

As winter starts we begin the celebration of Matariki. To many Maori Matariki heralds the start of a new year.

On Thursday 22 June we celebrated Matariki as a school. Te ope piatata o Matariki - The shining stars of Matariki, was a small concert that was organized for whanau and friends to acknowledge Matariki. It included student presentation of remembrance, waiata, haka, story telling, korero, Maori games and music. The student lead choir Nga Korimako also performed. These were the many things our ancestors would do during the time of Matariki. We also used the games as a competition among our peers and battled to see who were the champions of each individual game, having up to five winners at the end of the night.

As it was a cold night we served our whanau with hot soup to keep them warm. To educate our whanau about Matariki we played a game, which involved listening to a little story about Matariki, and answering questions once the story was finished. Correct answers received a prize.

This was a night for whakawhanaungatanga and aroha within the whanau and we definitely made that happen on the night.



YEAR 13 CABARET

On Thursday 29 June we held our Year 13 Cabaret at the Cheval Rooms. It was a fantastic evening with our students making an outstanding effort with their presentation and general enthusiasm for the event.

As has become tradition we present our best dressed with King (Nathan Bryers), Queen (Hannah Hemi-Robinson), Prince (Kevin Karnbach) and Princess (Rutendo Sikupa) awards. The competition was extremely tight with some exceptional outfits.

A big thank you must go out to Mr Wooster and his senior organising committee who made the evening a huge success. Also a big thank you to all of the staff who made themselves available as either band members, chaperones or security. Our 2017 group have certainly set a high benchmark and we look forward to another successful evening in 2018.



Left to right: Rutendo Sikupa (Princess), Kevin Karnbach (Prince), Nathan Bryers (King), Hannah Hemi-Robinson (Queen)



Images courtesy of Kevin Bridle Photography